

Welcome!



SACRED HEART
Catholic Parish & School



First Sunday in Lent - March 9, 2025

Fr. Michal Rosa, Pastor

405 South Henrietta Street
Effingham, IL 62401

Phone: 217-347-7177

Email church: shchurch@sheff.org

Email school: shschool@sheff.org

During a life emergency,

while offices are closed, please contact
217-703-1042 to reach a priest.

www.sheff.org



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Masses are live streamed on YouTube

Mass Schedule:

Monday-Thursday 8:30am

Saturday Vigil Mass: 4:00pm

Sunday Masses: 8:30 & 10:30am,

La Misa en Español 5:00pm

Reconciliation:

30 minutes before weekday Masses

Saturday: 3:00pm-3:45pm

Liturgy of the Hours:

7:45am Sunday-Friday

Chaplet of Divine Mercy:

3:15pm Monday-Friday

3:00pm Saturday

Healing Rosary:

Mondays at 9:00am

Eucharistic Adoration:

Monthly on First Monday

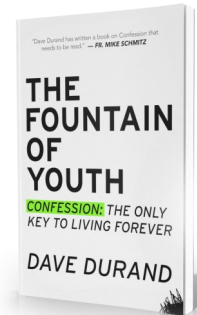
9:00am-8:00pm

Reconciliation 7:00-8:00pm

In this Sunday's Gospel from the book of Luke, we hear about Jesus being tempted by the devil. The devil feverishly worked to cause Jesus to make a misstep, but Jesus remained steady in obedience with God, his father.

We too are tempted by the devil on a regular basis. Do we remain steady? Do we resist the evil temptations put on us by the devil? During the Lenten season, be mindful of your steadiness.

Our Gift to You! Our Gift to you this Lenten season is the book "Fountain of Youth, Confession: The Only Key to Living Forever". This book is a refreshing perspective on the sacrament that is most often overlooked (and even avoided). The power of the sacrament of Confession has been known to reduce anxiety, clarify thinking, create energy, and create an eager anticipation of heaven! I hope that you enjoy this book.



Last Monday, I was joined by some of the SHS students to burn palms. In the Catholic tradition, "burning palms" refers to the practice of burning palm branches from Palm Sunday to create ashes to be used on Ash Wednesday. These ashes symbolize repentance and are a reminder of our mortality. As people would once welcome Jesus triumphantly into Jerusalem with palm branches, but then later betrayed him, thus, the ashes represent a moment of reflection on our own shortcomings and the need for renewal during Lent.

Please take time over the next 40 days to deeply pray about your personal shortcomings. What can you do to change over the next 40 days?





During Lent, we have Eucharistic Adoration every Monday from 9:00am-8:00pm. This is a great opportunity for quiet prayer time with our Lord. Reconciliation will be held in church from 7:00-8:00pm.

Our grief support group has changed the dates/times of their meetings. Beginning on Friday, March 14, they will meet at 9:15am on every other Friday. The group meets in the church basement.



CRS Rice Bowl is the Lenten program of Catholic Relief Services. Lenten alms donated through the CRS Rice Bowls support work in more than 120 countries. The bowls are in the narthex, please take one home and return to the church the week before Easter.



SACRED HEART CHURCH & SCHOOL CALENDAR

✝ Parish Event ☺ School Event

Monday, March 10

- ✝ Eucharistic Adoration 9:00am-8:00pm;
- ✝ Pray the Healing Rosary in the church 9:00am;
- ✝ Reconciliation 7:00-8:00pm;
- ☺ End of 3rd quarter

Tuesday, March 11

- ✝ Study Group in church narthex 9:15am

Wednesday, March 12

- ✝ Parish Choir Practice 5:30pm;
- ✝ PSR at Sacred Heart School 6:30pm

Thursday, March 13

- ☺ Jr High Girls' Prayer Group in church narthex 7:30am;
- ✝ Men's Prayer Group in church narthex 7:00pm

Saturday, March 15

- ✝ Rosary making in the narthex;
- ✝ St. Pat's Bash at the Effingham Event Center 5:00pm

SAVE THE DATE:

- March 21:** Lenten Fish Fry 4:00-7:00pm;
Movie Night "Up" in school gym 7:00pm
- March 23:** Blood Drive in Parish Center
- April 8-10:** Sacred Heart Lenten Retreat
- April 13:** PTA Pig Out Breakfast
- June 21 & 22:** Sacred Heart Picnic

Prayer List: Alice Wines, Tom Palmer, Jim Coffin, Eric Esker, Livia Worley, Lauren Utz, Leonard Kaufmann, Nikki Bishop, Bill Weis, Mary Jane Behrman, Maria Dolores Kingery.

Names will be kept on our prayer list for 1 month and then removed. If you or your loved one would like to remain on the list for another month, simply call the parish office at 217-347-7177 and we will be happy to renew your name. ♥

La Misa en Español— Reminder that our Spanish Mass on Sunday evenings is now at 5:00pm instead of 7:00pm.



The next meeting for the Millions of Monicas is Monday, March 17 at 6:00pm in church. Like St. Monica, this group prays for children to return to the practice of their Catholic faith. ALL mothers are welcome to join this prayer hour.

MASS INTENTIONS

Monday, March 10

8:30am: †Rita Schrader, Nicole Bishop, Deceased Members of the Imburgia & Woodard Families

Tuesday, March 11

8:30am: Deceased members of the Audry Gress Family

Wednesday, March 12

8:30am: †Jim Zumbahlen

Thursday, March 13

8:30am: Living & Deceased Members of the Earl Vonderheide Family

Saturday, March 15

4:00pm: †Dan & †Geraldine Hecht

Sunday, March 16

8:30am: For Our Parishioners
10:30am: †Zita & †Gene Reis
5:00pm: La Misa en Español

GO & Make Disciples

Matthew 28:19

Sacred Heart School is hiring a
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Please submit letter of interest, copy of transcript, & resume to:
Sacred Heart Church, Attn: Fr. Michal Rosa,
405 S. Henrietta St., Effingham, IL 62401
or email: m.rosa@sheff.org

Our Stewardship of Treasure

Sunday, January 26, 2025

Envelopes:	\$ 14,430.60
Loose Collection	\$ 1,008.00
Total:	\$ 15,438.60

*“As each has received a gift, use it to serve one another, as good stewards of God's varied grace.”
(1Peter 4:10)*

**Thank you for sharing your “Treasure”
with Sacred Heart Parish**



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Renew your Sacrament, deepen your communication, strengthen your

relationship, and rekindle your romance by attending a Worldwide Marriage Encounter Experience this year! The follow weekends are available in 2025. Sign-up now as space is limited! For more information, go to wwme.org or call Terry & Eric Engholm at 314-649-7317.

4/4/2025—4/6/2025, St. Peter's, MO
6/13/2025—6/15/2025, St. Peter's, MO
8/1/2025—8/3/2025, Cape Girardeau, MO



THANK YOU to everyone who serves in a Mass Ministry. We appreciate you and your service to Sacred Heart!

The Teutopolis Knights of Columbus will be hosting a weekly Fish Fry every Friday during Lent from 5:00pm to 7:30pm.



GIVE BLOOD

To schedule an appt, scan QR code, or call ImpactLife at 800.747.5401

Sacred Heart Church
Sunday, March 23 9:00 AM - 1:00 PM
Parish Center 405 S. Henrietta

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