

# Lenten Retreat

*presented by Msgr. David Hoefler*



**“The Real Presence of Jesus Christ in the Eucharist,  
the Source and Summit of our Faith.”**

**Saturday, April 2 and Sunday, April 3**

*Freedom for the Child of God*

Saturday, April 2 - Mass at 4:00pm

Sunday, April 3 - Masses at 8:30am & 10:30am

**Monday, April 4: Reflection on Holy Thursday**

*The Eucharist at Passover, the Lamb of God and His Sacred Heart*

5:30pm Social in the narthex;

6:30pm Presentation in church;

7-8:00pm Adoration in church

**Tuesday, April 5: Reflection on Good Friday**

*“He was pierced for our offenses, crushed for our sins.” (Isaiah 53:5)*

6:30pm Presentation in church;

7:00pm Private Reconciliation

**Wednesday, April 6: Reflection on the Resurrection**

*“If the son frees you, then you will truly be free.” (Jn 8:36)*

6:30pm Closing Mass;

7:30pm Social in the narthex



**SACRED HEART**  
Catholic Parish



# SACRED HEART

Catholic Parish



**Second Sunday of  
LENT**  
**March 13, 2022**



## Sacred Heart Church Fr. Michal Rosa, Pastor

405 South Henrietta St.  
Effingham, IL 62401  
Phone: 217.347.7177  
Fax: 217.347.0728  
shchurch@sheff.org



## Sacred Heart School

407 South Henrietta St.  
Effingham, IL 62401  
Phone: 217.342.4060  
Fax: 217.342.9251  
shschool@sheff.org

Visit [www.sheff.org](http://www.sheff.org)  
to learn more about our parish.

During a life emergency, while offices  
are closed, please contact  
217.703.1042 to reach a priest.

### *Message from Fr. Michal . . .*

**This past weekend, I traveled with our RCIA to the Rite of Election in Springfield.** It was a very moving ceremony and a special day of celebration. *Please pray for them as they continue their faith journey.*



**This Wednesday, our second grade students will have their First Reconciliation.** Please keep them in your prayers as they continue their studies for Confirmation and First Communion.



**I meet with the servers each month to spend time in prayer, practice/train as servers, build relationships, and expand their Catholic faith!** We're very grateful for our young parishioners who serve in this very special ministry and for their parents who support them. A special thank you to Mrs. Shauna Albert for helping me.

**Our third grade students will enjoy a special retreat on Saturday, March 19.** Both SHS and Sacred Heart PSR students will go on a tour of local churches. First, they will visit St. Anthony Church for a tour with Fr. Michael Berndt, followed by a visit to the St. Anthony Hospital Healing Garden. They will conclude the day at Sacred Heart Church with a 'behind-the-scenes' tour with Fr. Michal. They will finish the morning with snacks and games.

### **I have been asked by several people what we can do for the people of Ukraine.**

After much consideration and prayers, I have reached out to my friend, Fr. Marcin Kokoszka, as to what is needed in the area. He serves as the Economist for the Diocese of Tarnow and lives two & half hours from the border of Ukraine. His Diocese is assisting refugees who are fleeing to Poland. Fr. Marcin will be visiting me next week and I am confident that our donations would reach those in need. There is a box for donations in the narthex and Fr. Marcin will personally oversee the distribution in areas needed. *I urge you to pray for the people of Ukraine, for an end to violence and war, and for the conversion of hearts and minds to work towards peace.*



**Welcome to Sacred Heart - we're glad that you're here!**

# Parish News

## Praying with Body, Mind, and Voice . . .

**Making the Sign of the Cross:** We begin and end Mass by marking ourselves with the Sign of the Cross. Because it was by His death on the Cross that Christ redeemed humankind, we trace the Sign of the Cross on our foreheads, lips, and hearts at the beginning of the Gospel, praying that the Word of God may be always in our minds, on our lips, and in our hearts. The cross reminds us in a physical way of the Paschal Mystery we celebrate: the death and resurrection of our Savior Jesus Christ.

**Bowing:** Bowing signifies reverence, respect, and gratitude. In the Creed, we bow at the words that commemorate the Incarnation. We also bow as a sign of reverence before we receive Communion. The priest and other ministers bow to the altar, a symbol of Christ, when entering or leaving the sanctuary. As a sign of respect and reverence even in our speech, we bow our heads at the name of Jesus, at the mention of the Three Persons of the Trinity, at the name of the Blessed Virgin Mary, and at the name of the saint whose particular feast or memorial is being observed (see GIRM, no 275.)

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**A Biblical Walk Through The Mass will renew your faith and deepen your love for and devotion to the Holy Eucharist.**

The study group is facilitated by Michelle Kruger and will meet in the church following Tuesday morning Mass. It is not too late to join. The cost is \$20 (*payable at the first session*) to cover the expense of materials.

**Life is Messy is a book about putting our lives back together, and allowing ourselves to be put back together, when life doesn't turn out as we expected it to.** The study group will meet on Wednesdays at 12:10pm, in the narthex, and will be facilitated by Billi Jansen. A light soup lunch will be served each week. There is no cost to attend.



### Hallow is a Catholic app?

Download the app at [hallow.com/pray](http://hallow.com/pray) for Catholic prayers, meditations, homilies, reflections and Bible studies. Join the #Pray40 Challenge for a faith-filled Lent.

## Liturgical Ministers for March 19-20, 2022

Ministry	4:00pm Mass	8:30am Mass	10:30am Mass
<b>Sacristan</b>	Carol Rohr / Carol Toney	Jim & Carol Hakman	Leon & Terri Hillyer
<b>Lector</b>	Roy Schmidt	Amy Westjohn	Abbey Nosbisch
<b>EMHC</b>	Joyce Traub Vicki Walker	Bob Lakin Tammy Lakin	Derek Kruger Cindy Rogger
<b>Ushers</b>	Nate Braun Scott Braun Greg Campos Bob Utz, Jr.	Randy Haarmann Fred Jansen Mark Krietemeyer Steve Swingler	Mike Dow Heath Houck Jonathon Zerrusen Tony Zerrusen
<b>Greeter</b>	Mel & Elaine Stock	Brian & Erin Swingler	<b>Needed</b>
<b>Gift Bearers</b>	Sarah Dirks Family	Doug Robinson Family	Billi Jansen Family
<b>Servers</b>	Page B. / Jonathan B. Asha W.	Madeline G. / Olivia G. Logan M. / Hayden B.	Tyler J. / Joshua J. Brady W. / Miley W. / Jack G.



# Parish News

The Sunday 8:30am Mass and weekday Masses are being live streamed at  
<https://www.facebook.com/SacredHeartCatholicParishEffinghamIL/>  
 and on our YouTube page: "Sacred Heart Effingham".

## ~ Prayer List ~

Doug Althoff, Wendy Althoff Donoghue,  
 Rita Yocum, Jackson Gaitros,  
 Rachel Bushue, Adam Wiedman



## Sacred Heart Church Weekend Masses

Saturday Vigil: 4:00pm; Sunday: 8:30am and 10:30am  
 7:00pm (Misa en Español)

## Reconciliation

3:00pm on Saturday and 30 minutes prior to weekday  
 Masses or by appointment



**Our Young Hearts Potluck will be on  
 Tuesday, March 15, at noon, in the Sacred  
 Heart Parish Center.** Meat will be furnished,  
 so please bring a side dish or dessert. *Please  
 join us for lunch and fellowship!*

**In your March envelope packet is an  
 envelope for "Easter Flowers".** A  
 special dedication page will be  
 included in the Easter bulletin listing  
 all of the flower memorials.

## Sacred Heart Parish Calendar

### Monday, March 14

7:00pm: Adoration & Reconciliation  
 @ Sacred Heart Church

### Tuesday, March 15

9:15am: "A Biblical Walk through the Mass" Bible Study  
 @ Sacred Heart narthex  
 12:00pm: Young Hearts Potluck @ S. H. Parish Center

### Wednesday, March 16

12:10pm: "Life is Messy" study group @ Church narthex  
 6:30pm: PSR Classes @ Sacred Heart School  
 6:30pm: First Reconciliation @ Sacred Heart Church

### Friday, March 18

4:30-7:00pm: No Fish-Fish Fry (Drive-Thru)  
 @ Sacred Heart Parish Center  
 5:30pm: Stations of the Cross @ Sacred Heart Church

### Saturday, March 19

Third Grade Retreat

### Sunday, March 20

12:30pm: Mother-Son Boots & Beauties Dance  
 @ Effingham Event Center

## Readings for the Week

**Monday, March 14:** Dn 9:4b-10; Lk 6:36-38

**Tuesday, March 15:** Is 1:10, 16-20; Mt 23:1-12

**Wednesday, March 16:** Jer 18:18-20; Mt 20:17-28

**Thursday, March 17:** Jer 17:5-10; Lk 16:19-31

**Friday, March 18:** Gn 37:3-4, 12-13a, 17b-28a;  
 Mt 21:33-43, 45-46

**Saturday, March 19:** 2 Sm 7:4-5a, 12-14a, 16;  
 Rom 4:13, 16-18, 22; Mt 1:16, 18-21, 24a; Lk 2:41-51a

**Sunday, March 20:** Ex 3:1-8a, 13-15; 1 Cor 10:1-6,  
 10-12; Lk 13:1-9

## Sacred Heart Mass Schedule

### Monday, March 14

**8:30am:** †Alice M. Bailey, Living & Deceased Members of  
 the †Audrey Gress Family

### Tuesday, March 15

**8:30am:** †Richard & †Madelyn Koester

### Wednesday, March 16

**8:30am: NO MASS**

### Thursday, March 17

**8:30am:** †Bob Buening

### Friday, March 18

**9:30am:** Grandparents Day Mass

### Saturday, March 19

**4:00pm:** For Our Parishioners

### Sunday, March 20

**8:30am:** †Frank Koester

**10:30am:** †Gene & †Zita Reis

**7:00pm Spanish Mass:** In Thanksgiving

## Sacred Heart Council of Catholic Women

**Annual Salad Supper will be held on  
 Tuesday, April 12, 2022, at 6:00pm,  
 at the Sacred Heart Parish Center.**

St. Anthony & St. Mary's CCW ladies  
 will be our special guests.

*All ladies of the parish are invited and  
 encouraged to bring a friend.*



# Sacred Heart Parish



**BLOODCENTER.ORG**

Sacred Heart Parish is hosting a Blood Drive on Monday, March 21, from 11:00am to 4:00pm, at the Effingham Event Center, 1501 W. Fayette Ave Banquet Room, Effingham. There is an urgent need for all donations & blood types especially Type O, AB and all types for platelets. Face masks and appointments are required. To sign up for an appointment, go to bloodcenter.org and follow the prompts to locate our blood drive. If you prefer, call the church office at 217.347.7177 and we can register you.

*Giving blood takes about an hour,  
and the difference it makes  
can last a lifetime!*



**Friday, March 18 • 4:30-7:00pm**



### Menu Options

1. 8" Cheese Pizza w/ Salad -- \$9
2. Red Pasta w/ Salad and Breadstick -- \$9
3. White Pasta w/ Salad and Breadstick -- \$9
4. Breadsticks (4) w/ Marinara Sauce -- \$6  
(Special thanks to Joe's Pizza!)



### iPad Raffle!

Win an iPad! Tickets are only \$10 each!  
Drawing will be held following the No Fish, Fish Fry on Friday, March 18, 2022.  
Tickets available at Sacred Heart School or at the Drive-Thru event.  
Need not be present to win.



SACRED HEART  
Catholic School

All proceeds benefit Sacred Heart School 2022 Space Camp Trip

**407 S. Henrietta | Effingham**

Enter from Raney Street (by Effingham Event Center) and  
pull through Sacred Heart parking lot (follow signs).

[www.sheff.org](http://www.sheff.org) | 217.342.4060

Sacred Heart and St. Anthony Parishes Present:  
The 12th Annual

## Daddy Daughter Dance

Girls in grades preschool-8 are invited  
to come spend the afternoon with  
Dad or Special Guest!

Enjoy dancing, dessert, pictures, and fun!  
Event is open to all Sacred Heart and St. Anthony families.

Questions? Please contact:

Audra Haarman:  
217.821.8829 or haarman\_2007family@yahoo.com  
Mallory Weber:  
217.821.9980 or malrich86@hotmail.com

**Sunday, March 13**  
Effingham Event Center  
12:00-1:00pm: Pictures  
1:00-3:00pm: Dance  
\$5.00 Per Person

Return to school or church office with payment by Thursday, March 10.

The price increases to \$10.00/person after March 10.  
Please note: no refunds will be given in the event a  
registrant cannot attend. If you register after the  
deadline, wristlets may not be available for purchase.

I would like a flower wristlet for my daughter (\$7.00).  
\* Each wristlet includes a white flower with greenery  
and a ribbon. Please include your payment, and  
your wristlet will be delivered to the dance.

Girl's Name: \_\_\_\_\_  
Dad's/Guest's Name: \_\_\_\_\_  
Parish: \_\_\_\_\_

Name: \_\_\_\_\_  
Phone: \_\_\_\_\_  
#Attending: \_\_\_\_\_ (x \$5.00) = \_\_\_\_\_  
Total for Flowers: \_\_\_\_\_  
Total Amt. Enclosed: \_\_\_\_\_  
Please make checks payable to Sacred Heart Parish.  
\_\_\_\_\_. YES, I can help by sending 1 dozen cookies / treats  
to the dance w/my daughter.  
OR  
\_\_\_\_\_. YES, I can help by sending a small fruit tray to the  
dance w/my daughter.



Sacred Heart and St. Anthony Parishes Present:

## Boots & Beauties



**Sunday, March 20, 2022**  
Effingham Event Center

For moms & their boys in PreK-5th Grade.  
Round up your western attire and join us  
for an afternoon mother & son "date"!

12:30-1:15pm: Pictures  
1:00-3:00pm: Western-Themed  
Activities & Music  
Refreshments will be served.

Entry fee prior to March 17: \$15 per couple; \$5 for each additional son  
Entry fee after March 17: \$25 per couple  
Entry fee is non-refundable unless event is canceled by the parishes.

Questions? Contact Michele Jensen: 217-663-0558 / mni6599@yahoo.com - or - Jill Schultz: 217-821-4254 / jillschultz@gmail.com

Name of Mom: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Name of Son(s): \_\_\_\_\_

Return form and payment to school or church  
office by \_\_\_\_\_.

Total Amt. Enclosed: \_\_\_\_\_  
Please make checks payable to Sacred Heart Parish.

\_\_\_\_\_. YES, I can help by bringing 1 dozen cookies /  
treats to the event.  
\_\_\_\_\_. YES, I can help by bringing a small fruit tray  
to the event.

Daddy Daughter Dance & Boots & Beauties registration forms are available on the counter in the narthex.

# Sacred Heart School



**Current SHS families, mark your calendars for Tuesday, March 15.** We are planning a SHS Family Night featuring artwork and special projects by our K-8 students. This will be your chance to come see your child's classroom and check out all the exciting things they have been working on! The Family Night will be 5:30pm-6:30pm.

**We will celebrate Grandparents Day on Friday, March 18!** All grandparents (or special friends) are invited to join us for an all-school Mass at 9:30am. Following Mass, grandparents of our students in grades K-3 are invited to join us at school for a few activities in the classrooms and then a short program in the gym. That is a noon dismissal day and students can leave with their grandparents following the program.

**Our students and staff will be participating in 'Lent Madness' (imagine a saintly version of March Madness).** Who will win the 'Golden Halo'? The format is straightforward: 32 saints are placed into a tournament-like single elimination bracket. Each pairing remains open for a set period of time and people vote for their favorite saint. 16 saints make it to the 'Round of the Saintly Sixteen'; eight advance to the 'Round of the Elate Eight'; four make it to the 'Faithful Four'; two to the 'Championship'; and the winner is awarded the coveted 'Golden Halo'. Anyone can get in on the fun too by voting and/or following along at [www.lentmadness.org](http://www.lentmadness.org). It should be a fun and exciting way to learn more about the saints, grow in our faith, and prepare for the celebration of Easter.

**Congratulations to our fifth and sixth grade basketball teams who both won first place in the Shamrock Basketball Tournament.**



**Way to go Shamrocks!**

## School News . . .

**Enrollment is officially open for preschool-grade 8.** If you or someone you know is interested in Sacred Heart School, please contact Andrea Wright at 217.347.7177. Our Tuesday/Thursday preschool still has openings. If you are considering SHS preschool, please submit your enrollment paperwork as soon as possible.



**Please pray for our second grade students who will receive their First Reconciliation this Wednesday.**

**We have many things planned at school to make this Lenten season especially meaningful.**

We will have school-wide Stations of the Cross each week during Lent. Parents/grandparents/friends are welcome to join us! Each class will take a turn leading.

**Stations are at 8:30am in the church.**

- ♣ Wednesday, March 16 - Grade 5
- ♣ Friday, March 25 - Grade 4
- ♣ Friday, April 1 - Grade 3
- ♣ Friday, April 8 - Grade 2

**Our Living Stations will be performed by our seventh grade students on Wednesday, April 13, at 10:45am.**

This is a very impactful and special presentation of the Stations of the Cross, with our seventh grade students acting out the parts of the Stations. *Everyone is welcome!*

## Sacred Heart School Calendar

### Monday, March 14

4:00pm: Scholar Bowl @ Effingham Junior High School

### Tuesday, March 15

5:30pm: SHS Family Night @ Sacred Heart School

### Wednesday, March 16

8:30am: Stations of the Cross @ Sacred Heart Church

6:30pm: First Reconciliation @ Sacred Heart Church

### Thursday, March 17

8:30am: Bob Tartar's Animal Show @ SHS

### Friday, March 18

9:30am: Grandparents Mass @ Sacred Heart Church

12:00pm: Dismissal (no lunch served) Clubhouse open

4:30pm-7:00pm: Drive-Thru No Fish-Fish Fry  
@ Sacred Heart Parish Center

### Saturday, March 19

8:45am: Third Grade Retreat

### Sunday, March 20

12:30pm: Boots & Beauties Mother-Son Dance  
@ Effingham Event Center



# Community News

**Teutopolis Knights of Columbus are hosting a Fish Fry in their banquet hall every Friday through Good Friday, from 5:00pm to 7:30pm.** Menu is fish, shrimp, baked potato, hush puppies, and cole slaw.

**FREE Children's Orthopedic Clinic by Dr. Timothy Gray, at Sarah Bush Bonutti Orthopedic Clinic, Effingham, on Thursday, March 17, starting at 8:00am.**



Please call 1-800-272-0074 between 9:00am to 4:00pm (Monday to Friday) to make an appointment (required). Sponsored by Illinois Elks Children's Care Corp. & Effingham Elks Lodge 1016.



**Family Life Center and Silk Purse is expanding to Newton.** Their first "Moving forward in HOPE" event will be a Breakfast Fundraiser on March 19, from 7:30am to 10:30am, at the St. Thomas Parish Center in Newton.

**St. Isidore Parish Spring Breakfast will be Sunday, March 20, from 7:00am to 12:00pm, in the St. Aloysius Hall, Bishop Creek.** Menu is whole hog sausage, ham, eggs, pancakes, breads, and drink. There will be a country store, raffle items, and mystery boxes.



**COUNTRY RHODES St. Mary's Catholic Church is hosting a Pulled Pork Fundraiser on Sunday, March 27, from 4:00pm to 7:00pm, at the Shumway Kluthe Center.** Menu is all you can eat pulled pork, chicken tenders, hush puppies, steak fries, coleslaw, baked beans, potato salad, and applesauce. Adults/carry out: \$12; Kids 12 & under: \$8. For tickets contact: Leslie Kemme at 217.821.3399.

June 27 - July 5, 2022

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[jp2project.org/come-see-pilgrimage](http://jp2project.org/come-see-pilgrimage)

**Our Sorrowful Mother's Ministry in Vandalia, IL, will be hosting a retreat on the afternoon of March 18 and all day on March 19.** The topic will be suffering. Father Joseph Kuhlman will walk us through the Five Sorrowful Mysteries as they apply to our lives. Jeannie Ewing, the author of "From Grief to Grace", will speak on the transfiguration of suffering and grieving with Mary. Go to [osmm.org](http://osmm.org) to register and for the full agenda on their website or contact Karla Slifer at 217.690.5282.

**The Deanery Prayer Vigil for Life will be held at Sacred Heart Lillyville on Monday, March 21.**



Praying the rosary will begin at 6:00pm. Fr. Sunder Ery will be celebrant for the 6:30pm Mass. The business meeting will follow in the parish hall.



**The Springfield Diocesan Council of Catholic Women (SDCCW) is sponsoring a Lenten Retreat "Life's journey—Why is God so important?" on March 29-30 at the Villa**

**Maria Retreat and Conference Center, 1903 East Lake Shore Drive in Springfield.** The retreat begins with registration and a light breakfast at 9:00am on March 29 and concludes after lunch on March 30. Retreat costs include meals, refreshments, retreat master, retreat materials, and use of the facility. The cost for an overnight stay, double occupancy is \$90. An overnight stay, single occupancy is \$110, or for commuters it is \$70. Registration is due by March 22 and payment can be made to S.D.C.C.W. Registration forms are available on the counter under the tv in the narthex.

**DeColores Weekends:** Enjoy a 3 day-3 night retreat at Camp Walter Scott, Effingham. The weekend is filled with talks from religious and lay persons, Mass each day, Stations of the Cross, Reconciliation, and fellowship.

**Men's Weekend:** Thursday, March 24-Sunday, March 27  
Spiritual Director: Fr. Adam Prichard  
Contact Rob Grupe at 217.821.9583

**Ladies Weekend:** Thursday, March 31-Sunday, April 3  
Spiritual Director: Fr. Michael Berndt  
Contact: Diann Ruholl at 217.663.2056

**Worldwide Marriage Encounter is hosting for an IN-PERSON weekend on March 18-20, at the Villa Maria Catholic Life Center, Springfield, IL.** For more information or to apply, please go to [wwme.org](http://wwme.org), or call Terry & Eric Engholm at 314.649.7317.





## Parish News

**Our Renew & Rejoice campaign ended in December of 2021.** We are grateful for the generosity and support by all of those who gave to and prayed for the campaign. There is approximately \$200,000 funds left over from this project. And, as promised, we want to hear from you on how the excess funds will be utilized. Please contact the parish office or a member of the Restoration Committee (Fr. Michal, Mike Schmitz, Christy Hakman, Judy Luchtefeld, Judy Bergfeld, Marty Stock, Penny Wiedman, Vicki Walker, or Kim Stanfield) with your ideas and suggestions by Friday, April 1. The weekend of April 23/24, our Restoration Committee will speak at all Masses and offer their recommendations based on the feedback received.



**Thank you to everyone who came through our PTA Drive-Thru Fish Fry, and special thanks to all the volunteers who worked at the event.** *Your support means so much—we netted approx. \$3,000!*



**There is an envelope in your March packet for Catholic Charities to assist them with their mission.** *Please give generously.*

Please pick up your family's CRS Rice Bowl from the church narthex and place your donation in the box during Lent. Visit [crsricebowl.org](http://crsricebowl.org) to learn about their mission.



## Financial

### Our Stewardship of Treasure

**Sunday, March 6, 2022**

Envelopes:	\$ 10,882.00
Loose Collection:	\$ 864.00
<b>Total:</b>	<b>\$ 11,746.00</b>

*"As each has received a gift, use it to serve one another, as good stewards of God's varied grace."  
(1Peter 4:10)*

**Thank you for sharing your "Treasure" with Sacred Heart Parish**

### Effingham K of C. Council 665 Events . . .



**St. Joseph Icon Prayer Service:** Effingham K of C Council 665 is sponsoring a Pilgrim Icon Prayer Service in honor of St. Joseph led by Fr. Flach. The service will be held at the Effingham Event Center on Wednesday, March 16, at 6:30pm. *All are welcome.*

**Join the Knights at the Altar dedicated to the Unborn at St. Anthony Cemetery on Friday, March 25, at 5:30pm, to pray the rosary for all the unborn children and for God's love and healing for those involved in the abortion industry.** In case of inclement weather, it will move to the Effingham Event Center.

**The K of C Youth Council raffle tickets (first prize of \$500 in scrip cards and a second prize of \$250 in scrip cards are available at the Effingham Event Center or on at [effinghamkc.com/youth-activities-raffle/](http://effinghamkc.com/youth-activities-raffle/).** For more information, call Greg Koester at 217.821.7731. Drawing will be Friday, April 1, at 7:00pm.



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**STACEY METTE, CPA**

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