



SACRED HEART

Catholic Parish

**21st Sunday
in Ordinary Time
August 27, 2023**



Sacred Heart Church Fr. Michal Rosa, Pastor

405 South Henrietta St.
Effingham, IL 62401
Phone: 217.347.7177
Fax: 217.347.0728
shchurch@sheff.org



Sacred Heart School

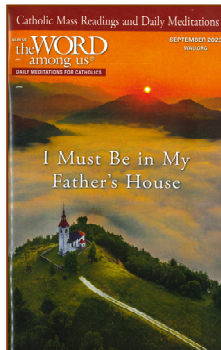
407 South Henrietta St.
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Phone: 217.342.4060
Fax: 217.342.9251
shschool@sheff.org

Visit www.sheff.org
to learn more about our parish.

During a life emergency, while offices
are closed, please contact
217.703.1042 to reach a priest.

A note from Fr. Michal . . .

Our Symbolon program begins on Sunday, Sept. 10, after the 10:30am Mass. If you know of anyone who would like to become a Catholic through our Symbolon program, please talk to me or call the parish office and the parish staff will help you. If you are a Catholic and want to learn and enhance your faith life, you are invited and encouraged to attend the classes.



The September issue of the *Word Among us* with meditations and readings for the month are in the church narthex. There is an article that focuses on our mission to be like Jesus. "We are His handiwork, created in Christ Jesus for the good works that God has prepared in advance, that we should live in them." (Ephesians 2:10) Each of us has a calling that God crafted to match perfectly with the way He created us and the path He has put us on. This means actively looking for ways to give of our time and resources to help the people around us.

Due to an upcoming retirement, Sacred Heart Parish is hiring

Parish Receptionist

Candidate must be friendly, dependable, and professional. Strong time management skills and the ability to multitask are both necessary. Experience in Microsoft Publisher is a plus.

Duties will include, but are not limited to:

- Help with daily duties in the parish
- Answer a multi-line phone system
 - Greet visitors
- Perform clerical duties

Position is full-time with benefits. Pay is based on experience.

Send resume or contact information to:
Sacred Heart Parish, Attn: Billi Jansen,
405 S. Henrietta St., Effingham, IL 62401
or email: b.jansen@sheff.org.



SACRED HEART
Catholic Parish

Welcome to Sacred Heart - we're glad that you're here!

Join us for a
faith-filled day

at the National Shrine of Our Lady of the Miraculous Medal



Monday, September 25, 2023

Bus Trip with Sacred Heart Parish

The National Shrine of Our Lady of the Miraculous Medal is located at St. Mary's of the Barrens Church in Perryville, Missouri. Saint Mary's was founded in 1818 and the Shrine was built in 1929. The church is decorated with beautiful paintings, stained glass windows, and intricate design work on the walls and ceilings.

The Miraculous Medal, or the Medal of the Immaculate Conception, was given to us by the Blessed Virgin Mary through apparitions with Saint Catherine Labouré in 1830. Saint Catherine saw our Lady standing on a globe with her arms outstretched with dazzling rays of light streaming from her fingers. The rays symbolize the graces Mary obtains for those who ask for them. Framing her was the inscription: "O Mary conceived without sin, pray for us who have recourse to thee."

After the first medals were made and distributed, the blessings that Mary had promised began to shower down almost immediately on those who wore her medal. This led to people calling it the "Miraculous" Medal. Learn more and receive a free Miraculous Medal by joining us on the trip!



Included in the day is a tour of the Rosary Walk which is a nearly one mile walk featuring rosary beads and a peaceful, handicap accessible path with beautiful places to sit, pray, and reflect.



Schedule:
7:30am Depart from Sacred Heart Parish
10:45am Mass in the Shrine Chapel
11:45am Lunch & Browse the Gift Shop
1:00pm Tour of the Shrine
2:00pm Tour the Walking Rosary
3:00pm Depart the Shrine
6:00pm Arrive back to Sacred Heart Parish

Lunch will be a sandwich boxed lunch.

For more info, visit <https://www.amm.org/>

Space is limited.

Call 217-347-7177 to reserve your seat!

\$60/person (includes bus, tour, snacks, & lunch)

Natural
Family Planning
Class

Featuring **Emily Frase**
Renowned Catholic blogger passionate about fertility awareness & natural family planning; Cofounder of FabM Base



Topics Include:

- What is Natural Family Planning (NFP)?
- Different fertility awareness methods
- Importance of tracking fertility for your overall health
- Catholic Church's teachings about fertility and family planning
- How to track your biological markers of fertility
- Personal stories from presenters

There will also be a brief discussion about sexual dysfunction, some issues that may arise in marriage, and how to reach out for help and where to start.

Wednesday, August 30

6:30-8:30pm

Sacred Heart Church Narthex

405 S. Henrietta Street, Effingham

6:30-6:45 - Women's Social

6:45pm - Intro with **Dr. April Ritz**

Catholic mother and doctor focusing on pelvic health; Pelvic Health Physical Therapist

7:00pm - Presentation by **Emily Frase**

Catholic mother and blogger passionate about fertility awareness & natural family planning; cofounder of FabM Base
For more info, visit <https://fabmbase.org/>

Event sponsored by

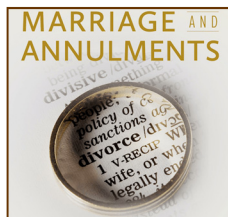


SACRED HEART
Catholic Parish



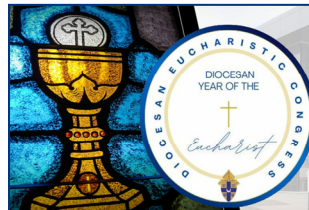
Please join us at Adoration on Monday, Sept. 11, (moved from the first Monday of the month due to Labor Day), from 9:00am-8:00pm. Reconciliation will be offered from 7:00pm to 8:00pm. A sign up sheet is in the church narthex.

Jean Harder, Billi Jansen, and Tom Purcell attended a training seminar about annulments. If you have experienced a divorce and would like to consider an annulment, call Billi at the parish office at 217.347.7177 for more information.



A servers meeting will be Tuesday, Sept. 5, at 6:32pm, in the church. All servers are asked to be at the meeting.

The Chaplet of Divine Mercy is prayed on weekdays at 3:15pm and on Saturdays at 3:00pm at Sacred Heart Church. Please join us!



EUCCHARISTIC CONGRESS

A historic event that will feed your soul and inspire your faith in a radical way

Oct. 28 - BOS Center in Springfield

You are invited to a historical diocesan-wide celebration on October 28 at the BOS Center in Springfield to celebrate the Year of the Eucharist and the 100th anniversary of the transfer of the See city of our diocese.

This dynamic experience will include nationally recognized Catholic speakers, adoration, confession, and Mass. Doors open at 10:30am with the first speaker starting at 1:00pm, and Mass begins at 4:00pm. There will be no Masses at Sacred Heart Church on that day. The arena will be packed with thousands of Catholics from across the diocese.

We have a limited amount of tickets, so please take this opportunity to get your FREE ticket. A sign up sheet for tickets is in the church narthex. Any questions, please call the parish office at 217.347.7177.

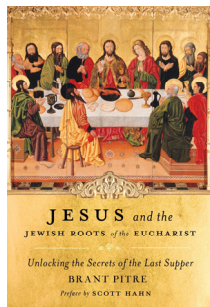
Our PSR classes are on Wednesdays, at 6:30pm, in Sacred Heart School.

We will be using the Gospel Weeklies program through Pflaum. Our PSR program includes class sessions, family nights, and community service projects. All children ages 1st grade through 8th grade are invited to attend. If you would like to still sign up, email Jill Feldhake at psr@sheff.org.

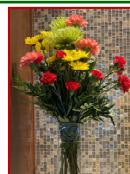


~ Prayer List ~

Pat Prichard, Britney (Walters) Chester, Barb Hoefft, Carolyn Ordner, Tom Hewing, Bill Foreman, Jackson Gaitros, Marilyn Lane, Avery Gardewine Braunecker, Virginia Wendt, Holly Althoff Newburn, Dawson Althoff, Bill Frese, Linda Frese



Beginning Tuesday, August 29, a new book study will begin on the book "Jesus & the Jewish Root of the Eucharist." There will be two options to meet each Tuesday and they are at 9:15am and 6:30pm. The groups will meet for 6 weeks and will be led by Michelle Kruger. A signup sheet for the groups is located in the narthex. If you sign up for the group, please take one of the books from the narthex to begin reading.



Flowers were donated by Ron & Nila Pike in memory of Ralph Pike. If you would like to donate flowers, call Vicki Walker at 217.821.6179.

Each Friday at 9:00am (following 8:30am Mass), there is a Prayer Group that meets to pray the rosary. This group is committed to praying the weekly rosary for your intentions and prayer requests. If you have a prayer request for them, please write it on the clipboard in the narthex. *Everyone is welcome to join them.*



Help Spread the Faith: Learn to Make Rosaries for the Missions. Come learn how to make rosaries for the Catholic Missions. There's a long standing tradition that the Blessed Mother gave the rosary to St. Dominic to combat heresy. This is an excellent way to spread devotion to Jesus and His Blessed Mother throughout the world. Our next rosary making day will be on Saturday, Sept. 9, at 8:30am, in the church narthex.

The Sacred Heart Council of Catholic Women will have their meeting on Tuesday, Sept. 5, at 6:30pm, in the Sacred Heart Parish Center. All ladies of the parish are invited and we would love to see you there. Any questions, call Joan Thies, CCW president, at 217.821.8106.

Effingham Knights of Columbus is hosting the annual Labor Day Mass on Monday, Sept. 4, at 9:00am, at St. Anthony Church. You are invited to join them after Mass in the St. Anthony Parish Center for donuts, coffee, and juice. No Masses will be celebrated at Sacred Heart Church.



Sacred Heart Church Calendar
Tuesday, August 29

9:15am: Study Group @ Church narthex
5:30pm: Liturgy Committee Meeting @ Church narthex
6:30pm: Study Group @ Church narthex
Wednesday, August 30
5:30pm: Parish Choir Practice @ Church
6:30pm: PSR Class @ Sacred Heart School
7:00pm: Natural Family Planning Class @ Church narthex

Thursday, August 31
7:00pm: Real Men Pray the Rosary Prayer Group @ Church narthex

Friday, September 1
9:00am: Pray the Rosary @ Church

Sacred Heart Mass Schedule

Monday, August 28
8:30am: †Audry Gress

Tuesday, August 29
8:30am: †Al H. Niebrugge

Wednesday, August 30
8:30am: †Fred Schaefer

Thursday, August 31
8:30am: †Patricia Fuesting

Friday, September 1
8:30am: †Carol Rohr

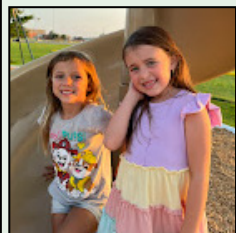
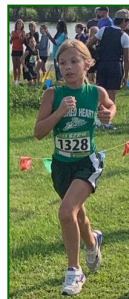
Saturday, September 2
4:00pm: †Nellie Donsbach

Sunday, September 3
8:30am: †Carol Anne Utz
10:30am: For Our Parishioners

We had a great start to the school year! Prior to school starting, our PTA hosted "Back to School" parties so the students could gather with their classmates and teachers. We had our first full week and all are settling into a routine. We celebrated our first school Mass on Wednesday and hope you join us throughout the year.



Mark your calendar for a meal (or several) at Niemerg's Steakhouse the week of Sept 25-Oct 1. You can help earn money for Sacred Heart School! In honor of their 45th anniversary, Niemerg's is hosting a "Give Back to Area Schools" event. Simply go and enjoy a meal at Niemerg's and choose to "round up" your bill at the end. You can round up to the nearest dollar, five dollars, or whatever amount you want! All "round up" funds will be TRIPLED by Niemerg's and a check presented to the school. Each school in Effingham county will benefit, depending on which week it is. Sacred Heart's week is Sept 25 - Oct 1.



We had a great time at our Back to School Mass & Cookout!
 Thank you to everyone who joined us!
 The weather was beautiful and it was a great night of fellowship!



Sacred Heart School is 
BACK 2
SCHOOL

Go Shamrocks!



We are excited to announce that our **Booster Club Spirit Wear Fundraiser is now open!** There are many apparel items, as well as team bags and bleacher cushions! A portion of the proceeds goes directly to the SHS Booster Club to support our student-athletes and sports programs.

Orders are due by Sept. 7. *Thank you for your support!*

SPIRIT APPAREL & BAGS:

Shop a wide variety of shamrock spirit apparel at: yipesonline.tuosystems.com/stores/shamrocks23

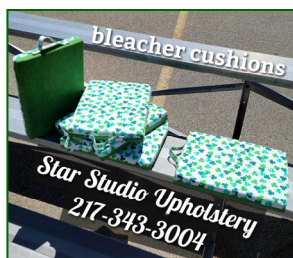
- ♣ Be sure to carefully select the appropriate products, sizes and colors you desire. Items are custom-produced from the information you provide.
- ♣ Please note: These apparel items are approved for Fridays only (*all Monday-Thursday approved uniform polos/pullovers must be purchased at Jedco Sales in Effingham*).
- ♣ Once you're finished shopping and have completed your check-out, you will receive an Order Confirmation via email (at the email address you entered when ordering). Please look for this Order Confirmation email once you've completed your order.

If you need assistance placing your order, or if you have any questions, please email: customercare@teamuniformorders.com.

Order deadline is September 7, 2023.

BLEACHER CUSHIONS:

These shamrock bleacher seats are made locally by Star Studio Upholstery. They are \$25, tax included. Please call or text Star at 217.343.3004 to place your order. Send your payment with your child to the school office, in a marked envelope. Cushions will be delivered to the school and distributed from there. Order deadline is September 7.



Thank you for supporting SHS Booster Club!



SACRED HEART
Catholic School

Congratulations to Mrs. Vicki Wenthe and Ms. Kasey Tays on milestone anniversaries being employed with the Diocese of Springfield. Mrs. Wenthe is celebrating 20 years while Ms. Tays is celebrating 15 years. Thank you both for your dedication to Catholic education. We are blessed to have you at Sacred Heart School!



Thank you for your patience with the Fayette Ave construction project. Effective this week, a barricade was placed in the northbound lane of Raney Street. IDOT is attempting to prevent semi-traffic from utilizing the street. Sacred Heart Parish traffic is still permitted; our school route will not change. However, we now will now have to navigate around the barricade.

Sacred Heart School Calendar

Monday, August 28

5:30pm: Baseball vs Altamont Lutheran
@ Gilbert Park, Altamont

Tuesday, August 29

5:00pm: Band Recruitment Night @ SHS Music Room

Wednesday, August 30

4:30pm: Baseball vs South Central @ Park in Farina

Friday, September 1

4:00pm: Baseball vs. Newton St. Thomas
@ Jasper County Boys and Girls Park

186th Annual Pre-Labor Day

Church

PICNIC

St. Mary's in Sainte Marie

Sunday, September 3, 2023



Sainte Marie Style Chicken

3 PM until 7 PM or Sold Out

Eat outside at picnic tables, inside parish center or take it home. Served with Potato Salad, Baked Beans & Water



SOCO

'a little southern comfort'

Playing 6 - 9 PM

FOOD & GAMES - 3-7 PM

Pork Burgers - Chips - Pop

Dairy Dee Ice Cream

Big Ticket Raffle

Hand-Made Quilt Raffle

Bingo

Kids Games

Basket Raffle

Beer Garden - 3-9 PM

You are invited to an evening of celebration, dinner, and reflection at the Family Life Center fundraising banquet on Thursday, Sept. 14, at the Keller Convention Center, Effingham. Seating begins at 6:30pm. Dinner and the program will be from 7:00pm to 9:15pm. The guest speaker will be David Williams. He serves as an itinerant preacher and evangelist as he partners with various ministries locally and nationally. David knows the pain that men experience who have suffered the loss of fatherhood due to a past abortion. Yet, he also knows the forgiveness, grace, healing, and transforming power of Jesus Christ available to men suffering from abortion. He has written articles, done radio interviews and podcasts, and contributed a chapter in the book 'Tears of A Fisherman: Recovery of Men Wounded by Abortion' authored by Kevin Burke (Rachel's Vineyard). David was the SEELife '21 Pro-Life Story Award Recipient by Focus on the Family. Reservations are required. Contact Linda at the Family Life Center at 217.342.5433. This banquet supports the efforts of the Effingham and Newton FLC locations. The dinner is complimentary. An opportunity to make a financial gift will be extended.



Catholic Charities

SPAGHETTI LUNCH

Sponsored by Joe's Pizza & Pasta

Drive Thru Only

Sunday, September 10, 2023

10:30 AM - 2:30 PM

Effingham Event Center (K of C Hall)

\$8.00 per meal

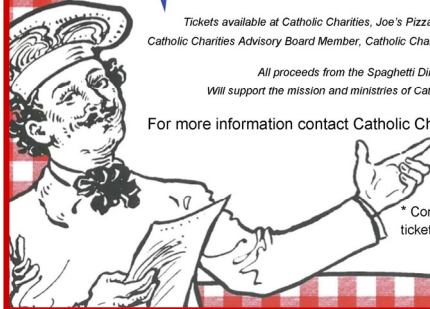
50/50 Drawing

EMPLOYERS

Treat your employees to lunch

20+ Tickets - \$7 each

Joe's Frozen Pizzas For Sale



Tickets available at Catholic Charities, Joe's Pizza & Pasta, from any Catholic Charities Advisory Board Member, Catholic Charities Staff, and at the door

All proceeds from the Spaghetti Dinner

Will support the mission and ministries of Catholic Charities

For more information contact Catholic Charities at 217-857-1458

* Consider purchasing and donating tickets for clients of Catholic Charities

St. Francis Church Picnic

Saturday, September 16th

4:00PM All-Parish Outdoor Mass (Music begins at 3:00PM)
Picnic Grounds Open Directly After Mass Until 11:30PM

Adult Raffle

\$4,000 Cash

\$2,000 Cash

Glider, Air Fryer, Bicycles & Much More

Kids Raffle

Chromebook

Elevate Jump Gift Card

Party Rentals

Playhouse

Cash Prizes

& Much More

ACTIVITIES

Golf Ball Drop 7:00-8:00 PM

Kids Games

BINGO

Country Craft Stands

Hamburger/Beer Stands

Jr. High Area

Cake Walk

Inflatables

Pulled Pork Sundaes!

LIVE AUCTION! 7:00 - 8:00 PM

St. Francis of Assisi - Teutopolis

MUSIC LINEUP

3:00 - 4:00 pm

CCR II

Mini Park, Mass Area

5:00 - 7:00 pm

Thunder Road

8:00 - 11:30 pm

Jane Doe

The Man of the Shroud Exhibit coming to Vandalia Sept. 8-14. You are invited to see a replica of the Shroud of Turin, which is believed to be the burial cloth of Jesus, and to learn about the history and science behind it.



The Center for the Study of the Passion of the Christ and the Holy Shroud has developed a moving and informative mobile exhibit on the Shroud of Turin. The centerpiece is a full-length canvas replica of the Shroud made by the Shroud of Turin Education and Research Association, Inc. In addition, the mobile exhibit contains a large, crucified corpus showing the wounds of Christ corresponding to the passion narrative in the Gospel accounts and the wounds shown on the Shroud. The exhibit contains over 31 popup display banners detailing the history and science of the Shroud.

To check it out, visit Mother of Dolors Parish Center at 705 N. St. Clair St., Vandalia, IL 62471. There is no charge, and it's open to the public.

The exhibit is open on the following days and times:

- ◆ Sept. 8: 5-7pm
- ◆ Sept. 9: noon-2pm; 5-7pm
- ◆ Sept 10: 1-4pm, with Shroud scholar Mark Antonacci giving a talk at 2pm
- ◆ Sept. 11: 10am-noon; 5-7pm
- ◆ Sept. 12: 10am-noon; 5-7pm
- ◆ Sept. 13: 10 am-noon; 5-7pm
- ◆ Sept. 14: 10am-noon

On Friday, Sept. 15, through Sunday, Sept. 17, Father Lawrence Carney will give a retreat on the "Devotion to the Holy Face" at Our Sorrowful Mother's Ministry in Vandalia, which will also include the Man of the Shroud Exhibit. More information available at: osmm.org.

Our Stewardship of Treasure

Sunday, August 20, 2023

Envelopes:	\$ 9,968.37
Loose Collection	\$ <u>1,602.00</u>
Total:	\$ 11,570.37

*"As each has received a gift, use it to serve one another, as good stewards of God's varied grace."
(1Peter 4:10)*

**Thank you for sharing your "Treasure"
with Sacred Heart Parish**

Kate Weber's Bible Study on the Book of Exodus will resume on Thursday, Sept. 7, in the St. Anthony Parish Center. A morning and evening session will be offered, with the exception of the first session on Sept. 7. That session will be held at 6:30pm. Morning sessions will resume on Thursday, Sept. 14, at 9:00am. Register at 217.347.7129. Any questions, contact Kate Weber at 217.821.3003 or kateweber51@gmail.com.

SonRise Friday Men's Breakfast returns to St. Anthony's Parish Center on Sept. 8. Men from multiple parishes across the area gather to pray, listen to a presentation, and then engage in small group discussions. *The Light of Men*, produced by Paradises Dei's **That Man Is You**, series includes NINE impressive speakers. All men of the parish are invited to attend. Breakfast is served at 6:10am, program at 6:30am, followed by discussion, and concluding at 7:30am. There is no charge, yet registration is requested. Contact Tom Purcell at 217.821.7077 or Dan Woods at danwoodsface@gmail.com.

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