

Welcome!



SACRED HEART
Catholic Parish & School



First Sunday in Lent - February 22, 2026

Fr. Michal Rosa, Pastor

405 South Henrietta Street
Effingham, IL 62401

Phone: 217-347-7177

Email church: shchurch@sheff.org

Email school: shschool@sheff.org

During a life emergency,
while offices are closed, please contact
217-703-1042 to reach a priest.

www.sheff.org



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Masses are live streamed on YouTube

Mass Schedule:

Monday-Thursday 8:30am

Saturday Vigil Mass: 4:00pm

Sunday Masses: 8:30 & 10:30am,

La Misa en Español 5:00pm el domingo

Reconciliation:

30 minutes before weekday Masses

Saturday: 3:00pm-3:45pm

Liturgy of the Hours:

7:45am Sunday-Friday

Chaplet of Divine Mercy:

3:15pm Monday-Friday

3:00pm Saturday

Pray the Rosary:

Healing: Mondays at 9:00am

Flame of Love: Wednesdays at 3:30pm

Eucharistic Adoration:

Monthly on First Monday

9:00am-8:00pm

Reconciliation 7:00-8:00pm



During Lent, we have Eucharistic Adoration every Monday from 9:00am-8:00pm. This is a great time for quiet prayer and an opportunity to 'schedule an appointment' with our Lord. Sign up for a time slot on the sheet in the narthex. Reconciliation will be held in church from 7:00-8:00pm. Make sure to check the insert in this weekend's bulletin for more information about our many Lenten spiritual growth opportunities.

Every year, our parish participates in the Catholic Relief Services ministry of the Rice Bowl. Lenten alms donated through the CRS Rice Bowls support work in more than 120 countries. Rice Bowls are available in the narthex. Please prayerfully consider your family engaging in this method of giving during this Lenten Season. Rice bowls should be returned to the church the week before Easter.



Now Hiring

Part-time Music Teacher



- Tuesdays & Thursdays
- Approximately 6-8 hours per week
- Prior experience preferred, but not required

Sing a new song to the LORD,
for he has done marvelous deeds.

Psalm 98:1



SACRED HEART
Catholic School

Submit letter of interest & resume to:

Sacred Heart School
Attn: Mrs. Charlotte Habing
407 S. Henrietta St.
Effingham, IL 62401
or email: c.habing@sheff.org



Fran and Gin Gardewine are celebrating 65 years of marriage! Please join them to celebrate at an open house in the Sacred Heart Parish Center on Saturday, March 14, from 1:30pm - 3:30pm. Cake & refreshments will be served.

Items Needed: Our CCW requests the following items to be used for leftovers at funeral dinners:

- 1) Clean, empty round ice cream containers
- 2) Clean, empty round cool whip containers

If you have any to donate, please bring them to the parish office. Thank you!

SACRED HEART CHURCH & SCHOOL CALENDAR

✝ Parish Event ☺ School Event

Sunday, February 22

- ✝ Confirmation & First Communion Recognition Mass at Sacred Heart 10:30am
- ✝ E.T.C. Effingham Teen Catholics Group in church lower level 4:00pm

Monday, February 23

- ✝ Pray the Healing Rosary in church 9:00am
- ✝ Eucharistic Adoration 9:00am-8:00pm
- ✝ Reconciliation 7:00-8:00pm

Tuesday, February 24

- ✝ Study Group in Narthex 9:15am
- ☺ Boys BB 5th/6th Shamrock Tournament in SHS Gym
- ☺ VB at St. John's Mattoon 6:00pm (C Match 5:15pm)

Wednesday, February 25

- ✝ Pray the Flame of Love Rosary in church 3:30pm
- ✝ SHS & PSR First Reconciliation (grade 2) 6:30pm
- ✝ PSR Classes at Sacred Heart School 6:30pm

Thursday, February 26

- ☺ Gr 7/8 Girls' Prayer Group in church narthex 7:30am
- ☺ Gr 8 Boys' Bible Study in church basement 7:30am
- ☺ Grades 5-8 to Effingham Performance Center
- ☺ Boys BB 5th/6th Shamrock Tournament in SHS Gym
- ✝ Men's Prayer Group in narthex 7:00pm

Friday, February 27

- ✝ Stations of the Cross 8:30am & 5:30pm
- ☺ Boys BB 5th/6th Shamrock Tournament in SHS Gym

Saturday, February 28

- ☺ VB 7th Gr Regionals at Martinsville Jr/Sr High School

----- **SAVE THE DATE** -----

March 14: St. Pat's Bash

March 22: Blood Drive in parish center 9:30-12:30

March 23-25: Lenten Retreat

June 6-12: Totus Tuus

June 27 & 28: Sacred Heart Picnic

Prayer List: Nicole Bishop, Bill Weis, Maria Dolores Ruholl, Tom Palmer, Brenda Harris, Trevor Roy, Stan & Cis Ozenkoski, Mary Jane Behrman, Jackson Gaitros, Jim Hakman, Lori Portz, Anita McKerrow, Jonathon Holland, Sharon Harris, Bill Frese, Mary Broom, Kimberly McDevitt, Thomas Arganbright, George Wood, Donna Feldhake

Names will be kept on our prayer list for 1 month and then removed. If you or your loved one would like to remain on the list for another month, simply call the parish office at 217-347-7177 and we will be happy to renew your name. ♥



Our next Blood Drive will be Sunday, March 22, from 9:30am - 12:30pm in the parish center. Please donate if you can! Saving lives is a rewarding experience. In less than an hour, you'll

know you made a difference in the lives of patients and their families. As a reward for your giving spirit, donors this March will get their choice of donation to a charity, rewards points, or an e-gift card!

Get your St. Pat's Bash Casino Night tickets today!

The event is Saturday, March 14, at the Effingham Event Center. Enjoy Casino Tables, Live Auction, Silent Auction, 50/50 Drawing, and Gun & Cash Raffle. Tickets are \$50 and include dinner by Ochs Street Smoked Meats and start-up chips for the Casino. Tickets are available in our parish office, online at sheff.org, or via this QR Code:



MASS INTENTIONS

Monday, February 23

8:30am: Nicole Bishop

Tuesday, February 24

8:30am: Living & Deceased Members of the
✝ Jerry Vonderheide Family

Wednesday, February 25

8:30am: Matthew Ritz

Thursday, February 26

8:30am: ✝Rebekah, ✝Louis, & ✝Lelia Volk

Saturday, February 28

4:00pm: Living & Deceased Members of the
✝August Schultz Family

Sunday, March 1

8:30am: For Our Parishioners

10:30am: Richard Bence

5:00pm: La Misa en Español



Lenten Schedule

Join Us Weekly To Deepen Your Faith

Weekday Masses

Monday-Thursday at 8:30am in church

Chaplet of Divine Mercy

Monday-Friday at 3:15pm in church
Saturdays at 3:00pm in church

Mondays

Eucharistic Adoration

9:00am-8:00pm in church

Healing Rosary

9:00am in church

Reconciliation

7:00pm-8:00pm in church

Tuesdays

Luke: The Story of Salvation Fulfilled Study Group

9:15am in church narthex

Wednesdays

Flame of Love Rosary

3:30pm in church

Thursdays

CRUX: Daily Lenten Meditations

Men's Bible Study

7:00pm in church narthex

Fridays

Stations of the Cross

8:30am in church - led by SHS students
5:30pm in church

Join Us For Faith & Fellowship

Wednesday, February 18: Ash Wednesday

Masses 8:30am, 12:10pm, & 6:30pm

Lenten Retreat with Fr. Michael Berndt

"What Can St. Ignatius Teach Us About The Spiritual Life?"

Monday, March 23

6:00pm Soup Social

6:45pm Conference

Tuesday, March 24

6:00pm Soup Social

6:45pm Conference

7:30pm Confession

Wednesday, March 25

6:30pm Mass for the Solemnity of the Annunciation

Living Stations presented by SHS Students

Friday, March 27: 5:30pm in church

Wednesday, April 1: 1:30pm in church

Sunday, March 29: Palm Sunday

Saturday Mass at 4:00pm

Sunday Mass at 8:30am & 10:30am

"Pig Out" Breakfast

Sunday, March 29 (Palm Sunday)

7:00am-Noon in parish center

Thursday, April 2: Holy Thursday

Evening Mass of the Lord's Supper at 6:30pm

Friday, April 3: Good Friday

Stations of the Cross at 12:10pm in church

Chaplet of Divine Mercy 3:00pm in church

Good Friday Liturgy & Veneration of the Cross at 6:30pm in church

Saturday, April 4: Holy Saturday

Blessing of Easter Baskets at 8:30am in the church narthex

Easter Vigil at 8:00pm in church

Sunday, April 5: Easter

Mass at 8:30am & 10:30am

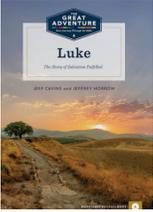
Lenten Event Details

Eucharistic Adoration - 9:00am-8:00pm on Mondays

Join us for Eucharistic Adoration in the church. This is a great time to spend time in quiet prayer and reflection while being in the presence of our Lord.

Study Group - 9:15am on Tuesdays: Luke: The Story of Salvation Fulfilled

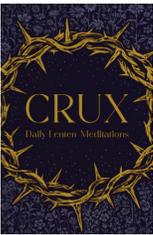
Everyone is welcome to join our morning study group in the church narthex on Tuesdays after 8:30am Mass. This 8-part study will start on Tuesday, February 17, and end on Tuesday, April 7.



Strengthen your prayer life like never before. The Gospel of Luke takes you on a journey that begins with the foretelling of John the Baptist's birth and culminates in Jesus' ascension into Heaven. In *Luke: The Story of Salvation Fulfilled*, you will witness key moments in salvation history including the Annunciation, the Nativity, his public ministry, and Jesus' suffering, death, and glorious Resurrection. There are parables found only in Luke, including the Prodigal Son, the Good Samaritan, and the rich man and Lazarus which show the mercy and compassion that Jesus has for each one of his children.

Men's Bible Study - 7:00pm on Thursdays: CRUX: Daily Lenten Meditations

All men are invited to join the men's bible study in the church narthex on Thursday evenings. This Lenten devotional will start on Thursday, February 19.



Join Fr. Columba Jordan, CFR, for daily Lenten meditations that will help you learn to rely on God's strength. Rooted in the Crux program's holistic balance of body and soul, the *Crux: Daily Lenten Meditations* devotional offers daily reflections and Scripture passages to help you pray, meditate, and surrender yourself to God. You will read through the entirety of the Gospel of Mark, reflecting on your identity as God's beloved child, and you'll respond through prayer and practical action. *Crux* helps you unite the physical and spiritual disciplines of fasting, exercise, Scripture reading, and a daily Examen into one transformative Lenten experience that will lead you closer to Christ.

Stations of the Cross - 8:30am & 5:30pm on Fridays

Join us for Stations of the Cross in the church each Friday. This is a great time to pause and remember the suffering and sacrifice Jesus gave for each one of us. We will go through each of the stations leading up to the crucifixion, death, and ultimately, the resurrection of our Savior, Jesus Christ.

Living Stations - Friday, March 27 & Wednesday, April 1

Hopefully you have attended Stations of the Cross at some point in your life... but have you experienced our *Living* Stations of the Cross? Presented by Sacred Heart School seventh-grade students, our Living Stations is a truly moving experience that brings the Passion of Christ to life. Students read and act out the Stations, creating a visual reminder of what Jesus endured so that we might have eternal life. Being able to SEE and HEAR the Stations creates a spirit-filled experience, sure to prepare your heart for Holy Week. We invite you to join us for one or both of our Living Stations! It is a spiritually moving experience and a very special Sacred Heart tradition.

Lenten Retreat - March 23-25

Come enjoy food, fellowship, and spiritual growth at our Lenten Retreat, led by Fr. Michael Berndt. This is a great opportunity to turn our hearts back to God, purify our souls, and prepare for the celebration of Christ's resurrection.

Lenten Regulations

All the faithful are urged to develop and maintain a voluntary program of self-denial (in addition to the Lenten regulations that follow), serious prayer, and performing deeds of charity and mercy, including the giving of alms.

- 1. Abstinence** – Everyone 14 years of age and over should abstain from meat on Ash Wednesday and all Fridays of Lent.
- 2. Fast** – Everyone 18 years of age and under 59 should fast on Ash Wednesday and Good Friday. On these two days of fast and abstinence, only one full meatless meal is permitted. Two other meatless meals, sufficient to maintain strength may be taken according to each person's needs, but together these two should not equal another full meal. Eating between meals is not permitted, but liquids (including milk and fruit juices) are allowed.

Please join us during Lent, or any time! Call the parish office at 217-347-7177 with any questions or for more information.



The Effingham Knights of Columbus made a \$5,000 donation to Sacred Heart School's Annual Fund. Sacred Heart's Billi Jansen received the check from Past Grand Knight Bob Utz. We sincerely thank the Knights of Columbus for their support!

Join us for the Springfield March for Life on Thursday, March 19!

- ⇒ 7:30am: Leave Effingham Event Center on charter bus, \$20 each
- ⇒ 10:00am: Mass with Bishop Paprocki at Sangamon Auditorium
- ⇒ Eat sack lunch
- ⇒ 12:00 noon: Rally, Speakers, March at the Capitol
- ⇒ 3:00pm: Depart for Effingham
- ⇒ 5:00pm: Arrive at Effingham Event Center

For info and registration papers, call Diann Ruholl at 217-663-2056 or email dcruholl@hotmail.com.

Join Fr. Dean Probst and Fr. Charles Delano on a trip to the Holy Land, visiting the area of the Sea of Galilee, Nazareth, Bethlehem and Jerusalem. Enjoy celebrating Masses and Prayer Services at the places of Jesus' birth, preaching, miracles and crucifixion and resurrection. Cost is \$4,099/person from St. Louis airport. Contact Fr. Dean at 217-494-6326 or email rdprobst@gmail.com for brochure.

Our Stewardship of Treasure

Date	Weekend Collection	Budgeted Amount	Difference
Jan. 25	\$19,022.00	\$12,880.00	+\$6,142.00
Feb. 1	\$21,818.12	\$12,880.00	+\$8,938.12
Feb. 8	\$10,592.00	\$12,880.00	(\$2,288.00)
Feb. 15	\$14,198.00	\$12,880.00	+\$1,318.00

Thank you for your generosity and support!

“As each has received a gift, use it to serve one another, as good stewards of God’s varied grace.” (1Peter 4:10)

Ways to continue supporting Sacred Heart Parish:

- In Person:** Place donation in the offertory basket at Mass or slip it through the parish drop box.
- Online:** <https://pushpay.com/g/sacredhearteffingham>
- Mail:** 405 S. Henrietta Street, Effingham, IL 62401

Attention 2026 Catholic Female High School Graduates!

The mission of the Springfield in IL Diocesan Council of Catholic Women (SDCCW) is to support and empower all Catholic women in spirituality, leadership, and service. The SDCCW is pleased to award a \$2,000 scholarship to four Catholic HS female graduates in the Springfield Diocese of IL. The deadline to apply is April 15, 2026. Applications are available at the Sacred Heart parish office or email Rita Devore: r_devore01@hotmail.com

We have several available Mass intentions in the month of March. To schedule a Mass intention, please stop by the parish office or call 217-347-7177.

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