



SACRED HEART

Catholic Parish

**Third Sunday
In Ordinary Time
January 21, 2024**



Sacred Heart Church
Fr. Michal Rosa, Pastor
405 South Henrietta St.
Effingham, IL 62401
Phone: 217.347.7177
Fax: 217.347.0728
shchurch@sheff.org

A note from Fr. Michal...

Many of you have asked about the prayer that I have been reciting after Communion. The time after receiving Jesus in our hearts is the perfect time to reflect in peaceful prayer. The Anima Christi is the prayer that I have chosen to pray during this time. Please join me in this prayer. The prayer is shown here.

Anima Christi

*Soul of Christ, sanctify me
Body of Christ, save me
Blood of Christ, inebriate me
Water from the side of Christ, wash me
Passion of Christ, strengthen me
O good Jesus, hear me
Within your wounds hide me
Separated from you, let me never be
From the evil one protect me
At the hour of my death, call me
And close to you bid me
That with your saints, I may be,
praising you forever and ever.
Amen.*



Sacred Heart School
407 South Henrietta St.
Effingham, IL 62401
Phone: 217.342.4060
Fax: 217.342.9251
shschool@sheff.org



Priority preschool enrollment is now open for Sacred Heart parishioners and current Sacred Heart School families. Preschool enrollment packets will be sent to parishioners with preschool-age children this week.

If you plan to send your child to our preschool next year, please submit your completed enrollment form and registration payments as soon as possible to secure your spot in the class. Our preschool program fills up quickly, so we encourage you to enroll right away. The Sacred Heart priority enrollment period will end on February 20. After that time, you will no longer be guaranteed a spot in the class, and enrollment will open up to the general public and our growing wait list. If you are a parishioner with a preschool-age child and you do not receive an enrollment packet, or if you have any questions about enrollment, please contact Andrea Wright at 217-347-7177 or a.wright@sheff.org.

Sacred Heart School is hosting an Open House for preschool students and new/prospective K-8 students on Tuesday, February 20 from 5:30-7:00pm. Please come and check it out! Also, please spread the word to your family and friends who might be interested.

Catholic Schools Week is January 28-February 3, with a special kickoff Mass on Sunday, January 28, at 10:30am. SHS students will lead the ministries. Please join us as we celebrate Catholic schools and our Shamrock family! All SHS alumni and students in grades 4-8 are invited to sing in the choir. If singing in the choir, please arrive by 10:15am.



Visit www.sheff.org
to learn more about our parish.

During a life emergency, while offices
are closed, please contact
217.703.1042 to reach a priest.

Welcome to Sacred Heart - we're glad that you're here!

SACRED HEART SCHOOL CALENDAR

Saturday, January 20-Thursday, January 25

Boys' 7th Grade BB Regionals TBA

Tuesday, January 23

5th/6th BB Home vs. Altamont 6:00pm;

VB at St. Peter Lutheran 6:00pm, C match at 5:15pm

Thursday, January 25

Boys' 5th/6th BB at South Central 6:00pm

Saturday, January 27-Thursday, February 1

Boys' 8th Grade BB Regionals TBA

Sunday, January 28-Saturday, February 3

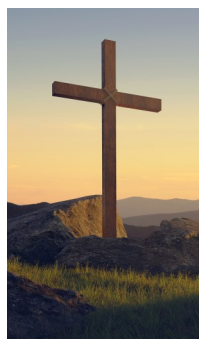
Catholic Schools Week

Study Group Updates

This Tuesday our **morning study group** is starting their book study of *Jesus: The Way, The Truth, The Life* by Jeff Cavins and Ed Sri. It is a 10 week series with a 30 minute video and discussion each week. They meet in the narthex following the Tuesday 8:30am Mass. Everyone is welcome!


The **evening study group** will start *A Biblical Walk Through the Mass* on Tuesday, February 27. This will be a 5 week series with a 30 minute video and discussion each week.

Our **men's group** meets on Thursday evenings at 7:00pm in the narthex. They are finishing up their study of The Beatitudes before starting a Lenten program. All men are invited!



Prayer List

Pat Prichard, Britney (Walters) Chester, Barb Hoefft, Carolyn Ordner, Tom Hewing, Bill Foreman, Jackson Gaitros, Mindy Reardon, Avery Gardewine Braunecker, Holly Althoff Newburn, Dawson Althoff, Bill Frese, Linda Frese, Sister Pat Thies, Lucinda Herboth

Fr. Michal is hosting a meeting for everyone going on the pilgrimage to Ireland this April.  They will meet on Tuesday, February 6 at 4:00pm in the narthex, and will discuss important information regarding the trip. There are just a few spots left so if you are interested in going, please talk to Fr. Michal after Mass or contact the church office for registration paperwork.

Tickets for the 2024 St. Pat's Bash are available in the parish office! They will also be sold in the narthex following Mass. The event is Saturday, March 16 at the Effingham Event Center. Tickets are \$50 per person. Proceeds benefit Sacred Heart School.

Also, enter for your chance to win a 2023 golf cart or \$7,500 cash! Tickets can be purchased in the parish office, in the narthex following Mass, or online by scanning this QR Code.



SACRED HEART CHURCH CALENDAR

Sunday, January 21

RCIA for Children 9:30am

RCIA 11:30am

Tuesday, January 23

Study Group in church narthex 9:15am

Wednesday, January 24

Choir Practice 5:30pm;

PSR Class in Sacred Heart School 6:30pm

Thursday, January 25

Men's Prayer Group in church narthex 7:00pm

Friday, January 26

Pray the Rosary in the church 9:00am

Saturday, January 27

Seven Sisters Meeting in the narthex 8:30am

SAVE THE DATE

Sunday, February 18: Daddy Daughter Dance

Tuesday, February 20: Sacred Heart School Open House

Sunday, February 25: Mother Son Event

Saturday, March 2: Confirmation & First Communion

Sacred Heart Mass Schedule

Monday, January 22

8:30am: Students and Staff of Sacred Heart School

Tuesday, January 23

8:30am: Living & Deceased Members of the Nick & Mary Jo Althoff Family

Wednesday, January 24

8:30am: †Angela Jansen

Thursday, January 25

8:30am: †Rockney Weber

Friday, January 26

8:30am: †Marlene Nieman

Saturday, January 27

4:00pm: †Louie Weishaar

Sunday, January 28

8:30am: For Our Parishioners

10:30am: †Mary K Wiedman

SACRED HEART PARISH YEAR-END TAX INFORMATION

- Year-end tax information for contributions and donations made to the church will be sent via email on Monday, January 22. A paper copy will also be mailed to you.
- Year-end tax information for SHS K-8 tuition will be sent home with your child (paper form) on Thursday, January 25, 2024.
- Year-end tax information for Clubhouse and preschool were sent via email on Friday, January 19 from m.volk@sheff.org. If it is not in your inbox, please check your junk or spam folders.

The annual Newman Breakfast will be held Sunday, February 4, from 7:00am-Noon at the Teutopolis Banquet Hall. Menu will include all-you-can-eat scrambled eggs, whole hog sausage, biscuits & gravy, hash browns, french toast sticks, cinnamon rolls, coffee, juice & milk. Baked goods will be available for purchase, and chances will be available for raffle items. Proceeds from the breakfast go to the Newman Fund, helping support over 80 Newman Centers which offer college students a chance to gather and practice their faith.

If you would like to make a monetary donation, please make checks payable to "Knights of Columbus - Newman Breakfast". Please mail your donation to Lee & Angie Beckman, 114 W Washington, Effingham, IL 62401.

Donations of raffle items, crafts and baked goods are appreciated. For details, call Kathy Hartke at (217) 821-7076. If you would like to help work this event, please call or text Steve Will (217) 821-2382.

Our Stewardship of Treasure

Sunday, January 14, 2024

Envelopes:	\$ 9,993.00
Loose Collection:	\$ 912.00
Total:	\$ 10,905.00

*"As each has received a gift, use it to serve one another, as good stewards of God's varied grace."
(1Peter 4:10)*

Thank you for sharing your "Treasure" with Sacred Heart Parish

St. Francis Church in Teutopolis is hosting a pro-life Mass at 6:30pm on Monday, January 22. Eucharistic Adoration will begin at 1:00pm in the chapel, with a Rosary at 6:00pm. Eucharistic Exposition and Adoration in the chapel will resume immediately following Mass. Also after Mass, the Mattoon Deanery pro-life meeting will be held in St. Clare Hall adjoining the church.

St. Thomas Catholic Church invites you to their Annual Wine Tasting on Saturday, January 27, at 5:30pm at the Newton KC Hall. Featuring wines from around the world, specialty drinks, and bourbon (Donnewald Distributing Company), as well as delicious food and appetizers (St Thomas Angels). There will be a live auction with drink themed, beautiful handcrafted charcuterie boards.

The Effingham Knights of Columbus Free Throw Contest is Sunday, January 28, at 12:00pm at the St. Anthony High School Enlow Center. ALL boys and girls ages 9-14 (age as of January 1) are invited.



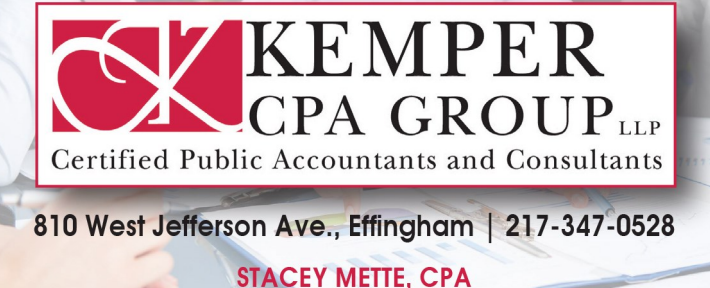
JANSEN'S
Heating & Air
"Your Comfort Specialist"
JansensHeating.com



Andes
Health Mart
PHARMACY
805 W Fayette • Effingham, IL 62401 • Mon-Fri: 7am-6pm • Sat: 8am-1pm
www.andeshealthmart.com • 217-342-9393



Washington
Savings Bank
SUPPORTING OUR COMMUNITIES
SINCE 1883
MEMBER FDIC www.washingtonsavings.net



KEMPER
CPA GROUP LLP
Certified Public Accountants and Consultants
810 West Jefferson Ave., Effingham | 217-347-0528
STACEY METTE, CPA

Wells BUSINESS-HEALTH-HOME-AUTO
Insurance Agency, LLC
2101 S. Banker St.
Effingham, IL
217-342-9777

ShopWithScrip
SCRIP cards available at Sacred Heart Church. Call 347.7177 for more info.

800-728-3283
1400 Niccum Avenue
Effingham Illinois 62401
Crossroads Truck Equipment
crossroadstruckequipment.com

Pinnacle
Livestock Nutrition

Niemerg's
Since 1978

217-342-3921
ONLINE ORDERING
PICK-UP WINDOW

Here with you.
HSHS St. Anthony's Memorial Hospital

Teutopolis AUTOMOTIVE REPAIR
TIRE & AUTO REPAIR
WE DO IT ALL!
217-857-6096
ACROSS FROM THE HIGH SCHOOL
Open Monday thru Friday 7-6, Saturday 7-noon

Culver's
FROZEN BURGERS
BUTTERBURGERS
SCRIP CARDS AVAILABLE

GOECKNER ELECTRIC
342-2065
Compliments of Gary Goeckner

James C. Graham, DPM FACFAS
family foot and ankle care
900 West Temple Avenue • Suite 202 • Effingham, Illinois 62401
(217) 342-2040

TRI-POWER
TOWING & RECOVERY
217-342-6135

Burkland's Florist & Gifts
burklandflorist@gmail.com
311 S. Rinehart St. 217-342-4184
Effingham, IL 62401 www.burklandflorist.com

SWINGLER CONSTRUCTION
General Contractors
www.swinglerconstruction.com
217.857.3110
Since 1946

PATTON Printing & Graphics
902 W. Wabash Ave
Effingham, IL 217-347-0220
www.pattonprinting.com

JOE'S PIZZA & PASTA
115 E. Jefferson Ave.
217.347.JOES (5637)
217.342.9394
www.orderjoes.com

SPRINGFIELD CLINIC
EFFINGHAM
Dr. Tina M. Rozene MD, FAAP
Dr. Jennifer C. Maneja MD
300 N. Maple St.
Effingham, IL 62401

Springfieldclinic
217.342.4151

W.S. Broom & Co.
FURNITURE
EST. 1885

Nuxoll Food Center
1211 S BANKER ST - EFFINGHAM IL 62401
(217) 342-4070
QUALITY MEATS FOR OVER 80 YEARS

Wright's Furniture & Flooring
Dieterich • Taylorville • Robinson
WrightsFurniture.com

Heritage Builders
1016 S. Willow • Effingham, IL 62401 • 217-342-9554

Holiday Inn Express & Suites
IHG ONE REWARDS
1604 W Fayette
217-994-9949
AN IHG HOTEL

DELVIC HEALTH & WELLNESS
Physical Therapy
APRIL RITZ, PT, DPT
217-705-5077 • effinghampelvichealth.com

COUNTRY FINANCIAL
Nick Patton, FSS
Financial Representative
200 N. Main • Altamont
(618) 483-5020

SANITATION SERVICE
The Rubbish Gobbler
-Residential-
-Commercial-
342-3713

Effingham Travel Agency
107 N. Keller Dr. (217) 342-3965

DAN'S GLASS, INC.
811 S Maple St
Effingham, IL 217.342.9363 PH
email: dansgi@dansgi.com
www.dansgi.com

SANDSCHAFFER ELECTRIC INC
347-7326
15421 E. Slate Highway 33/Teutopolis, IL 62467

LUSTIG CUSTOM CABINETS
www.lustigcabinets.com • 217.342.6210

NORTHSHORE EFFINGHAM, IL
FORD-LINCOLN
1312 N. Keller Dr. • 342-3929

KOERNER DISTRIBUTOR, INC.
Fine Wines • Spirits • Malt Beverages
www.koernerdistributor.com
217-347-7113

ARAB Termite & Pest Control, Inc.
1015 S WILLOW ST • EFFINGHAM, IL
Termites, Roaches, Mice
342-5555

Compliments of
EFFINGHAM ASPHALT COMPANY

Visiting Angels
LIVING ASSISTANCE SERVICES
Rose Ruhoff, Owner
120 E Section Ave, Effingham 217.690.4564
www.visitingangels.com rrholl@visitingangels.com

Dan Hecht
CHEVROLET TOYOTA
2400 S. Banker St. • South Rte. 45 • Effingham, IL
217-342-4111 • www.danhecht.com

Kirby foods
100% EMPLOYEE OWNED

DIETERICH BANK
Live for Today. Bank for Tomorrow.
(800)699-9766
DIETERICHBANK.COM

DQ Fan Food
not fast food
Like us on Facebook
217-342-9432

Gentle Care Consultants, LLC
Simplifying Healthcare
Shelly Kuhns, APRN-FPA, CCNS
402 W. Franklin Street | Effingham, IL 62401
217.722.1896 ph | 833.933.0632 fx
shelly@gentlecareconsultants.com
Gentlecareconsultants.com

EFFINGHAM MONUMENT
Alan Koester • Bart Willenborg, owners
www.ffmpegonumentinc.com
217-857-6085

SCHMID AUCTION & REALTY CO.
Trent D. Schmid Auctioneer & Real Estate Broker
Cell: (217) 821-4737 • Teutopolis
217-857-1507 • www.schmidauktion.com

ROY SCHMIDT HONDA
217-342-8600
1705 W. FAYETTE AVE | EFFINGHAM, IL 62401
Experience The Roy Schmidt Difference!

DAN'S GLASS, INC.
811 S Maple St
Effingham, IL 217.342.9363 PH
email: dansgi@dansgi.com
www.dansgi.com

E-ENVIRONMENTAL SOLUTIONS
POWER WASHING • RESTORATION SERVICES
(844) 957-7455
www.e-enviro.com
Johnathon Paholke
Director of Operations
2001 W. National Ave
Effingham, IL 62401
C: 812-248-8093
E: j.paholke@e-enviro.com

WENTE Plumbing & Heating Co., Inc.
Plumbing • Piping • Fire Protection
Effingham, IL (217) 342-2242 info@wenteplumbing.com

Johnson FUNERAL HOME
Serving the Effingham Area Since 1870
217-342-2215
johnsonandsonsfh.com
1110 N. 4th St. Effingham

TSB TEUTOPOLIS STATE BANK
Effingham Branch
900 W Jefferson Ave 217.342.2526
www.teutopolisstatebank.com

Sarah Bush Lincoln

Bonutti Clinic
217-342-3400
www.sarahbush.org

Orthopedic Surgery
Sports Medicine
Occupational Medicine
Physical Therapy • MRI
Rock Hartke, owner
ROCK'S Foreign & Domestic Car Repair
Advanced Auto Care
217-536-9166

BARLOW 1107 S. WILLOW ST. EFFINGHAM, IL 62401
LOOK • BROUIN, INC.
(217) 347-9630

Comfort SUITES by CHOICE HOTELS
1310 W. Fayette Ave. POB 1168
Effingham, IL 62401
PH: (217) 342-3151

Fairfield BY MARRIOTT
1111 N. Henrietta Ave Effingham, IL 62401
PH: (217) 540-5454

Bauer Funeral Homes
www.bauerfh.com
Effingham • Teutopolis

Farnsworth GROUP
Engineers | Architects | Surveyors
217.342.5668 | www.f-w.com

THE GLENWOOD
Assisted Living 217-347-8880
www.theglenwoodcommunities.com

Puerto Vallarta
342-3177
3005 S. Banker St.
Effingham, IL 62401

Edward Jones Member SIPC
Trent J Nuxoll
Financial Advisor
212 E Jefferson Suite 2
Effingham, IL 62401-3458
217-500-5020
edwardjones.com

DOUBLE D Signs, Inc.
(217) 857-1662

Effingham TIRE & AUTO Center
Your Hometown Car Care Specialists
1601 W. FAYETTE ROAD
EFFINGHAM, IL 62401
(217) 347-7718

imaginethis! MARKETING GROUP!
thinkcreatedo.com

DUST & SON
AUTO SUPPLIES
EFFINGHAM, ILLINOIS
PHONE 217-342-2147
EQUIPMENT • ACCESSORIES
Conveniently Located at
201 South Banker Street
www.dustandson.com

RE/MAX
Marilyn Purcell
Real Estate Broker
217-273-3775

Holiday Inn
1301 Avenue of Mid America
Effingham, IL
Phone 217-540-7777
Pool - Restaurant
Fitness Center

SDS TECHNOLOGY
217-347-5242 | www.sdstech.net

Gabby Goat
AMERICAN PUB & GRILL
EFFINGHAM, ILLINOIS

CJ Accounting LLC
& 201 W Jefferson Ave.
Effingham, IL 62401
H&R BLOCK
217-347-7797
For all your Business and Accounting needs

SAINT ANTHONY HIGH SCHOOL
STANTHONY.COM

FULL CIRCLE REALTY
DOWNTOWN EFFINGHAM
BRIAN HENNING
Managing Broker/Owner
217-821-3338

I.B.E.W. Local 146
217-877-4604
www.ibew146.com

Edward Jones Member SIPC
Trent J Nuxoll
Financial Advisor
212 E Jefferson Suite 2
Effingham, IL 62401-3458
217-500-5020
edwardjones.com

Effingham BUILDERS SUPPLY
(217)347-0561 • 100 E. EVERGREEN • EFFINGHAM

DOUBLE D Signs, Inc.
(217) 857-1662

Effingham TIRE & AUTO Center
Your Hometown Car Care Specialists
1601 W. FAYETTE ROAD
EFFINGHAM, IL 62401
(217) 347-7718