



SACRED HEART

Catholic Parish

Sixth Sunday in Ordinary Time February 12, 2023



Sacred Heart Church Fr. Michal Rosa, Pastor

405 South Henrietta St.
Effingham, IL 62401
Phone: 217.347.7177
Fax: 217.347.0728
shchurch@sheff.org



Sacred Heart School

407 South Henrietta St.
Effingham, IL 62401
Phone: 217.342.4060
Fax: 217.342.9251
shschool@sheff.org

A note from Fr. Michal . . .

On Thursday, Feb. 2, before the 8:30am Mass, the Mass attendees were invited for a special candle blessing in the church narthex.

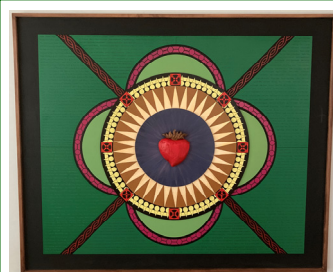


Congratulations to Courtney Rieman and Jeffery Coleman who were married on Saturday. May you enjoy a lifetime of happiness and blessings.



There will be a servers meeting on Tuesday, Feb. 14, at 5:31pm, in the church. All servers are asked to be there. We will talk about our Lenten services and review the procedures.

Please bring in your palms and place them in the baskets in the church narthex for me to burn before Ash Wednesday.



Last Saturday after the 4:00pm Mass, our Renew & Rejoice donor plaque was revealed on the north wall in our church narthex. Thank you to Kim Stanfield for taking our ideas and creating a showpiece and her husband, Mike, for an auto cad drawing to build it. We were blessed with input from Mark Bierman and Bierman

Welding to fabricate the 23 pieces to make up the 5 ft. x 6 ft. wall. In order to add the hundreds of donor names, Cody Hinterscher of Hints Laser Engraving, engraved each of the names to complete the beautiful work of art. We were blessed with the wood working skills of Bill Percy who hand carved the stunning heart and Lustig Cabinets who made a custom frame. Again, we thank all of our donors and prayer warriors who helped to accomplish this project. *We are truly blessed!*

Visit www.sheff.org
to learn more about our parish.

During a life emergency, while offices
are closed, please contact
217.703.1042 to reach a priest.

Welcome to Sacred Heart - we're glad that you're here!

The season of Lent begins on Ash Wednesday, Feb. 22, and ends just prior to the evening Mass of the Lord's Supper on Holy Thursday. All



the faithful are urged to develop and maintain a voluntary program of self-denial (in addition to the Lenten regulations that follow), serious prayer, and performing deeds of charity and mercy, including the giving of alms.

Lenten Regulations

- ABSTINENCE** – Everyone 14 years of age and over is bound to abstain from meat on Ash Wednesday and all the Fridays of Lent.
- FAST** – Everyone 18 years of age and under 59 is required to fast on Ash Wednesday and Good Friday. On these two days of fast and abstinence, only one full meatless meal is permitted. Two other meatless meals, sufficient to maintain strength may be taken according to each person's needs, but together these two should not equal another full meal. Eating between meals is not permitted, but liquids (including milk and fruit juices) are allowed.
- To disregard completely the law of fast and abstinence is seriously sinful.

Sacred Heart Parish will be offering several different opportunities during Lent to enhance your faith life.

- Beginning, Tuesday, Feb. 21, after the 8:30am Mass and continuing through Lent, Michelle Kruger will facilitate a small fellowship group in the church narthex. The book will be "No Greater Love, a Biblical Walk Through Christ's Passion" by Edward Sri. She will also facilitate another Bible Study held on Thursday nights during Lent at 6:00pm on the book "Holy is His Name" by Scott Hahn. Scott traces the meaning of holiness from its origins in Scripture to its appearance in our lives today. Soup will be served during the evening. Please send an email to shchurch@sheff.org if you are interested, so we can make sure we have enough books. Everyone is welcome!
- Adoration will be every Monday, from 9:00am until 8:00pm (Reconciliation from 7:00pm-8:00pm).
- Stations of the Cross will be every Friday in Lent at 5:30pm at church.
- Our Lenten "All You Can Eat" Fish Fry by Country Rhodes will be on Friday, Feb. 24, from 4:00pm to 7:00pm, in the Sacred Heart Parish Center.
- Our Parish Retreat by Fr. John Titus will be held on March 18-22.

~ Prayer List ~

Marilyn Shoffstall, Lauren Greuel,
Bonnie Nuxoll Kinney, Tom Hewing,
Lisa Crosson, Louise Weber, Jim Feldhake,
Barb Hoefft, Mary Westfall, Britney (Walters) Chester



Sacred Heart Church Calendar

Tuesday, February 14

9:15am: Small Group Fellowship @ Church Narthex
5:31pm: Servers Meeting @ Sacred Heart Church

Wednesday, February 15

5:30pm: Choir Practice @ Sacred Heart Church
6:30pm: PSR Class @ Sacred Heart School

Sunday, February 19

11:30am: Symbolon Class @ Church Narthex
12:30pm: Daddy Daughter Dance @ Effingham Event Ctr.



Sacred Heart Parish is hosting Totus Tuus this summer, June 10-16, for grades PreK through high school. It is a wonderful program that inspires active stewards, fruitful vocations, and a lifelong love for the Church. *Mark your calendar!*

Flowers by the tabernacle were donated in honor of Courtney Rieman and Jeffery Coleman on their wedding day.



Sacred Heart Mass Schedule

Monday, February 13

8:30am: †Everett M. & †Alice M. Bailey, †Pat Fuesting

Tuesday, February 14

8:30am: †Michael Hoffman

Wednesday, February 15

8:30am: †Louise Rose Nuxoll

Thursday, February 16

8:30am: †Joe Haarmann

Friday, February 17

8:30am: †Chuck Bierman

Saturday, February 18

4:00pm: †Millie & †Stu Stumeier

Sunday, February 19

8:30am: For Our Parishioners

10:30am: †Zita & †Gene Reis

Sacred Heart and St. Anthony Parishes Present:

The 13th Annual

Daddy Daughter Dance



Girls in grades preschool-8 are invited to come spend the afternoon with Dad or Special Guest!

Enjoy dancing, dessert, pictures, and fun!
Event is open to all Sacred Heart and St. Anthony families.

Questions? Please contact:

Ashley Dow:
217.821.0933 or mrsashleydow@gmail.com
Jackie Haarmann:
618.267.7977 or jackietegenkamp@yahoo.com
Mallory Weber:
217.821.9980 or malrich86@hotmail.com

Sunday, February 19
Effingham Event Center

12:30-1:00pm: Pictures
1:00-3:00pm: Dance
\$5.00 Per Person

Return to school or church office with payment by Thursday, February 16.

The price increases to \$10.00/person after February 16. Please note: no refunds will be given in the event a registrant cannot attend. If you register after the deadline, wristlets may not be available for purchase.

I would like a flower wristlet for my daughter (\$7.00).
* Each wristlet includes white, pink, and red flowers. Please include your payment, and your wristlet will be delivered to the dance.

Girl's Name: _____
Dad's/Guest's Name: _____
Parish: _____

Name: _____
Phone: _____
#Attending: _____ (x \$5.00) = _____
Total for Flowers: _____
Total Amt. Enclosed: _____
Please make checks payable to Sacred Heart Parish.
 YES, I can help by sending 1 dozen cookies / treats to the dance w/my daughter.
OR
 YES, I can help by sending a small fruit tray to the dance w/my daughter.

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OPEN HOUSE

Tuesday, February 21
5:30-7:00pm

All preschool students and new/prospective K-8 students are welcome!

Facility Tours • Curriculum Previews • Technology Demos

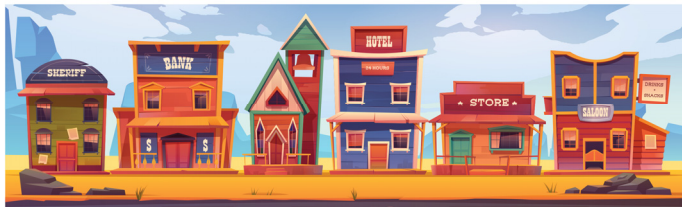


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Sacred Heart and St. Anthony Parishes Present:

Boots & Beauties



Sunday, March 12, 2023
Effingham Event Center

For moms & their boys in PreK-5th Grade. Round up your western attire and join us for an afternoon mother & son "date"!

12:30-1:15pm: Pictures
1:00-3:00pm: Western-Themed Activities & Music
Refreshments will be served.

Entry fee prior to March 9: \$15 per couple; \$5 for each additional son
Entry fee after March 9: \$25 per couple
Entry fee is non-refundable unless event is canceled by the parishes.

Questions? Contact Michele Jensen: 217-663-0558 / mnj6599@yahoo.com - or - Allie Weber: 217-821-9411 / allie@modernfamilydiners.com

Name of Mom: _____
Phone: _____
Name of Son(s): _____

Return form and payment to school or church office by March 9, 2023.

YES, I can help by bringing 1 dozen cookies / treats to the event.

YES, I can help by bringing a small fruit tray to the event.

Total Amt. Enclosed: _____
Please make checks payable to Sacred Heart Parish.

Sacred Heart Parish Council presents a.....

LENTEN FISH FRY

Friday, February 24th, 2023
4pm to 7pm

Sacred Heart Parish Center

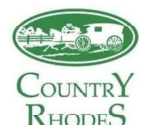
ALL PROCEEDS BENEFIT OUR DIOCESAN SEMINARIANS

\$14 per adult plate
\$10 per child plate



Menu is AYCE: fried fish, mac-n-cheese, hush puppies, slaw, baked beans, potato salad, steak fries, and applesauce.

Carry-outs are available.



It was a great Catholic Schools Week ~ January 29 to February 3!

Catholic Schools Week kicked off on Jan. 29 at the 10:30am Mass with many students assisting with the ministries.



Students made cards for the Family Life Center, local legislators, and our community. Students enjoyed a popcorn and movie day on Tuesday. Fr. Braden Maher came on Thursday to speak with the students about faith and vocations. On Friday, the students played BINGO.

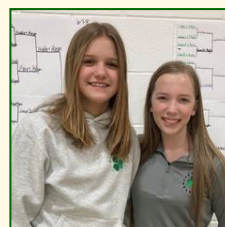


There was an All-Schools Mass on Wednesday with Sacred Heart, St. Anthony, Sigel St. Michael, and Newton St. Thomas attending. This is always special as we come to Mass, each in our own school colors, but unified together as a joint family of believers.



Our Catholic Schools Week bags tournament was a big hit! Congratulations to our students who won in their age bracket!

- ♣ Grade 6-8: Lena G. and Taylor T.
- ♣ Grade 3-5: Chris K. and Gabe T.
- ♣ Grade K-2: Graham B. and Connor A.



Thank you to all our parents, grandparents, family, and friends for their support for our school. Thank you to the school staff, PTA, and Booster Club for their support and assistance.

We couldn't do it without you!



Congratulations to our 8th grade basketball team who won their sectional game against Carrollton St. John on Monday and advanced to state on Saturday against Mattoon St. John's. Good luck and we are proud of you! Thank you to Trent Jansen & Luke Schuette, Sacred Heart coaches, for your time and dedication to the team.



Sacred Heart School Calendar

Monday, February 13

4:30pm: Volleyball vs North Clay @ home

Tuesday, February 14

4:15pm: Volleyball vs Cowden-Herrick/Beecher City @ home

Wednesday, February 15

Volleyball 8th Grade NTC Tourn. begins @ Stew-Stras

Sunday, February 19

12:30pm: Daddy Daughter Dance @ Effingham Event Ctr.

Monday, February 13-Saturday, February 18

5/6 Basketball @ Sigel St. Michael Tournament

School News . . .

Sacred Heart School is hosting an Open House for preschool students and new/prospective K-8 students on Tuesday, Feb. 21, from 5:30pm to 7:00pm. Please come and check it out! Also, help spread the word to your friends and family.

Preschool early enrollment is now open for Sacred Heart parishioners and current school families until Feb. 21 and then will open up to the general public and our wait list. Our classes are filling up quickly, so please get in touch as soon as possible. If you have any questions or are interested in more information, please contact Andrea Wright at 217.347.7177 or email a.wright@sheff.org.

After 11 years at Sacred Heart, our school custodian, Dennis Slone, will be retiring this summer. With this in mind, we will be hiring a full or part-time custodian with a tentative start date of spring 2023. Pay is based on experience. Full-time benefits offered include paid vacation and sick days, health insurance, and pension. Send your resume or contact information to Mrs. Angela Sheehan at a.sheehan@sheff.org.



Best of luck to our volleyball team who begin the 8th grade NTC tournament this week. They have been practicing and improving with each game. Our next two games are at home on Monday and Tuesday, so come out and cheer them on!

Reminder . . . Girls in preschool–8th grade are invited to spend the afternoon with dad or a special guest! Daddy Daughter Dance registration forms are available in the school office, church office, and the church narthex. Return forms by Thursday, Feb. 16.

Joe's Pizza Coupons are still available! Get a large, two topping carry-out pizza from Joe's Pizza for \$15. A portion of each sale goes toward the Space Camp fundraiser. Coupons can be purchased from any SHS fifth or sixth grade student, or in the church office. Coupons will be sold until Feb. 28.

During Catholic Schools Week, classes donated money to the Family Life Center. The students donated a total of \$1,270.16 with the 4th grade winning the competition. The class was rewarded with a pizza party. *Thank you!*



St. Pat's Bash
Saturday, March 18, 2023
 Effingham Event Center

*Live Auction • Silent Auction • 50/50 Drawing • Raffle
 A Community Event... Everyone is Welcome!*

\$50
 Per Person


Proceeds benefit Sacred Heart School

5:15pm - Doors Open
 5:45pm - Dinner: Ochs Street Smoked Meats
 Pork Loin, Smoked Garlic Chicken,
 Twice Baked Potato Casserole, Sweet Ranch Carrots, Salad, Rolls
 7:00pm - Entertainment: Windy City Dueling Pianos

**There will only be 400 tickets sold.
 Purchase tickets at the parish office!**

The Effingham VFW Auxiliary Post 1769 is hosting a meal at the VFW, 2304 Veterans Drive, Effingham, on Friday, Feb. 17, to benefit the four food pantries in Effingham. Menu is poorman's steak, mashed potatoes & gravy, vegetable, dessert, and drink. The meal will cost \$8.00. Bring canned goods and receive a raffle ticket to be used on the raffle items donated.

Dominican Sisters welcome single Catholic women, ages, 18-40, to a "Come & See" weekend on Feb. 17-19 with the Dominican Sisters of Springfield. Experience first-hand the rhythms of prayer and daily life in a small convent setting. The event is free of charge. Early registration is advised at springfieldop.org/comesee.

 **St. Isidore Youth Ministry is hosting their annual soup supper on Sunday, Feb. 26, from 4:00pm to 7:00pm, in the St. Aloysius Parish Center in Bishop Creek.** The menu includes chili, chicken noodle soup, sauerkraut soup, sandwiches, and dessert. There will also be a basket raffle.

Effingham Catholic Charities Trivia Night, sponsored by J & J Gaming, will be held on Saturday, March 4, at the Effingham Event Center. Doors open at 6:00pm and trivia will begin at 6:30pm. Tickets are \$360 for a team of 8 or individual tickets are \$50 each (individual ticket holders will be placed with others to make a team of 8). Tickets will be sold on Facebook at Effingham Catholic Charities Events Page, on cc.dio.org, or at the door. This is a beach themed event, so dress in your favorite tropical attire. Food will be provided for a free-will donation and drinks are available to purchase.

Catholic Charities is offering free tax preparation until March 31, 2023. Information can be dropped off Monday, Wednesday, and Thursday, from 9:00am to 3:00pm. Clients must meet income eligibility requirements. Please contact Catholic Charities at 217.857.1458 for additional information and a list of items/information that must be dropped off.

Project Rachel: *Do you know someone who is carrying the grief and sorrow of past abortions?* Share with them the Good News of God's merciful love. Call Project Rachel for a confidential referral to those who can help: 1-877-RACHEL-5. Pray that many will seek and receive the gift of God's infinite mercy.



De Colores Spring Weekends

Say yes to a 3 day beautiful experience at Camp Walter Scott.

If you're:

- Distant from Jesus, but want His Peace?
- Tired of the rat race, need a break?
- Looking to refresh, rest, renew?

So many in our area have found a treasure in attending a DeColores. *It's your turn!*

Men's Weekend, March 16-19

Lay leader: Scott Kastl - Phone 217.343.8206 or email: knightsrk2009@gmail.com

Women's Weekend, March 23-26

Lay leader, Carol Toney - Phone 217.821.7607 or email: caroltoney52@gmail.com

Pre-Cana Workshop:

- ◆ St. Mary, Ste. Marie, March 11
Call 618.455.3155 to register

Natural Family Planning Class:

- ◆ Saturday, Feb. 25, 9:30am to 11:00am
St. Anthony Parish, Effingham
Text or call Kate Pruemmer at 217.821.1840 to register.

Worldwide Marriage Encounter presents weekend experiences for married couples to rekindle romance, enhance meaningful communication, and deepen and renew commitment. For more information or to apply, go to wwme.org, or call Terry & Eric Engholm at 314.649.7317.

The next IN-PERSON weekend is:

March 17-19, 2023

Villa Maria Retreat Center, Springfield, IL

Fr. Dennis Koopman, OFM, Associate Pastor at St. Francis Church, Teutopolis, will be the priest on the presenting team for this Marriage Encounter.

PILGRIMAGE TO THE HOLY LAND

10 DAYS: OCTOBER 17 - 26, 2023

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CANA * NAZARETH * BETHLEHEM * JERUSALEM



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(217) 494-6326 (cell)
Email: rdprobst@gmail.com

DON'T MISS THIS TRIP OF A LIFETIME!!



The Sacred Heart Council of Catholic Women hosted a soup and sandwich luncheon on Tuesday, Feb. 7, with 26 ladies and Fr. Zach in attendance.

The ladies of the parish assist at funeral dinners and would like to have additional volunteers to help them. They are also looking for volunteers for serving and providing food at the Effingham Event Center bingo night on the third Tuesday of each month. Contact the parish office if you can help.

A new facility to assist young mothers is being considered in Effingham. The project is being developed so more information will be shared at the next meeting.

New pictures have been purchased for the parish center and will be placed on the south wall. Mark your calendar for our CCW rummage sale June 5-9 in the parish center. Michelle Kruger spoke briefly about upcoming Bible Studies during Lent and FORMED which is a free website for all Sacred Heart parishioners.

Thank you to the February Committee of Kathy Wall, Doris Zerrusen, and Penny Wiedman. Also thank you to the ladies who made soup, sandwiches, and desserts.

The next meeting will be a salad supper on Tuesday, April 11, at 6:00pm, in the parish center.



Our Stewardship of Treasure

Sunday, February 5, 2023

Envelopes:	\$ 12,166.00
Loose Collection	\$ <u>1,010.00</u>
Total:	\$ 13,176.00

*"As each has received a gift, use it to serve one another, as good stewards of God's varied grace."
(1Peter 4:10)*

Thank you for sharing your "Treasure" with Sacred Heart Parish

Council 665 will hold a live Exemplification of Charity, Unity, and Fraternity (a.k.a. Third Degree Initiation) on Wednesday, Feb. 15, at the Effingham Event Center.



Registration will begin at 6:15pm and Exemplification will start at 6:30pm. If you know of anyone who would be a good member, please encourage them to join us.

The 2023 Annual Effingham Knights of Columbus Spelling Bee will be on Tuesday, Feb. 28, at the Effingham Event Center. Doors will open for registration at 3:00pm and the spelling bee starts at 4:00pm. Any student who has not yet completed 8th grade is eligible to compete in the Spelling Bee. The Knights will have water and light snacks. The top three finishers will advance to the Illinois State Council Spelling Bee Finals on Saturday, March 25, at Central Catholic High School in Bloomington. Any questions, please call Matt Poston in the evenings at 217.821.9654 or Greg Koester at 217.821.7731.



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