

# 20th Sunday in Ordinary Time August 20, 2023



# Sacred Heart Church Fr. Michal Rosa, Pastor

405 South Henrietta St. Effingham, IL 62401 Phone: 217.347.7177 Fax: 217.347.0728

shchurch@sheff.org



# Sacred Heart School

407 South Henrietta St. Effingham, IL 62401 Phone: 217.342.4060

Fax: 217.342.9251 shschool@sheff.org

Visit www.sheff.org to learn more about our parish.

During a life emergency, while offices are closed, please contact 217.703.1042 to reach a priest.

A note from Fr. Michal . . .

It was great seeing all the students return back to school this week. I would like to thank the parents for their patience with the Fayette Ave construction. We ask that you do not park in the west gravel area on days when school is in session as parents will be utilizing it when they drop off and pick up students.





Our Symbolon program begins on Sunday, Sept. 10, after the 10:30am Mass. If you know of anyone who would like to become a Catholic through our Symbolon program, please talk to Fr. Michal or call the parish office and the parish staff will help you. If you are a Catholic and want to learn and enhance

your faith life, you are invited and encouraged to attend the classes.

Darlene Koester will be retiring as of Thursday, Aug. 31, after 28 years with our parish. Per Darlene's request, there will not be a formal parish celebration; however, we are



hosting a card shower in her honor. Cards can be sent to Darlene Koester, 18764 E. US Highway 40, Teutopolis, IL 62467.

Due to an upcoming retirement, Sacred Heart Parish is hiring

# **Parish Receptionist**

Candidate must be friendly, dependable, and professional. Strong time management skills and the ability to multitask are both necessary. Experience in Microsoft Publisher is a plus.

Duties will include, but are not limited to:

- Help with daily duties in the parish
- Answer a multi-line phone system
  - Greet visitors
  - Perform clerical duties

Position is full-time with benefits. Pay is based on experience.

Send resume or contact information to: Sacred Heart Parish, Attn: Billi Jansen, 405 S. Henrietta St., Effingham, IL 62401 or email: b.jansen@sheff.org.



Welcome to Sacred Heart - we're glad that you're here!

# Join us for a faith-filled day

at the National Shrine of Our Lady of the Miraculous Medal









Space is limited.
Call 217-347-7177 to reserve your seat!
\$60/person (includes bus, tour, snacks, & lunch)

#### Monday, September 25, 2023

Bus Trip with Sacred Heart Parish

The National Shrine of Our Lady of the Miraculous Medal is located at St. Mary's of the Barrens Church in Perryville, Missouri. Saint Mary's was founded in 1818 and the Shrine was built in 1929. The church is decorated with beautiful paintings, stained glass windows, and intricate design work on the walls and ceilings.

The Miraculous Medal, or the Medal of the Immaculate Conception, was given to us by the Blessed Virgin Mary through apparitions with Saint Catherine Labouré in 1830. Saint Catherine saw our Lady standing on a globe with her arms outstretched with dazzling rays of light streaming from her fingers. The rays symbolize the graces Mary obtains for those who ask for them. Framing her was the inscription: "O Mary conceived without sin, pray for us who have recourse to thee."

After the first medals were made and distributed, the blessings that Mary had promised began to shower down almost immediately on those who wore her medal. This led to people calling it the "Miraculous" Medal. Learn more and receive a free Miraculous Medal by joining us on the trip!

Included in the day is a tour of the Rosary Walk which is a nearly one mile walk featuring rosary beads and a peaceful, handicap accessible path with beautiful places to sit, pray, and reflect.

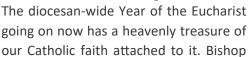
#### Schedule:

10:45am 11:45am 1:00pm 2:00pm 3:00pm 6:00pm Depart from Sacred Heart Parish Mass in the Shrine Chapel Lunch & Browse the Gift Shop Tour of the Shrine Tour the Walking Rosary Depart the Shrine Arrive back to Sacred Heart Parish

Lunch will be a sandwich boxed lunch.

For more info, visit https://www.amm.org/

# Visit the Cathedral in Springfield or Ss. Peter and Paul Church in Alton, receive an indulgence!





Thomas John Paprocki received permission from the Holy See, granting a plenary indulgence to those who make a pilgrimage to the Cathedral of the Immaculate Conception in Springfield or Ss. Peter and Paul Church in Alton (the "Old Cathedral") now through Dec. 8. One must also partake in the other usual conditions to receive this indulgence by going to Confession, receiving the Eucharist, and saying prayers for the intention of the Pope. These acts "may be carried out several days preceding or following the performance of the prescribed works. But it is more fitting that communion and the prayer for the pope's intentions take place on the day the work is performed" (Handbook of Indulgences, Norms for Indulgences, 23.3). An indulgence is a gift and grace that remits the temporal punishment due to a sin.



You are invited to a historical diocesan-wide celebration on October 28 at the BOS Center in Springfield to celebrate the Year of the Eucharist and the 100th anniversary of the transfer of the See city of our diocese.

This dynamic experience will include nationally recognized Catholic speakers, adoration, confession, and Mass. Doors open at 10:30am with the first speaker starting at 1:00pm, and Mass begins at 4:00pm. There will be no Masses at Sacred Heart Church on that day. The arena will be packed with thousands of Catholics from across the diocese.

We have a limited amount of tickets, so please take this opportunity to get your FREE ticket. A sign up sheet for tickets is in the church narthex. Any questions, please call the parish office at 217.347.7177.



#### **Topics Include:**

- What is Natural Family Planning (NFP)?
- Different fertility awareness methods
- Importance of tracking fertility for your overall health
  -Catholic Church's teachings about fertility and family planning
  - How to track your biological markers of fertility
    - Personal stories from presenters

There will also be a brief discussion about sexual dysfunction, some issues that may arise in marriage, and how to reach out for help and where to start.

Wednesday, August 30 6:30-8:30pm Sacred Heart Church Narthex

405 S. Henrietta Street. Effingham

6:30-6:45 - Women's Social

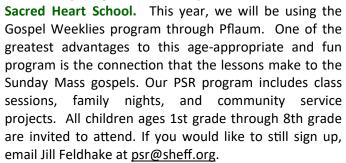


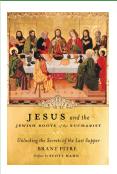
**6:45pm - Intro with Dr. April Ritz**Catholic mother and doctor focusing on pelvic health;
Pelvic Health Physical Therapist

**7:00pm - Presentation by Emily Frase**Catholic mother and blogger passionate about fertility awareness & natural family planning; cofounder of FabM Base For more info, visit https://fabmbase.org/

# Gospel Weeklies

Our PSR program begins classes on Wednesday, August 23, at 6:30pm, in





Beginning Tuesday, August 29, a new book study will begin on the book "Jesus & the Jewish Root of the Eucharist." There will be two options to meet each Tuesday and they are at 9:15am and 6:30pm. The groups will meet for 6 weeks and will be led by Michelle Kruger. A signup sheet for the groups is located in the narthex. If

you sign up for the group, please take one of the books from the narthex to begin reading.

Help Spread the Faith: Learn to Make Rosaries for the Missions. Come join us to learn how to make rosaries for the Catholic Missions. There's a long standing tradition that the Blessed Mother gave the rosary to St. Dominic to combat heresy. This is an excellent way to spread devotion to Jesus and His Blessed Mother throughout the world. Our next rosary making day will be on Saturday, Sept. 9, at 8:30am, in the church narthex.

#### Sacred Heart Church Calendar

Monday, August 21

6:00pm: Building & Grounds Meeting @ Church office

Tuesday, August 22

9:15am: Study Group @ Church narthex

Wednesday, August 23

5:30pm: Parish Choir Practice @ Church 6:30pm: PSR Class @ Sacred Heart School

Thursday, August 24

7:00pm: Real Men Pray the Rosary Prayer Group

@ Church narthex Friday, August 25

9:00am: Pray the Rosary @ Church

## ~ Prayer List ~

Bill Frese, Linda Frese, Marilyn Lane,
Pat Prichard, Britney (Walters) Chester,
Barb Hoefft, Carolyn Ordner, Tom Hewing, Bill Foreman,
Jackson Gaitros, Avery Gardewine Braunecker,
Virginia Wendt, Holly Althoff Newburn



Flowers were donated in honor of Jim & Carolyn Bowlin on their 64th Wedding Anniversary. Congratulations! If you would like to donate flowers, call Vicki Walker at 217.821.6179.

A new free-to-watch documentary features Central Illinois miracles and incredible stories of faith – In a world full of selfishness, hardships,



and despair, more and more people are asking, "God, are you up there?" *God is Alive*, an original documentary, created and produced by the Diocese of Springfield in Illinois, answers that question in an adventurous, impactful, and local way, and that will inspire and energize your faith life. *God is Alive* takes viewers to Jerseyville, Springfield, Peoria, Quincy, and Decatur. It features five stories of incredible faith/miraculous events that you will be surprised to learn about and touch on many things people struggle with such as prayer, feeling unforgivable, and dealing with an incredible hardship. To watch the documentary, go to dio.org/documentary.

# Sacred Heart Mass Schedule

Monday, August 21

8:30am: †Kevin Wente, †Nolen Sheehan, †Charles

Wiercioch

Tuesday, August 22 8:30am: †Harry Schmidt Wednesday, August 23 8:30am: †Ted Gier

Thursday, August 24

8:30am: †Richard & †Madelyn Koester

Friday, August 25

8:30am: †Rockney Weber

Saturday, August 26 4:00pm: †Karlene Frese

Sunday, August 27

8:30am: †Michael Hoffman
10:30am: For Our Parishioners

We are excited to be welcoming several new staff members this year! Some are joining us for the first time, while others are transitioning into new roles.



#### Mr. Dan Niemerg, Sixth Grade Teacher & Cross Country Coach

Formerly from Teutopolis, I have been residing in Australia for the last 23 years. My wife, daughter, and I moved back to America this summer. I have 23 years of varied and unique experiences in education. In addition to teaching traditional academic classes, I have also taught music, led drama productions, and coached several different sports. In addition to my degree from Eastern Illinois University, I also have a graduate diploma in theology from Australian Catholic University. I am excited to be at Sacred Heart School and am ready to get involved and meet everyone!



#### Ms. Chloe Jansen (soon to be Mrs. Esker), Eighth Grade

Hi everyone. This is my first year teaching and I am so excited to be here at Sacred Heart! I have been a teachers' aide here for the last year and a half and I have taught in the tutoring program for the past year. Currently I am known as Ms. Jansen, but I am happy to announce that I will be getting married to Paul Esker on September 2 - making me Mrs. Esker! I look forward to getting to know each of you better and I am thrilled to be part of the Sacred Heart Family!



#### Mrs. Joye Heal, Social/Emotional Advisor

What a blessing to be on the staff of Sacred Heart School. I grew up in Edgewood around wonderful faith-filled families. I am the mother of two beautiful daughters, one a nurse, and one a veterinary technician, and five precious grandchildren. I live on six acres with a huge garden and yard and love being in God's beauty. I have a variety of work experiences but most important is my work as a counselor. I graduated from Eastern Illinois University and have been a counselor for 31 years. I have counseled those with addictions, families with difficulties, individuals with anxiety or depression and worked with children. At this time, I am licensed in Florida and am working on reinstating my Illinois license. I look forward to building relationships with all the children as well as the parents.



#### Mrs. Kendra Johnson, Band

Hello Shamrock family! I am happy to be back at Sacred Heart School! I was the band teacher here from 2017-2020 and have been a substitute for music classes since that time. My husband, Fred, and I have three daughters and four grandchildren (ages 4, 3, 2, and 6 months). I have a music education degree in instrumental and classroom music. Prior to coming to SHS in 2017, I taught at Newton St. Thomas for three years and in public schools before that. I am looking forward to a great year with the Sacred Heart School band!



#### Ms. Bailey Niccum, Band Assistant and Chorus Leader

I am a graduate of Teutopolis High School and will be teaching vocal and instrumental music this year at Sacred Heart School. In addition to assisting at Sacred Heart, I am attending Lake Land College, majoring in music education. I have been a student of Mrs. Orndorff (band and music teacher at Teutopolis Unit 50) and I was able to be a guest conductor at the Teutopolis Junior High Spring Band Concert. I am so excited to be at SHS and begin my teaching career at such a great school! It'll be such a great learning opportunity for me, and I can't thank everyone involved enough for presenting me with it! I hope everyone has a great school year!



#### Ms. Madison Lohman, Aide Interventionist

As a former student of Sacred Heart School, I am excited to be back working here and helping students learn and grow. (Once a Shamrock, Always a Shamrock!) I have worked for the past four years in Clubhouse and am transitioning to an aide interventionist this year. In addition to working at Sacred Heart School, I am attending Lake Land College, majoring in elementary education.

# Our 2023-24 Sacred Heart School Staff:

Pastor: Fr. Michal Rosa

**Principal:** Mrs. Angela Sheehan **Secretary:** Mrs. Sue Harnish

**Director of Operations:** Mrs. Billi Jansen

Communications Coordinator: Mrs. Andrea Wright

Finance Coordinator: Mr. Mark Volk Lunch Accounting: Ms. Carolyn Niebrugge Social/Emotional Advisor: Mrs. Joye Heal

Athletic Director, Resource, & Title 1: Mrs. Amy West

PreK & Title 1: Mrs. Debbie Vahling

PreK: Mrs. Jody Kreke

PreK Aide & Clubhouse Co-Director: Mrs. Sandy Mueller PreK Aide & Clubhouse Co-Director: Mrs. Kayla Pontious

Kindergarten: Mrs. Barb Keller Grade 1: Mrs. Julie Koester Grade 2: Mrs. Rochelle Repking Grade 3: Ms. Kasey Tays

Grade 4: Mrs. Vicki Wenthe
Grade 5: Mrs. Charlotte Habing

Grade 6: Mrs. Shauna Albert & Mr. Dan Niemerg

Grade 7: Mrs. Linda Workman

Grade 8: Ms. Chloe Jansen (soon to be Mrs. Chloe Esker)

Band: Mrs. Kendra Johnson and Ms. Bailey Niccum

Music: Mrs. Maria Zumbahlen
Art & Technology: Mrs. Rita Feldhake

P.E.: Mr. Cory Hershey

Spanish: Mrs. Peggy VanDyke

Teacher Aide: Ms. Madison Lohman Maintenance: Mr. Terry Jansen Custodian: Ms. Miriam Ciro Cook: Ms. Yolanda Gordon

Assistant Cook: Ms. Zenaida Gako Library Coordinator: Mrs. Diana Ludwig

#### **Sacred Heart School Calendar**

## Monday, August 21

First Day of School for M/W/F & M-F Preschool Classes

Normal 3:00pm dismissal for K-8 4:30pm: Baseball vs SEB @ home

Tuesday, August 22

First Day of School for Tu/Th Preschool Classes

4:30pm: Baseball @ Altamont

Thursday, August 24

6:00pm-7:00pm: Back to School Night @ SHS

Friday, August 25

4:30pm: Baseball vs. Mulberry Grove @ home

Saturday, August 26

9:00am: Cross Country Cumberland Invitational



Sacred Heart Parents and Parishioners,

I am pleased to welcome our Shamrocks for the 2023-2024 school year! The staff and I are excited to see the students. Please join us in praying for a safe, healthy, and growth-filled year.

We are blessed to have several new staff members. Please enjoy reading about each of them in this bulletin.

With gratitude for many generous donations and the hard work of many volunteers, we were able to give our library an enchanting makeover this summer. New flooring, fresh paint, a beautiful forest mural, and a new arrangement of our stacks make for an inspirational new environment for our students.

Our school continues to thrive and provide a blessed, enriched education for our students. Thank you parishioners for your immense and continued support.

God's Peace to You, Mrs. Angela Sheehan

Join us for our Back to School Parent Night for grades 1-8 (kindergarten is optional) on Thursday, Aug. 24, from 6:00pm to 7:00pm. You will have the opportunity to meet your child's teacher and see the classroom. Jedco will be onsite for uniform orders and SCRIP Card volunteers will be onsite to explain how you can get SCRIP tuition credit and how to get set up.

Scrip Cards are retail gift cards that can be used to make everyday purchases or to give to others as gifts. There are many



scrip cards to choose from - including many national retailers, as well as local stores and businesses!

Tuition Credit via Scrip Cards . . .

You can earn SHS tuition credit simply by shopping with SCRIP cards! You purchase the SCRIP card at face value, and a percentage of each sale goes back to Sacred Heart School. School families can sign up to receive a portion of the school percentage as a K-8 tuition credit. It's no extra cost to you, and in return, both you and the school receive money back for purchases you make . . . it's a win-win! The more SCRIP cards you buy, the greater your tuition credit (and the more money raised for the school)!

If you have any questions about the SCRIP program or would like to sign up for the SCRIP tuition credit, please email shscrip@sheff.org.





We are excited to announce that our Booster Club Spirit Wear Fundraiser is now open! There are many apparel items, as well as team bags and bleacher cushions! A portion of the proceeds goes directly to the SHS Booster Club to support

our student-athletes and sports programs.

Orders are due by Sept. 7. Thank you for your support!

#### **SPIRIT APPAREL & BAGS:**

Shop a wide variety of shamrock spirit apparel at: yipesonline.tuosystems.com/stores/shamrocks23

- ♣ Be sure to carefully select the appropriate products, sizes and colors you desire. Items are custom-produced from the information you provide.
- Please note: These apparel items are approved for Fridays only (all Monday-Thursday approved uniform polos/pullovers must be purchased at Jedco Sales in Effingham).
- ♣ Once you're finished shopping and have completed your check-out, you will receive an Order Confirmation via email (at the email address you entered when ordering). Please look for this Order Confirmation email once you've completed your order.

If you need assistance placing your order, or if you have any questions, please email: <a href="mailto:customercare@teamuniformorders.com">customercare@teamuniformorders.com</a>.

Order deadline is September 7, 2023.

#### **BLEACHER CUSHIONS:**

These shamrock bleacher seats are made locally by Star Studio Upholstery. They are \$25, tax included. Please call or text Star at 217.343.3004 to place your order. Send your payment with your child



to the school office, in a marked envelope. Cushions will be delivered to the school and distributed from there. Order deadline is September 7.

Thank you for supporting SHS Booster Club!



Sacred Heart School was awarded the Division Sportsmanship Award from IESA. Good sportsmanship is one of the primary purposes of junior high athletic programs. The Division Sportsmanship Award was created to recognize outstanding behavior of a member school in each of the IESA's divisions. Pictured is the junior high baseball team with some of the fans after their first home game this season.



Thank you to Jon & Lisa Shafer (owners of the Baseball Card Connection) for their support of SHS athletics. We appreciate them very much!

Our junior high students enjoyed a fun "Back to School" party last week. The students enjoyed gathering together to enjoy games, food, and fellowship. A special thanks to our junior high teachers for hosting!





The Prayer Vigil for Life will be held at St. Mary Annunciation in Shumway on Monday, August 21. Praying the rosary will begin at 6:00pm. Fr. Albert Allen will be the celebrant for the 6:30pm Mass. The business meeting will follow in the lower level. Refreshments will be served while current pro-life issues are discussed.



### **Our Stewardship of Treasure**

Sunday, August 13, 2023

Envelopes: \$ 14,329.00 Loose Collection \$ 1,011.00 Total: \$ 15,340.00

"As each has received a gift, use it to serve one another, as good stewards of God's varied grace."

(1Peter 4:10)

Thank you for sharing your "Treasure" with Sacred Heart Parish

#### Effingham Knights of Columbus News . . .

- ◆ The annual Labor Day Mass is on Monday, Sept. 4, at 9:00am, at St. Anthony Church. You are invited to join them after Mass in the St. Anthony Parish Center for donuts, coffee, and juice.
- ◆ The World Day of Prayer for Peace will be Wednesday, Sept. 6, at 7:00pm, before the Council meeting. They will pray for peace and reconciliation throughout the world.
- ◆ The **Silver Rose Program** will be held on Thursday, Sept. 14, at 7:00pm, in the Council meeting room. This program honors our Lady of Guadalupe and reaffirms their dedication to the sanctity of all human life. There are eight Silver Roses making the annual pilgrimage through Canada, USA, and Mexico this year, and they will have one at their program.
- ◆ The **Tootsie Roll Drive** will be Friday and Saturday, Sept. 15 & 16. Workers are needed for this event, so please call the Grand Knight at 217.663.4797 to volunteer.





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