



# SACRED HEART

Catholic Parish



**Second Sunday of Advent**  
**December 4, 2022**



## Sacred Heart Church

**Fr. Michal Rosa, Pastor**

405 South Henrietta St.  
Effingham, IL 62401  
Phone: 217.347.7177  
Fax: 217.347.0728  
shchurch@sheff.org



## Sacred Heart School

407 South Henrietta St.  
Effingham, IL 62401  
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Fax: 217.342.9251  
shschool@sheff.org

Visit [www.sheff.org](http://www.sheff.org)  
to learn more about our parish.

During a life emergency, while offices  
are closed, please contact  
217.703.1042 to reach a priest.

### *Message from Fr. Michal . . .*

**Our Advent season has begun.** We have added several opportunities to prepare for Christmas.

*Mark your calendar and please join us . . .*

- ♦ Every Monday in Advent, we have Adoration from 9:00am until 8:00pm. Please, sign up in the church narthex or online at: Reconciliation is available from 7:00pm to 8:00pm.
- ♦ On Mondays in Advent, we have a 6:30am Rorate Mass along with our daily 8:30am Mass.
- ♦ On Tuesdays in Advent, we have a 6:30pm Mass and encourage anyone who can not attend the 8:30am Mass to join us!

**A servers meeting is Tuesday, Dec. 6, at 5:31pm, in the church.** We will review updates on the ministry and details about our Christmas Masses.



**A special thank you to everyone who made our Thanksgiving Mass so special.** Each family who attended received a small loaf of bread to share at their family gathering. As we reflect on this special day, may we remember the many blessings in our lives. We also had a collection for Catholic Charities and items were donated for their pantry. Your generosity was appreciated.

**We have added a kiosk of books, CD's, and literature in the church narthex.** The items are available for a free-will donation or, if you would rather, no donation needed but return the items to the kiosk when you are finished with them. There are many different titles and subjects available, with new material added. Please take time to pick out a small book to read.



**Pray along to a Diocesan-wide Rosary on December 8** – To honor Mary on the Feast of the Immaculate Conception (Dec. 8) and to pray for a Eucharistic revival during the diocesan-wide Year of the Eucharist which starts Dec. 8. Join Catholics from our parishes and schools as the faithful from every corner of our diocese pray a part in the holy Rosary. Go to [youtube.com/diospringfield](https://youtube.com/diospringfield) or [facebook.com/diospringfield](https://facebook.com/diospringfield) on Dec. 8 at any time to watch and pray with Catholics from our 28 counties!

**Masses for Immaculate Conception at Sacred Heart Church are on Thursday, Dec. 8, at 8:30am; 12:10pm; and 6:30pm.**

**Welcome to Sacred Heart - we're glad that you're here!**

The Sunday Mass and weekday 8:30am Masses are available on our YouTube page: "Sacred Heart Effingham".



## Ladies, You're Invited!

**Sacred Heart CCW Christmas Party  
"A Country Christmas"  
Tuesday, December 6 • 6:00pm  
Sacred Heart Parish Center**

A catered meal will be provided. A \$10 free will donation is suggested.  
Please bring an item for our Silent Auction (baked good, plate of cookies, candle, wine, gift basket, crafts, Christmas item, etc.). All proceeds will be used for a Sacred Heart family in need, in hopes of making their Christmas a little brighter.

*We hope to see you there!*

### Sacred Heart Church Calendar

#### Monday, December 5

9:00am-8:00pm: Adoration @ Sacred Heart Church

(7:00pm-8:00pm Reconciliation)

9:15am: Care Committee @ Church Narthex

#### Tuesday, December 6

9:15am: Small Group Fellowship @ Church Narthex

5:31pm: Servers meeting @ Sacred Heart Church

6:00pm: Council of Catholic Women's Christmas Party

@ Sacred Heart Parish Center

#### Wednesday, December 7

5:30pm: Parish Choir @ Sacred Heart Church

6:00pm: CIA for Kids @ Sacred Heart Church

6:30pm: Financial Peace University @ Church Office

6:30pm: PSR Bingo @ Villas of Holly Brook, Effingham

#### Thursday, December 8

9:15am Resurrection Choir practice with new members  
@ Sacred Heart Church

5:30pm: A Glimpse of India with Fr. Zach

@ Church Narthex

#### Friday, December 9

9:15am: Chris Stefanick Forgiveness Small Group

@ Church Narthex

#### Sunday, December 11

11:30am: Symbolon Class @ Church Narthex

**Envelopes for Christmas flowers & decorations are included in the December packets.** Please note on the back of the envelope if the donation is made in memory or in honor of a loved one. A special memorial page will be included in the bulletin. Please return envelopes by Dec. 18.



### ~ Prayer List ~

Wendy Althoff Donoghue, Barbara Hoeft,  
Britney (Walters) Chester

**Resurrection Choir practice for new choir members will be on Thursday, Dec. 8, following the 8:30am Mass.**

If you have considered being a part of this ministry, please stay after Mass and join our six new members for practice. All are welcome!!



### Sacred Heart PSR schedule update . . .

December 7: Join us to play bingo with the residents at the Villas of Holly Brook from 6:30pm to 7:15pm. Please meet there. Bring one or two small prizes to give away.

(Anything goes -- practical or fun -- a roll of paper towels, a box of tissues, hand soap, lotion, shampoo, bagged candies or snacks, a small holiday trinket or decoration.)

*RSVP to Mrs. Feldhake via email [psr@sheff.org](mailto:psr@sheff.org) by Tuesday, Dec. 6, so I know how many will be there.*

December 14: Regular Class @ 6:30pm

December 21: Regular Class @ 6:30pm

December 28: Christmas Break

January 4: Family Night @ 6:30pm @ Parish Center

### Sacred Heart Mass Schedule

#### **Monday, December 5**

**6:30am:** †Bernard Vogt

**8:30am:** †Brian A. Niebrugge

#### **Tuesday, December 6**

**8:30am:** †LeRoy Borries

**6:30pm:** †Joseph Wirth

#### **Wednesday, December 7**

**8:30am:** †Karlene Frese

#### **Thursday, December 8**

**8:30am:** †Michael Hoffman

**12:10pm:** †Carol Rohr

**6:30pm:** †Cathy Swingler

#### **Friday, December 9**

**8:30am:** †Gerald Mathy

#### **Saturday, December 10**

**4:00pm:** †Nolen Sheehan

#### **Sunday, December 11**

**8:30am:** †Jim Miller

**10:30am:** For Our Parishioners

**7:00pm:** Tony Niebrugge Family

### Are you doing these 10 things when attending Mass and receiving the Eucharist?

- ♥ Genuflect when entering and exiting the pew to show reference to God, who is truly present.
- ♥ Kneel (if physically able) during and after the Consecration.
- ♥ Pray and deeply prepare to receive the Holy Eucharist.
- ♥ Bowing your head reverently before receiving the Holy Eucharist.
- ♥ Saying "Amen" after receiving, which means "It is so" or "I believe."
- ♥ One must never receive the Eucharist while in a state of mortal sin.
- ♥ One must go to confession if one has purposely skipped attending Mass before receiving the Eucharist.
- ♥ Catholics must also consume the Eucharist immediately after receiving it.
- ♥ After receiving Jesus, Catholics should spend time in a prayer of thanksgiving for this incredible gift from God.
- ♥ Catholics should remain until after the dismissal from Mass.

"Because we are human beings, a union of body and soul, what we do with our bodies affects our hearts and minds." If we approach the Holy Eucharist with a reverent demeanor, it can help strengthen the faith of others and offers the respect to God that He deserves. *Excerpt from Catholic Times November 16, 2022 issue*



Join Fr. Zach for

## A Glimpse of India



Thursday, Dec. 8, 5:30pm  
Thursday, Dec. 15, 5:30pm  
Thursday, Dec. 22, 5:30pm

Sacred Heart Church narthex  
405 S. Henrietta Street, Effingham

**Everyone is Welcome!**

India is an enormous country filled with amazing diversity of traditions, cultures, religions, languages, and heritage. That's why it is often called "Unity in Diversity". Join Fr. Zach to learn more!

**Our Care Committee will meet on Monday, Dec. 5, at 9:15am, in the church narthex.**

Last month, the committee sent over a dozen personalized cards to members of our parish. Anyone who would like to help write cards, please join us at 9:15am Monday. If you know of someone who could be a recipient for a card, please call the parish office and let us know.



**The Effingham K of C will have their "Keep Christ in Christmas" Poster Contest this year.** Rules and entry forms were distributed to the students this week. Deadline to submit the entry is Monday, Dec. 19. Any questions, Greg Koester at 217.821.7731.

**You are invited to join Fr. Michal on a Pilgrimage to Poland from May 21, 2023 to June 2, 2023.** A complete itinerary is included in a special brochure and reservation agreement in the church office. It includes a complete breakdown for each day along with pricing information. *Please talk to Fr. Michal if you are interested in joining him on this special trip!*

## Pilgrimage to Poland with Father Michal Rosa

**May 21 – June 2, 2023**



Wawel Castle, Cracow

### Trip Highlights:

- ++ 13 day pilgrimage across Poland
- ++ Spiritual enrichment including daily Mass and stops at many holy and sacred locations
- ++ Beautiful scenery
- ++ Visit to Fr. Michal's hometown of Tarnów
- ++ Travel from high up on Kasprowy Wierch at 6,500 feet ABOVE sea level down to 1,073 feet BELOW sea level at Wieliczka Salt Mine
- ++ Three traditional Polish feasts with regional food and music



# Classroom Wish Lists

Looking for a gift for your child's classroom? Just scan the class QR code below with your cellphone camera and it will take you to their classroom wish list! Thanks, SHS PTA.



General  
School List



Kindergarten



First Grade



Second Grade



Third Grade



Fourth Grade



Fifth Grade-H



Fifth Grade-B



Sixth Grade



Seventh Grade



Eighth Grade



Title & Resource



Art & Technology



Preschool-V



Preschool-K



Clubhouse

AmazonSmile is a simple way for you to support your favorite charitable organization every time you shop, at no cost to you. AmazonSmile will donate 0.5% of your eligible purchases to the charitable organization of your choice. Sacred Heart Parish has received over \$1,500.00 from AmazonSmile. You can follow the directions below to set up your AmazonSmile account to support Sacred Heart.

How to use AmazonSmile on a web browser:

1. Visit [smile.amazon.com](https://smile.amazon.com)
2. Sign in with the same account you use for Amazon.com
3. Select **Sacred Heart Parish**
4. Start shopping! Remember to checkout at [smile.amazon.com](https://smile.amazon.com) to generate donations for your chosen charity.

Tip: Add a bookmark to make it easier to shop at [smile.amazon.com](https://smile.amazon.com).

How to use AmazonSmile using the Amazon app on your mobile phone:

1. Open the Amazon Shopping app
2. Navigate to the main menu (≡)
3. Tap on Settings and then select "AmazonSmile"
4. Select **Sacred Heart Parish** and then follow the on-screen instructions to turn ON AmazonSmile in the mobile app

Once AmazonSmile has been activated in your app, future eligible app purchases will generate a donation for the charity you have selected.



Book requests for the Sacred Heart School Library are available at Lifeline Christian Books & Gifts, 1901 S 4th St #10, Effingham.

Zonder Kids, Adventure Bible Books

- ♣ Moses Leads the People
- ♣ The Good Samaritan
- ♣ Joseph the Dreamer

The Berenstain Bears

- ♣ Do Not Fear, God Is Near

Zonder Kids I Can Read, Made By God

- ♣ Big Bugs, Little Bugs
- ♣ Cats, Dogs, Hamsters, and Horses
- ♣ Forrest and Friends
- ♣ Curious Creatures Down Under

**Space Camp Fundraisers . . .**

♣ **Joe's Pizza Coupon (\$15).** Get a two-topping pizza from Joe's Pizza with this coupon.

♣ **Pecans (\$5).** Pecans available in the church narthex. Pizza coupons are available at the school office, church office, and after Masses.

**Our annual Sacred Heart School Christmas Program and Band Concert will be held Thursday, Dec. 15, at 6:15pm, in the school gym.** Entitled "The Night Shift Before Christmas", the program will be a special performance showcasing our K-8 students! *All are welcome!*



**Sacred Heart**  
CATHOLIC PARISH

**Feast of**

**Our Lady**

**of Guadalupe**

**Celebration**

**Fiesta de**

**Nuestra Señora de Guadalupe**

**Celebración**

**Sunday December 11, 2022**

*Join us for*

**Mass at 7:00pm**

*Followed by a*

**Traditional Latino Dinner**

**In the Parish Center**

**All Are Welcome!**

**\*Rosary (Spanish) 6:00pm\***



**Now that Advent has started, our kindergarten students are sharing our special tradition of a living Advent wreath with our school family.** Each morning, Mrs. Keller and the kindergarten students lead us in prayer with the students taking turns as candles and the class circling together to form their very own Advent wreath. This is a special way for them to bring the Advent season to life as we prepare for the coming of baby Jesus.

**Class Advent Projects:**

PreK: Ballard Nature Center-fish & bird food donations

Gr. K-2: Catholic Charities-baby items

Gr. 3: Humane Society-dog & cat food donations

Gr. 4-5: Family Life Center-baby item donations

Gr. 6-8: Seminarians & Homebound/Elderly-money for local seminarians and Advent Angel project.



**Our kindergarten students presented a great Thanksgiving program for their parents and grandparents on Wednesday, Nov. 23.** They sang songs about turkeys, pilgrims, Indians, and all things Thanksgiving-related. They each had a turn with the microphone to share their name and something they are thankful for. This is a special tradition at SHS and was a great way to kick off Thanksgiving break!

**We would like to congratulate our November "Saints in Training" Award winners: William S., Brady C., Kale P., Aubree K., Lynlie D., Colton M., Lucas M., Olivia G., Wade S., and Lena G..** These students were selected by their teachers for displaying the traits of St. Elizabeth of Hungary: charitable and helpful towards others.

**Sacred Heart School Calendar**

**Monday, December 5**

7th Grade Boys Basketball NTC @ Sigel St. Michael (TBD)

**Tuesday, December 6**

7th Grade Boys Basketball NTC @ Sigel St. Michael (TBD)  
3:00pm: Meyer Twins Art @ SHS

**Wednesday, December 7**

Noon Dismissal, No Lunch Served

**Thursday, December 8**

7th Grade Boys Basketball NTC @ Sigel St. Michael (TBD)

**Thursday, December 8 & Friday, December 9**

PTA Christmas Store

**The Effingham K of C will have their Kids Christmas party on Sunday, Dec. 4, beginning at 4:00pm, at the Effingham Event Center.** This year, they will have Christmas cards for kids and parents to draw a picture and/or write a note to our friends and family in area nursing homes. Hotdogs and nachos will be available.



**The Effingham K of C Adult Christmas Party (no children under 18 please) is on Sunday, Dec. 18, with doors open at noon and will eat at 1:00pm.** To spread a little Christmas Spirit, they are asking guests to bring a wrapped gift for our friends and loved ones in nursing homes; socks, small blankets, coloring books, wordsearch books, puzzles and other clothing and activity items. Please wrap the gift with a note on the outside what it is. We would also ask for some volunteers to visit the nursing homes to help with the gifts on Monday. Please invite or bring a prospective Knight and guest to the Adult Christmas party. It gives them the opportunity to meet our members and their families and discover some of things we do as a Fraternal Brotherhood for charity, support of the Church and our local parishes and the community.

**Christmas Open House at the Cross on Sunday, Dec. 4, from 2:00pm to 4:00pm, at the Cross at the Crossroads Welcome Center.** There will be live music, nativities, "Make & Take" craft, and refreshments.

**Annual Effingham County Christmas Day Dinner will be held on Sunday, Dec. 25.** There will be no congregate meal. All meals will be delivered or available for curbside pickup. Meal delivery will take place between 11:00am and 1:00pm. Curbside pickup will be available at the Effingham Event Center, 1501 W. Fayette, Effingham, IL, between noon and 1:00pm.



♦ To reserve home delivered meals and/or curbside pickup, please call Senior Services at 217.347.5569 by noon on Dec. 22.

♦ Volunteers are needed to help package and deliver meals. To volunteer, call Susan Elke at 217.868.5913.

This event is free and open to all Effingham County residents and their families.

**There will be a free Children's Orthopedic Clinic by Dr. Timothy Gray on Thursday, Dec. 15, beginning at 8:00am, at Sarah Bush Lincoln Bonutti Clinic.** Call 1.800.272.0074 to register for the clinic.

**Bible Study will resume on Jan. 12, studying "Follow Me: Meeting Jesus in the Gospel of John" in the St. Anthony Parish Center.** This will be an eight week study. A morning and evening session will be offered, with a morning session starting at 9:15am following the 8:30am Mass. The evening session will be at 6:30pm. Please call 217.347.7129 to register. Any questions, contact Kate Weber at 217.821.3003 or [kateweber51@gmail.com](mailto:kateweber51@gmail.com).

**Get into the Spirit of Christmas by coming to the 2022 St. Isidore CCW Christmas Walk on Sunday, Dec. 4.**

Homes on the Walk: Eric & Emily Brummer; Joe & Hilarie Repking; Eric & Lexi Niemerg; and Todd & Kelly Schmidt. In addition to the homes, at the Immaculate Conception Hall in Dieterich there will be all kinds of nostalgic Christmas décor; refreshments, raffle items, and chances to win a handmade Christmas quilt. The proceeds from the Walk will go to the Mattoon Deanery Seminarians; with proceeds from the Christmas quilt going to Operation Santa (a Military organization).

*Time of the Walk:* Homes – 1:00pm to 4:30pm;

Immaculate Conception Hall – 12:30pm to 5:30pm

Raffle drawings: 5:00pm

Ticket Price: Adults \$10.00; 8-12 yr. old child \$5.00

Tickets available at each of the houses.

**St. Anthony CCW Annual Holiday Cookie/Candy Sales will be held at St. Anthony Parish Center, Effingham, on Saturday, Dec. 17, from 3:00pm to 6:00pm; and Sunday, Dec. 18, from 7:00am to 1:00pm.** There will be a wonderful array of cookies, snack mixes, candies, fudge, delicious breads, coffee cakes, and cinnamon rolls. There will also be a raffle for a beautiful Christmas quilted throw (50"x60"), donated by Robin Westendorf. Tickets are \$2 each or 6 for \$10. You need not be present to win the raffle.

**MCA Annual Christmas Artwork Contest** - Calling All Young Artists – Missionary Childhood Association (MCA) has an annual Christmas Artwork Contest for students from K-8<sup>th</sup> grade. Entries should be sent to the Office for the Missions, 1615 W. Washington St, Springfield, IL 62702 no later than January 31, 2023. Local, diocesan winners will be submitted to the National Office of the Missionary Childhood Association. National winners will be on display in the Basilica of the Immaculate Conception in Washington, D.C. throughout Advent and Christmas 2023. General information, guidelines and entry form can be found at: [MCA Artwork Contest Entry Form \(missio.org\)](https://www.missio.org).





**Family Camp for those with intellectual and/or physical disabilities (and their family/friends ) are so grateful to the Catholic Diocese of Springfield, IL for the grant money accorded to them in the amount of \$3,000 this year.**

We are also grateful to our Sacred Heart Parish family and the Effingham and Teutopolis Knights of Columbus who contribute to and sponsor this venue.

This money allows our families to gather each year in an atmosphere of ease and comfort, "where people with disabilities and their families share faith and time with each other". We celebrate Eucharist and pray together. We also gather together as we engage in miniature golf, swimming, archery, making crafts, and taking a hay ride together. Most importantly, we come to share the love that Jesus has for us with one another. We are a "happy people".

Each year, the Family Camp participants are already asking about the next year of coming together for camp. This was the 32<sup>nd</sup> year of Family Camp and we hope to enjoy many more years to come. Blessings to all who donated money to the Diocesan Campaign for Peace and Justice and our local Knights who gifted us with the funds to make this years' Family Camp such a success. We are deeply grateful to all of you.

## Our Stewardship of Treasure

**Sunday, November 27, 2022**

Envelopes: \$ 7,916.32

Loose Collection: \$ 925.00

**Total: \$ 8,841.32**

*"As each has received a gift, use it to serve one another, as good stewards of God's varied grace."*

(1Peter 4:10)

**Thank you for sharing your "Treasure" with Sacred Heart Parish**



**Scrip Cards will be sold in the parish office on Tuesdays and Fridays, from noon until 4:00pm.**

There are MANY SCRIP cards to choose from - including many national retailers, as well as local stores and businesses! Use them for Christmas gifts or simply for everyday purchases.

**Donations to the Retirement Fund for Religious collection helps hundred of US religious communities to provide for their aging members.**

Your gift helps ease our worldly burdens and allows us to continue living out our mission of seeking God and serving the Church. Please put "Retired Religious" on the memo on the check and place it in an envelope marked "Retired Religious". Place donation in the collection or drop off at the office.





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