

Welcome!



SACRED HEART
Catholic Parish & School



Fifth Sunday in Lent - March 22, 2026

Fr. Michal Rosa, Pastor

405 South Henrietta Street
Effingham, IL 62401

Phone: 217-347-7177

Email church: shchurch@sheff.org

Email school: shschool@sheff.org

During a life emergency,
while offices are closed, please contact
217-703-1042 to reach a priest.

www.sheff.org



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Masses are live streamed on YouTube

Mass Schedule:

Monday-Thursday 8:30am

Saturday Vigil Mass: 4:00pm

Sunday Masses: 8:30 & 10:30am,

La Misa en Español 5:00pm el domingo

Reconciliation:

30 minutes before weekday Masses

Saturday: 3:00pm-3:45pm

Liturgy of the Hours:

7:45am Sunday-Friday

Chaplet of Divine Mercy:

3:15pm Monday-Friday

3:00pm Saturday

Pray the Rosary:

Healing: Mondays at 9:00am

Flame of Love: Wednesdays at 3:30pm

Eucharistic Adoration:

Monthly on First Monday

9:00am-8:00pm

Reconciliation 7:00-8:00pm



Help us save lives TODAY!!!

Sacred Heart Church Blood Drive

Sunday, March 22 from 9:30 am - 12:30 pm

Donate in the Parish Center

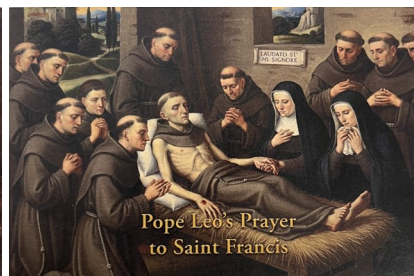
Saving lives is a rewarding experience. In less than an hour, you'll know you made a difference in the lives of patients and their families. As a reward for your giving spirit, donors this March will get their choice of donation to a charity, rewards points, or an e-gift card!

Join us this week for our Lenten Retreat! It will be a great time to gain spiritual wisdom and grow in your faith. Details are available on page 5.

Please join us next weekend to celebrate Palm Sunday!

Incense: Our Saturday 4:00pm and Sunday 10:30am Masses will both have incense. However, our Sunday 8:30am Mass will be incense-free.

Procession: All of our Palm Sunday Masses will start with a procession from the narthex into the church in remembrance of Jesus' entry into Jerusalem prior to His crucifixion and resurrection. Everyone is invited to join Fr. Michal in this special procession.



Special Year of St. Francis Pilgrimage:

Pope Leo XIV declared a Special Year of St. Francis to mark the 800th anniversary of his

death, running until January 2027. During this time, the faithful can obtain a plenary indulgence by visiting Franciscan churches or praying spiritually if

unable to travel, following the usual conditions of going to Confession, receiving the Eucharist, and praying for the pope's intentions (e.g. one Our Father and Hail Mary). In our diocese, visit St. Francis of Assisi Churches in Teutopolis, Springfield, or Hardin, or St. Francis Adoration Chapel in Alton (home of Sisters of St. Francis of Martyr St. George). *Please grab one of the St Francis prayer cards available in the narthex for more information. There are two cards available: one with a prayer to St. Francis for peace and the other detailing how to obtain the plenary indulgence.*



If you are struggling with the loss of a loved one, please join our grief support group. They

meet every other Friday in the lower level of the parish office. Their next meeting is Friday, March 27, at 9:15am. GriefShare is a safe, welcoming place where people understand the difficult emotions of grief. You'll learn helpful ways of coping with grief, in all its unpredictability—and gain solid support each step of the way.

SACRED HEART CHURCH & SCHOOL CALENDAR

✝ Parish Event ☺ School Event

Sunday, March 22

- ✝ Blood Drive in parish center 9:30-12:30
- ✝ Mother-Son Event at Effingham Event Center 2:45pm
- ✝ E.T.C. Effingham Teen Catholics Group in church lower level 4:00pm

Monday, March 23

- ✝ Pray the Healing Rosary in church 9:00am
- ✝ Eucharistic Adoration 9:00am-6:00pm
- ☺ Scholar Bowl at Neoga with North Clay 4:00pm
- ✝ Lenten Retreat Soup Social in narthex 6:00pm
- ✝ Lenten Retreat Conference with Fr. Michael Berndt: *Story of St. Ignatius* 6:45pm

Tuesday, March 24

- ✝ Study Group in Narthex 9:15am
- ☺ Scholar Bowl at Effingham Jr High with Teutopolis 4:00pm
- ✝ Lenten Retreat Soup Social in narthex 6:00pm
- ✝ Lenten Retreat Conference with Fr. Michael Berndt: *St. Ignatius "Rules for Discernment"* 6:45pm
- ✝ Confession 7:30pm

Wednesday, March 25

- ✝ Pray the Flame of Love Rosary in church 3:30pm
- ✝ Mass for the Solemnity of the Annunciation 6:30pm
- ✝ Lenten Retreat Soup Social in narthex 7:30pm

Thursday, March 26

- ☺ Gr 7/8 Girls' Prayer Group in church narthex 7:30am
- ☺ Gr 8 Boys' Bible Study in church basement 7:30am
- ☺ Scholar Bowl at South Central with CHBC 4:00pm
- ✝ Men's Prayer Group in narthex 7:00pm

Friday, March 27

- ✝ Stations of the Cross 8:30am
- ✝ Grief Share Meeting in church basement 9:15am
- ✝ Living Stations of the Cross presented by SHS seventh-grade students 5:30pm

Sunday, March 29

- ☺ "Pig Out" Breakfast in parish center 7:00am-noon
- ✝ E.T.C. Effingham Teen Catholics Group in church lower level 4:00pm

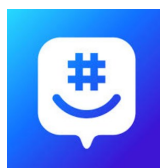
Prayer List: Nicole Bishop, Bill Weis, Maria Dolores Ruholl, Tom Palmer, Brenda Harris, Trevor Roy, Stan & Cis Ozenkoski, Mary Jane Behrman, Jackson Gaitros, Jim Hakman, Lori Portz, Anita McKerrow, Jonathon Holland, Sharon Harris, Bill Frese, Mary Broom, Kimberly McDevitt, George Wood, Donna Feldhake, Theresa Zumbahlen

Names will be kept on our prayer list for 1 month and then removed. If you or your loved one would like to remain on the list for another month, simply call the parish office at 217-347-7177 and we will be happy to renew your name. ♥

PSR classes are canceled on Wednesday, March 25, due to the Mass for the Solemnity of the Annunciation. Please come and join us for Mass!

Come help decorate the church for Easter! Our Art & Environment Committee will be decorating the church for Easter on Saturday, April 4, at 8:30am. Please come help. Women, men, and junior high/high school students are all needed!

If you would like to donate Easter flowers in honor or memory of a loved one, please send in your envelope and list of names by Monday, March 30



Easter is approaching quickly! If you participate in Mass ministries, please check your ministry GroupMe and sign up for Holy Week and Easter Vigil ministries. Thank you!

MASS INTENTIONS

Monday, March 23

8:30am: †Kathy Fehrenbacher

Tuesday, March 24

8:30am: †Elizabeth & †Steve Dudra and †George Pastor

Wednesday, March 25

8:30am: Joanne Jenson Family
6:30pm: For Our Parishioners

Thursday, March 26

8:30am: †Madonna Goeckner

Saturday, March 28

4:00pm: †Dennis Willenborg

Sunday, March 29

8:30am: For Our Parishioners
10:30am: Living & Deceased Members of the †Jerry Vonderheide Family
5:00pm: La Misa en Español

In the coming weeks, we will have many opportunities for incense at Mass. If you have a sensitivity to incense, please keep these dates in mind:

March 25: Solemnity of the Annunciation of the Lord

- * 8:30am & 6:30pm Masses—Incense

March 28 & 29: Palm Sunday

- * 4:00pm Saturday Mass—Incense
- * 8:30am Sunday Mass—No Incense
- * 10:30am Sunday Mass—Incense

April 2-5: Holy Week

- * Holy Thursday Mass 6:30pm—Incense
- * Good Friday Liturgy 6:30pm—No Incense
- * Saturday Easter Vigil 8:00pm—Incense
- * Easter Sunday 8:30am Mass—Incense
- * Easter Sunday 10:30am Mass—No Incense

We invite you to join us for Living Stations of the Cross! Presented by Sacred Heart School seventh-grade students, our Living Stations is a truly moving experience that brings the Passion of Christ to life. It is a beautiful visual reminder of what Jesus endured so that we might have eternal life.

Friday, March 27 at 5:30pm in church
Wednesday, April 1 at 1:30pm in church

The next CCW meeting is Tuesday, April 7, at 6:00pm. This is our annual salad supper and we will be hosting Saint Anthony and St. Mary's Shumway. The program will be presented by Vicki Walker, sharing her bread-baking recipes and talent. A brief meeting will follow. All ladies of the parish are invited! Don't forget to bring a salad dish or dessert to share.

Now Hiring

for the 2026-27 school year

Primary Classroom Teacher

- Applicants should have high energy and a passion for education and children.
- Applicants should demonstrate a strong commitment to teaching in a Christ-centered environment and promoting Christian values and development amongst their students.
- This full-time position includes benefits & pension package.
- Please send copy of transcript with letter of interest and resume.

Part-time Music Teacher

- Tuesdays & Thursdays
- Approximately 6-8 hours per week
- Prior experience preferred, but not required

Clubhouse Director

- Part-time position
- Supervise children in our after-school "Clubhouse" program
- Coordinate Clubhouse staff schedules
- Manage Clubhouse program and staff
- Must be 21 years of age or older

Jr High Baseball Coach

- Part-time; season runs August 3 - mid September
- Must have fundamental knowledge of baseball
- Prior experience preferred, but not required
- Must be 18 years of age or older



SACRED HEART
Catholic School

Submit letter of interest & resume to:
Sacred Heart School
Attn: Mrs. Charlotte Habing
407 S. Henrietta St.
Effingham, IL 62401
or email: c.habing@sheff.org

St. Pat's Bash



**Saint
Patrick's
Day**



SACRED HEART
Catholic Parish

Volunteer Appreciation Party

**A way to THANK everyone who
keeps our parish thriving!**

Saturday, April 18, 2026

5:00pm

Effingham Event Center - Meeting Room

A meal will be provided.



SACRED HEART PARISH LENTEN RETREAT

Suscipe Prayer

*Take, Lord, and receive
All my liberty, my memory,
my understanding.
And my entire will.
All that I have and possess.
Thou hast given all to me.
To Thee, O Lord, I return it.
All is Thine.*

*Dispose of it wholly
according to Thy will.
Give me Thy love
and Thy grace,
For this is sufficient for me.
Amen.*



IN THE
CHURCH

EXERCISES FOR THE SOUL

SPIRITUAL WISDOM FROM ST. IGNATIUS OF LOYOLA

Monday March 23rd

6:00pm Soup Social - 6:45pm Conference

The story of St. Ignatius and his writing
of the Spiritual Exercises

Tuesday March 24th

**6:00pm Soup Social - 6:45pm Conference
7:30pm Confession**

Practical wisdom on prayer and his
“Rules for Discernment”

Wednesday March 25th

6:30pm Mass - Soup Social following Mass

with Fr. Michael Berndt



Sunday, March 29

7:00am - Noon

Sacred Heart Parish Center
407 S. Henrietta Street
Effingham

Menu

Whole Hog Sausage, Scrambled Eggs,
Biscuits & Gravy, Pancakes, Fresh Fruit,
Juice, Milk, & Coffee

**Dedicated
Gluten-free Meal
Available!**

*Facilitated by the
Jenson & Zumbahlen
Families*

Large Plate \$12 - Small Plate \$8

“Fill the Pig” Contest

Each SHS classroom has their own ‘Pig’ to fill. These “Pigs” will be available at the breakfast for parents, grandparents, and friends to donate to their favorite class. The winning class gets a popcorn party! The “Fill the Pig” Contest will start Monday, March 16, and end at the Pig Out Breakfast on March 29.



SACRED HEART
Catholic School

All proceeds benefit Sacred Heart School SPA (Shamrock Parent Association).

f **Effingham Catholic Young Adults**

April 14th @ 7pm

HOLY HOUR HAPPY HOUR

for young adults 21-35

Confession available

7pm @ St. Francis
203 E. Main St. Teutopolis

8pm @ Kenter's Tavern
109 E. Main St. Teutopolis

QR Code: GroupMe

Everyone is welcome to attend the Deanery Prayer Vigil for Life to Pray for the Protection of All Life at St. Michael's Church in Sigel on Tuesday, March 24. Praying the rosary will begin at 6:00pm. Fr Hyland Smith will be the celebrant for the 6:30pm Mass. A business meeting will follow in the school gym with refreshments being served while current pro-life issues and events are discussed.

CRS RICE BOWL
CATHOLIC RELIEF SERVICES

Please return Rice Bowls next weekend! We need them all returned before Easter. Lenten alms donated through the CRS Rice Bowls support work in more than 120 countries. Thank you for your generosity and support!

Our Stewardship of Treasure

Date	Weekend Collection	Budgeted Amount	Difference
Feb. 22	\$13,758.22*	\$12,880.00	+\$878.22
Mar. 1	\$22,970.68	\$12,880.00	+\$10,090.68
Mar. 8	\$13,393.00	\$12,880.00	+\$513.00
Mar. 15	\$10,832.12	\$12,880.00	(\$2,047.88)

**Includes Ash Wednesday collections*

Thank you for your generosity and support!

“As each has received a gift, use it to serve one another, as good stewards of God’s varied grace.” (1Peter 4:10)

Ways to continue supporting Sacred Heart Parish:
In Person: Place donation in the offertory basket at Mass or slip it through the parish drop box.
Online: <https://pushpay.com/g/sacredhearteffingham>
Mail: 405 S. Henrietta Street, Effingham, IL 62401

HAM

BINGO



Sunday, March 22, 2026
 Teutopolis Banquet Hall
 Sponsored by the Knights of Columbus 4th Degree.

Door open at 5:00 pm with the first game starting at 6:00 pm.

Food and drinks available.

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