



# SACRED HEART

Catholic Parish



**First Sunday of  
LENT**  
**March 6, 2022**



## Sacred Heart Church Fr. Michal Rosa, Pastor

405 South Henrietta St.  
Effingham, IL 62401  
Phone: 217.347.7177  
Fax: 217.347.0728  
shchurch@sheff.org



## Sacred Heart School

407 South Henrietta St.  
Effingham, IL 62401  
Phone: 217.342.4060  
Fax: 217.342.9251  
shschool@sheff.org

Visit [www.sheff.org](http://www.sheff.org)  
to learn more about our parish.

During a life emergency, while offices  
are closed, please contact  
217.703.1042 to reach a priest.

### *Message from Fr. Michal . . .*

**Lent is a season in which we call to mind Christ's Paschal Mystery in a special way.** It is a time to renew our devotion to the Lord through increased prayer, fasting, and almsgiving. In doing these things, we find ourselves following the Way of the Cross, the path of eternal victory. Sacred Heart Parish is offering many opportunities to make this Lent a very special time to prepare for Easter. I invite you to join us for Adoration & Reconciliation on Mondays at 7:00pm, Stations of the Cross on Fridays at 5:30pm, and study groups at 9:15am on Tuesdays, and at 12:10pm on Wednesdays. Also, mark your calendar for the Lenten Retreat on April 4-6.



**This Sunday, Pierce Borah and Joseph Grupe, along with their families, will participate in the Rite of Election at the Cathedral in Springfield.** Please pray for them as they continue their faith journey to become members of the Catholic church at the Easter vigil.

**Holy water represents the reminder of the waters of Baptism through which we were first joined to Christ.** When we enter a church and place our hand in the holy water font, making the Sign of the Cross, we are recalling our Baptism. We are asking God for purity as we approach the celebration of the sacred mysteries.



The holy water has been blessed by the pastor and is used in baptism and to bless individuals, churches, homes, and articles of devotion. The holy water is reserved in the special baptismal font. At Sacred Heart, the baptismal font is placed in the back of church and easily accessible for all entering and leaving church.



**I urge you to pray for the people of Ukraine, for an end to violence and war, and for the conversion of hearts and minds to faith in the Prince of Peace.** Growing up in Poland, Ukraine is Poland's neighbor three hours away from my parent's house. I am familiar with the areas that are now in the middle of the conflict and I ask you to please pray for them.

**There will be a servers meeting on Monday, March 7, at 6:15pm, in Sacred Heart Church.** All servers are asked to be there. We will be discussing upcoming services and Masses for the Easter Triduum.



**Welcome to Sacred Heart - we're glad that you're here!**

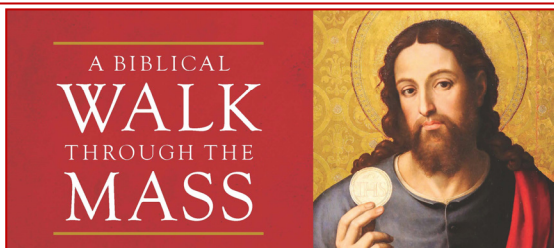
# Parish News

## Praying with Body, Mind, and Voice . . .

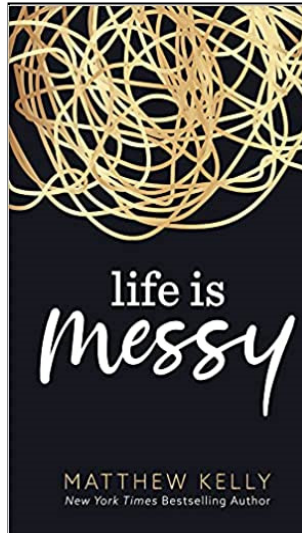
“Silence in the Liturgy allows the community to reflect on what has been heard and experienced, and to open its heart to the mystery celebrated” (*Sing to the Lord, no. 118*). We gather in silence, taking time to separate ourselves from the concerns of the world and enter into the sacred action. We reflect on the readings in silence. We may take time for silent reflection and prayer after Holy Communion. These times of silence are not merely time when nothing happens; rather, they are opportunities for us to enter more deeply in what God is doing in the Mass, and like Mary, to keep “all these things, reflecting on them” in our hearts. (*Lk 2:19*)

**Sitting is the posture of listening and meditation, so the congregation sits for the pre-Gospel readings and the homily and may also sit for the period of meditation following Communion.** All should strive to assume a seated posture during the Mass that is attentive rather than merely at rest.

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**A Biblical Walk Through The Mass will renew your faith and deepen your love for and devotion to the Holy Eucharist.** The study group is facilitated by Michelle Kruger and will meet in the church following Tuesday morning Mass beginning March 8. The cost is \$20 (*payable at the first session*) to cover the expense of materials.



**Life is Messy** is a book about putting our lives back together, and allowing ourselves to be put back together, when life doesn't turn out as we expected it to. The mess of our life is both inevitable and unexpected. The study group will begin on Wednesday, March 9, at 12:10pm, and facilitated by Billi Jansen. The group will meet in the narthex and a light soup lunch will be served each week. Materials were donated by a parishioner; therefore there is no cost to attend.

## Liturgical Ministers for March 12-13, 2022

Ministry	4:00pm Mass	8:30am Mass	10:30am Mass
<b>Sacristan</b>	Carol Rohr / Carol Toney	Jim & Carol Hakman	Leon & Terri Hillyer
<b>Lector</b>	Elaine Vonderheide	Mike Schmitz	Anna Dow
<b>EMHC</b>	Sandy Kreke Marcia Imburgia	Diana Ludwig George Wenthe	Cindy Goddard Derek Kruger
<b>Ushers</b>	Nate Braun Scott Braun Greg Campos Bob Utz, Jr.	Randy Haarmann Fred Jansen Mark Krietemeyer Steve Swingler	Mike Dow Heath Houck Jonathon Zerrusen Tony Zerrusen
<b>Greeter</b>	Cliff & Mary Klein	Steve & Judy Bergfeld	Ron & Cindy Goddard
<b>Gift Bearers</b>	Joyce Traub	Donna Keller Family	Alex Ritz Family
<b>Servers</b>	Dani G. / Aidan G. Matthew V.	Philip G. / Mara G. Gracie H. / William W. Lauren F.	Noah J. / Freddie J. Logan R. / Kaden P.

# Parish News

The Sunday 8:30am Mass and weekday Masses are being live streamed at  
<https://www.facebook.com/SacredHeartCatholicParishEffinghamIL/>  
 and on our YouTube page: "Sacred Heart Effingham".

## ~ Prayer List ~

Declan Robertson, Doug Althoff,  
 Wendy Althoff Donoghue,  
 Rita Yocum, Jackson Gaitros,  
 Rachel Bushue, Adam Wiedman



## Sacred Heart Church Weekend Masses

Saturday Vigil: 4:00pm; Sunday: 8:30am and 10:30am  
 7:00pm (Misa en Español)

### Reconciliation

3:00pm on Saturday and 30 minutes prior to weekday  
 Masses or by appointment

## Sacred Heart Parish Calendar

### Monday, March 7

6:15pm: Servers Meeting @ Sacred Heart Church  
 7:00pm: Adoration & Reconciliation  
 @ Sacred Heart Church

### Tuesday, March 8

9:15am: "A Biblical Walk through the Mass" Bible Study  
 @ Sacred Heart narthex

### Wednesday, March 9

12:10pm: "Life is Messy" study group @ Church narthex  
 6:30pm: PSR Classes @ Sacred Heart School  
 6:30pm: PSR & SHS First Reconciliation Practice  
 @ Sacred Heart Church

### Thursday, March 10

6:30pm: Eucharistic Ministers Meeting  
 @ Sacred Heart Church

### Friday, March 11

5:30pm: Stations of the Cross @ Sacred Heart Church

### Sunday, March 13

12:00pm: Daddy Daughter Dance @ Effingham Event Ctr.



**Our Young Hearts Potluck will be on  
 Tuesday, March 15, at noon, in the  
 Sacred Heart Parish Center.** Meat will  
 be furnished, so please bring a side dish  
 or dessert. *Please join us for lunch and  
 fellowship!*

## Readings for the Week

**Monday, March 7:** Lv 19:1-2, 11-18; Mt 25:31-46

**Tuesday, March 8:** Is 55:10-11; Mt 6:7-15

**Wednesday, March 9:** Jon 3:1-10; Lk 11:29-32

**Thursday, March 10:** Est C:12, 14-16, 23-25; Mt 7:7-12

**Friday, March 11:** Ez 18:21-28; Mt 5:20-26

**Saturday, March 12:** Dt 26:16-19; Mt 5:43-48

**Sunday, March 13:** Gn 15:5-12, 17-18; Phil 3:17-4:1;  
 3:20-4:1; Lk 9:28b-36

## Sacred Heart Mass Schedule

### Monday, March 7

**8:30am:** †Alice Loretta Funneman, †Donnie Hille

### Tuesday, March 8

**8:30am:** †Edwin Mattix

### Wednesday, March 9

**8:30am:** †Darlene Detmer

### Thursday, March 10

**8:30am:** †Andy McKerrow

### Friday, March 11

**No Mass**

### Saturday, March 12

**4:00pm:** †Carol Anne Utz

### Sunday, March 13

**8:30am:** †Leo & †Josephine Ludwig

**10:30am:** For Our Parishioners

**7:00pm Spanish Mass:** †Martha Pickens



**Our Sacred Heart picnic will be June 25-26.**

*They are still looking for a chairperson(s)  
 who would oversee our picnic dinner.* For

more information, contact Bob Utz at 217.994.4140.

If you can donate an item, make a monetary donation, or  
 would like to volunteer to secure  
 donations for the Big Raffle and  
 Junior Raffle for the picnic, please  
 contact Amy Westjohn at  
 amywestjohn@gmail.com or Vicki  
 Wenthe at v.wenthe@sheff.org.

**A special thank you to Marty  
 Stock for building and donating a  
 raffle spinner for our annual  
 picnic and various raffles  
 throughout the year.**





# Sacred Heart Parish



**BLOODCENTER.ORG**

Sacred Heart Parish is hosting a Blood Drive on Monday, March 21, from 11:00am to 4:00pm, at the Effingham Event Center, 1501 W. Fayette Ave Banquet Room, Effingham. There is an urgent need for all donations & blood types especially Type O, AB and all types for platelets. Face masks and appointments are required. To sign up for an appointment, go to bloodcenter.org and follow the prompts to locate our blood drive. If you prefer, call the church office at 217.347.7177 and we can register you.

*Giving blood takes about an hour,  
and the difference it makes  
can last a lifetime!*



**Friday, March 18 • 4:30-7:00pm**



### Menu Options

1. 8" Cheese Pizza w/ Salad -- \$9
2. Red Pasta w/ Salad and Breadstick -- \$9
3. White Pasta w/ Salad and Breadstick -- \$9
4. Breadsticks (4) w/ Marinara Sauce -- \$6  
(Special thanks to Joe's Pizza!)



### iPad Raffle!

Win an iPad! Tickets are only \$10 each!  
Drawing will be held following the No Fish, Fish Fry on Friday, March 18, 2022.  
Tickets available at Sacred Heart School or at the Drive-Thru event.  
Need not be present to win.



SACRED HEART  
Catholic School

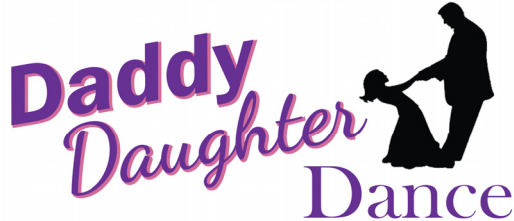
All proceeds benefit Sacred Heart School 2022 Space Camp Trip

**407 S. Henrietta | Effingham**

Enter from Raney Street (by Effingham Event Center) and  
pull through Sacred Heart parking lot (follow signs).

[www.sheff.org](http://www.sheff.org) | 217.342.4060

Sacred Heart and St. Anthony Parishes Present:  
The 12th Annual



Girls in grades preschool-8 are invited  
to come spend the afternoon with  
Dad or Special Guest!

Enjoy dancing, dessert, pictures, and fun!  
Event is open to all Sacred Heart and St. Anthony families.

### Questions? Please contact:

Audra Haarman:  
217.821.8829 or haarman\_2007family@yahoo.com  
Mallory Weber:  
217.821.9980 or malrich86@hotmail.com

Return to school or church office with payment by Thursday, March 10.

The price increases to \$10.00/person after March 10.  
Please note: no refunds will be given in the event a  
registrant cannot attend. If you register after the  
deadline, wristlets may not be available for purchase.

I would like a flower wristlet for my daughter (\$7.00).  
\* Each wristlet includes a white flower with greenery  
and a ribbon. Please include your payment, and  
your wristlet will be delivered to the dance.

Girl's Name: \_\_\_\_\_  
Dad's/Guest's Name: \_\_\_\_\_  
Parish: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

#Attending: \_\_\_\_\_ (x \$5.00) = \_\_\_\_\_

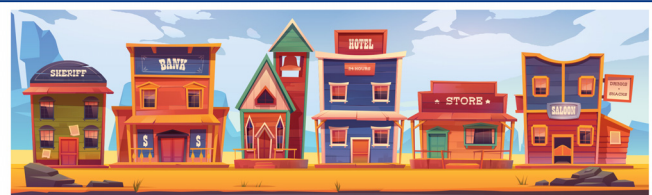
Total for Flowers: \_\_\_\_\_

Total Amt. Enclosed: \_\_\_\_\_

Please make checks payable to Sacred Heart Parish.

YES, I can help by sending 1 dozen cookies / treats  
to the dance w/my daughter.  
OR

YES, I can help by sending a small fruit tray to the  
dance w/my daughter.



Sacred Heart and St. Anthony Parishes Present:

## Boots & Beauties



**Sunday, March 20, 2022**  
Effingham Event Center

For moms & their boys in PreK-5th Grade.  
Round up your western attire and join us  
for an afternoon mother & son "date"!

**12:30-1:15pm: Pictures**  
**1:00-3:00pm: Western-Themed**  
**Activities & Music**  
Refreshments will be served.

Entry fee prior to March 17: \$15 per couple; \$5 for each additional son

Entry fee after March 17: \$25 per couple

Entry fee is non-refundable unless event is canceled by the parishes.

Questions? Contact Michele Jensen: 217-663-0558 / mni6599@yahoo.com - or - Jill Schultz: 217-821-4254 / jillschultz@gmail.com

Name of Mom: \_\_\_\_\_

Phone: \_\_\_\_\_

Name of Son(s): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Total Amt. Enclosed: \_\_\_\_\_

Please make checks payable to Sacred Heart Parish.

Return form and payment to school or church  
office by \_\_\_\_\_.

YES, I can help by bringing 1 dozen cookies /  
treats to the event.

YES, I can help by bringing a small fruit tray  
to the event.

**Daddy Daughter Dance & Boots & Beauties registration forms are available on the counter in the narthex.**



# Sacred Heart School



## Looking for Shamrock spirit wear!?

Check out the cute Shamrock Spirit items at The Beanstalk Boutique here in Effingham! Owner, Sara Ruholl, is one of our school moms and is donating 15% of sales back to the school for all SHS shirts sold between

now and March 10! *Thank you Sara and Beanstalk Boutique! You can order via . . .*

- ♣ Their website at [www.thebeanstalkboutique.com](http://www.thebeanstalkboutique.com). Scroll down to the Sacred Heart Spirit wear section. Select in store pick up.
- ♣ Or, order in the store. You can see sizes, quality, etc. *Store hours are . . .*  
Monday - Thursday 10:00am-5:30pm  
Friday 10:00am-5:00pm  
Saturday 10:00am-1:00pm.

They can personalize a specific sport design upon request. Orders take about 5-10 business days. You will receive a text message when it's ready for pickup at the store. Order sizes toddler thru adult 3xl.



**Special thanks to our PTA for providing funds to our teachers for some special purchases for their classrooms!** Each teacher was able to choose what they wanted within the specified price range. Items included magnetic letters, legos and pop-blocks for kindergarten, a novel reader (provides cool sound effects and other enhancements while reading out loud) for first grade, a new rug in second grade, multiplication popits and classroom novels for third grade, small white boards for fourth grade, novels for fifth grade, online teacher resources and educational supplements for sixth grade, novels and markers for seventh grade, a science supplemental website for eighth grade and our junior high science classes, cardstock and supplies for class projects and bulletin boards for Mrs. West, PE agility/exercise ladders for Mr. Hershey's PE classes! These are great additions to our classrooms! *Thank you PTA!!*

## School News . . .

**Enrollment is officially open for preschool-grade 8.** If you or someone you know is interested in Sacred Heart School, please contact Andrea Wright at 217.347.7177.



**If you are considering SHS preschool, please submit your enrollment paperwork asap as our preschool classes are now open to the public and are filling up quickly.** Our preschool classes are 8-11:15am each day, with two-day and three-day options for 3-and 4-year-olds, and a five-day option for 4-year-olds. Clubhouse is available for all ages until 5:30pm.



## Current SHS families, mark your calendars for Tuesday, March 15.

We are planning a SHS Family Night featuring artwork and special projects by our students. This will be your chance to come see your child's classroom and check out all the exciting things they have been working on! The Family Night will be 5:30pm-6:30pm.

## Sacred Heart School Calendar

### Tuesday, March 8

3:00pm: After-School Art Class @ SHS

### Friday, March 11

8:30am: Stations of the Cross @ Sacred Heart Church

### Sunday, March 13

12:00pm: Daddy Daughter Dance  
@ Effingham Event Ctr

### Tuesday, March 8 to Thursday, March 10

Volleyball 8th Grade Regionals

**Congratulations to Daegan M. and Audrey L. who are advancing on the Free Throw Contest at the Enlow Center at St. Anthony High School on March 13.**  
*Good luck, we are very proud of you!*

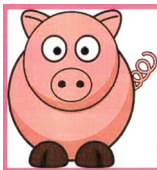


**FREE Children's Orthopedic Clinic by Dr. Timothy Gray, at Sarah Bush Bonutti Orthopedic Clinic, Effingham, on Thursday, March 17, starting at 8:00am.**

Please call 1-800-272-0074 between 9:00am to 4:00pm (Monday to Friday) to make an appointment (required).  
*Sponsored by Illinois Elks Children's Care Corp. & Effingham Elks Lodge 1016.*

# Community News

**St. Michael School, Sigel, is hosting their Swine & Dine Breakfast on Sunday, March 6, from 7:00am to noon.** Enjoy a delicious "all you can eat" breakfast of whole hog sausage, eggs, pancakes, rolls, and drink. Adults: \$10; Children 5-13 & seniors: \$7. There will be a craft store, raffle items, and mystery boxes. All proceeds benefit St. Michael School.



**St. Joseph Icon Prayer Service:** Effingham K of C Council 665 is sponsoring a Pilgrim Icon Prayer Service in honor of St. Joseph led by Fr. Flach. The service will be held at the Effingham Event Center on Wednesday, March 16, at 6:30pm. *All are welcome.*



**Local talent will be performing the play, *Drinking Habits* written by Tom Smith, to benefit Effingham Catholic Charities, on March 10, 11, 12, and 13 at the Ron Diehl Recreation Center at Hendelmeyer Park in Effingham.** Doors open at 6:30pm and curtain rises at 7:30pm. Catholic Bingo begins at 7:00pm. Cost is \$30 per person (*includes wine and snacks*). The Sunday performance will begin at 2:00pm and tickets cost \$20 per person (*wine not included*). Tickets are available at Catholic Charities, [www.cc.dio.org](http://www.cc.dio.org) or call Ron Donsbach at 217.925.5231 or 217.821.2138. For more information, call 217.857.1458.



**The Springfield Diocesan Council of Catholic Women (SDCCW) is sponsoring a Lenten Retreat "Life's journey—Why is God so important?" on March 29-30 at the Villa Maria Retreat and Conference Center, 1903 East Lake**

**Shore Drive in Springfield.** Father Larry Brunette, retired from the Dioceses of Springfield in Illinois and Joliet will facilitate the retreat. The retreat will feature spiritual presentations, prayer, the rosary, confession, fellowship, and the celebration of Mass. The retreat begins with registration and a light breakfast at 9:00am on March 29 and concludes after lunch on March 30. Retreat costs include meals, refreshments, retreat master, retreat materials, and use of the facility. The cost for an overnight stay, double occupancy is \$90. An overnight stay, single occupancy is \$110, or for commuters it is \$70. Registration is due by March 22 and payment can be made to S.D.C.C.W. For additional information and a registration form, send an email to Myrna McKee at [sdccwinil@gmail.com](mailto:sdccwinil@gmail.com). Registration forms are also available on the counter under the tv in the narthex.

**Family Life Center and Silk Purse is expanding to Newton.** Their first "Moving forward in HOPE" event will be a Breakfast Fundraiser on March 19, from 7:30am to 10:30am, at the St. Thomas Parish Center in Newton.



**St. Isidore Parish Spring Breakfast will be Sunday, March 20, from 7:00am to 12:00pm, in the St. Aloysius Hall, Bishop Creek.** Menu is whole hog sausage, ham, eggs, pancakes, breads, and drink. There will be a country store, raffle items, and mystery boxes.



**St. Mary's Catholic Church is hosting a Pulled Pork Fundraiser on Sunday, March 27, from 4:00pm to 7:00pm, at the Shumway Kluthe Center.** Menu is all you can eat pulled pork, chicken tenders, hush puppies, steak fries, coleslaw, baked beans, potato salad, and applesauce. Adults/carry out: \$12; Kids 12 & under: \$8. For tickets contact: Leslie Kemme at 217.821.3399.



**DeColores Weekends:** Enjoy a 3 day-3 night retreat at Camp Walter Scott, Effingham. The weekend is filled with talks from religious and lay persons, Mass each day, Stations of the Cross, Reconciliation, and fellowship.

**Men's Weekend:** Thursday, March 24-Sunday, March 27  
Spiritual Director: Fr. Adam Prichard  
Contact Rob Grupe at 217.821.9583

**Ladies Weekend:** Thursday, March 31-Sunday, April 3  
Spiritual Director: Fr. Michael Berndt  
Contact: Diann Ruholl at 217.663.2056



**Worldwide Marriage Encounter is hosting for IN-PERSON weekend experiences.** For more information or to apply, go to [wwme.org](http://wwme.org), or call Terry & Eric Engholm at 314.649.7317.

*Registration is open for the following dates:*

March 18-20

Villa Maria Catholic Life Center in Springfield, IL

April 1-3

Courtyard Marriott Hotel in St. Peters, MO

**Unit 40 Mentoring Program Trivia Night (sports theme) will be held on Saturday, April 9, at the Effingham Event Center.** Doors open at 6:00pm and trivia starts at 7:00pm. Cost is \$200 for an 8 person team. Sign up at <https://bit.ly/3HHmq2T>.

## Community News

### Scholarships . . .

Quincy University is accepting applications for the Diocesan scholarship. A \$500 Diocesan Scholarship will be awarded to a student who is a member of a parish in the Diocese of Springfield. Applications are due by March 15. Apply at [quincy.edu/apply](http://quincy.edu/apply).



Effingham K of C Council #665 will award up to eight \$500 scholarships this year. Applications are available on the Council's website at [www.effinghamkc.com](http://www.effinghamkc.com). The application form has contact information and instruction on submissions. Applications are due Friday, March 25.

The Springfield in Illinois Diocesan Council of Catholic Women (SDCCW) Female High School Senior Leadership Scholarship. Four \$1,000 scholarships will be awarded. An application, essay, and two letters of recommendations must be sent together and postmarked by April 1. Contact Darlene at the parish office for an application.

A Knights of Columbus Retirement Seminar will be held on Thursday, March 10, at 6:30pm, at the Effingham Event Center. The virtual guest speaker will be Brother Knight Joe Jordan and he will present his webinar entitled "Purpose Driven Retirement Strategies". Joe will show you the keys to a prosperous retirement without losing sight of your faith and values.



## Financial

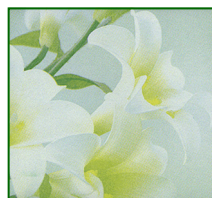
### Our Stewardship of Treasure

Sunday, February 27, 2022

Envelopes:	\$ 15,229.56
Loose Collection:	\$ 814.00
<b>Total:</b>	<b>\$ 16,043.56</b>

*"As each has received a gift, use it to serve one another, as good stewards of God's varied grace."  
(1Peter 4:10)*

**Thank you for sharing your "Treasure"  
with Sacred Heart Parish**



In your March envelope packet is an envelope for "Easter Flowers". A special dedication page will be included in the Easter bulletin listing all of the flower memorials.

Join our faith community, and more than 12,000 Catholic communities across the United States in a transformative Lenten journey with



CRS Rice Bowl. Pick up your family's CRS Rice Bowl from the church narthex. During the 40 days of Lent, we will reflect on global hunger and take action to help our sisters and brothers impacted by this injustice. Visit [crsricebowl.org](http://crsricebowl.org) to learn more.



**There is an envelope in your March packet for Catholic Charities to assist them with their mission. Please give generously.**



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# KEMPER

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