

STEWARDSHIP DIRECTORY

Stewardship is the grateful response of a Disciple of Christ who recognizes and receives God's gifts and then shares those gifts in love of God and neighbor.



*Your gifts of time and talent are needed at Sacred Heart Parish.
This is a guide to the ministries available at the Church and School,
as well as in our Catholic community.*



*Sacred Heart Church is located at 405 S. Henrietta Street in Effingham, IL.
Phone 217.347.7177 or visit us online at sheff.org for more information.*

GOD IS CALLING US!

We are called to be ambassadors for Christ. As God's stewards, we must manage the resources, abilities, and opportunities that He has entrusted to our care. Stewardship is a way of life; it's an opportunity to deepen our personal relationship with Christ, and to give of our time, talent, and treasure to honor Him. By supporting Sacred Heart Parish, and engaging ourselves in the ministry of our Catholic Faith, we give thanks to God for all He has given to us.

Sacred Heart Parish has many opportunities for us to utilize our God-given gifts and skills. Thank you for prayerfully considering your involvement in the ministries listed herein. Thank you for answering His call to serve!



VOLUNTEER GUIDELINES

Out of concern for the safety and well-being of all of God's children (young and old), Sacred Heart Parish follows the diocesan policy for volunteers (age 18+), which requires anyone participating in a ministry to:

- ▶ Attend a one-time "Protecting God's Children" workshop to learn how to prevent, recognize, identify, respond to, and report child abuse.
- ▶ Complete an initial criminal history background check and then complete a recertification / authorization document every five years thereafter.

What does it mean to be led by the Spirit? How is the Holy Spirit leading us today? Are we ready to follow the Spirit? Do we love and trust His guidance to be our only security?

These are questions which call us to know and understand the past, to act responsibly in the present, and to dream and hope for the future. We must open our hearts to experience conflict, to take risks, and to trust.

Heavenly Father, Please open our hearts to the call of the Holy Spirit. Question us, challenge us, and move us to become the disciples you have asked us to be. Amen.

Stewardship begins with prayer! Stewardship is not about us — it's about God. As you serve Christ by serving in a ministry at Sacred Heart Parish, please prayerfully consider the following:

- ▶ Attend Mass every Sunday and on Holy Days.
- ▶ Attend at least one weekday Mass.
- ▶ Spend 15 minutes in personal prayer each day.
- ▶ Pray together with loved ones.
- ▶ Read the Bible.
- ▶ Pray the Rosary often.
- ▶ Celebrate the Sacrament of Reconciliation.
- ▶ Schedule time for a retreat.

LITURGICAL MINISTRIES

Sacristans

Sacristans arrive 45 minutes prior to Mass to unlock doors and prepare the credence table, wine, hosts, books, etc. The sacristan works closely with the priest to ensure that the Mass is smoothly celebrated, and that all other ministry roles are filled. Following the Liturgy, the Sacristan cleans the Sacred Vessels and secures the church.

*Time Required: 2.5 hours per Mass;
1-hour annual training.*

Greeters

Individuals possessing a loving heart and a welcoming spirit are invited to serve in the role of Greeter to those who enter our church. Greeters offer a friendly, welcoming presence and answer any questions (or redirect inquiries to the appropriate person) one might have about the liturgy or the parish. Individuals age 15+ are encouraged to participate.

Time Required: 1.5 hours per Mass.

Ushers

Individuals help to create a safe, welcoming, and prayerful atmosphere. They assist parishioners and guests with seating, collect the offertory, and provide any help that might be needed during the Liturgy. Ushers ensure parish bulletin supply is adequate, and straighten up pews and missalettes after the Liturgy.

*Time Required: 1.5 hours per Mass;
1-hour annual training.*

Servers

Students who are open to sharing their time and faith in service at the Altar for Mass and other liturgical celebrations are encouraged to become servers. This is a great way to serve God in a special setting. Many servers are needed to participate at each liturgy and as needed at weddings, funerals, and special celebrations. Students in 4th grade-high school age must complete a training session before assisting the priest in procession, prayer, blessings, and Altar preparation.

*Time Required: 1.5 hours per Mass;
30-minute monthly meeting.*

Lectors

Lectors proclaim the Scripture readings, bringing to life the words of the evangelists. Three lectors can participate at each liturgy (first reading, second reading and intercessions). A training session will prepare you for this rewarding ministry. Lectors are those who are age 15+ and have received the Sacrament of Confirmation.

*Time Required: 1.5 hours per Mass;
1-hour annual training.*

Gift Bearers

Gift Bearers accept the honor of carrying the wine, hosts, and gifts to the priest for consecration at Mass. Individuals or families with a willingness to reverently serve are invited to participate as Gift Bearers.

Time Required: 1.5 hours per Mass.

Extraordinary Ministers of Holy Communion

Extraordinary Ministers of Holy Communion (EMHC) assist the priest and/or deacon who serves as the ordinary ministers of this sacrament during Holy Communion. An EMHC administers the Body and Blood of our Lord Jesus Christ, during the Liturgy or while visiting the sick, elderly, or homebound. Training sessions are provided. Members of the Parish who have completed the sacraments of Baptism, Confirmation, and Eucharist, and are a minimum of 16 years of age, can request to become an EMHC.

*Time Required: 1.5 hours per Mass;
1-hour annual training.*

Funeral Servers

Funeral Servers assist at funeral Masses as a service to grieving families. A few hours are required on funeral morning to help with Mass and possibly travel to the cemetery for the committal service. Retired parishioners or those with a flexible schedule are encouraged to volunteer for this ministry.

Time Required: 2 hours as needed.

Ministers of Hospitality

Ministers of Hospitality take responsibility for planning and hosting social events which promotes fellowship — keeping the body of Christ strong. Social events may take place at the conclusion of Mass, on the weekends, and at other times throughout the year.

Time Required: 1-3 hours monthly.

Nursing Home Sacristans

Individuals assist with nursing home Masses and are capable of transporting items to/from the nursing home to set up prior to the arrival of the priest.

Time Required: 1.5 hours per month.

Children's Sunday School Volunteers

Volunteers in this ministry use age appropriate readings and activities to teach children (ages 3-5) about Jesus. Sunday School takes place Sept.-May during the 10:30am Mass, and a leader and an assistant is needed each week.

Time Required: 2 hours per week.

Collection Counters

Collection Counters maintain the integrity of accounting for the gifts of treasure offered at each Mass. Teams are scheduled on a rotation and count on Monday mornings each week.

Time Required: 2-4 hours monthly.

Altar Linens Ministers

Individuals ensure all linens used during Masses are properly cleaned and returned for the following week's Masses. Linens include altar cloths, corporals, finger towels, purificators, and vestments. May involve training on guidelines for cleaning and/or delivering and picking up linens at local dry cleaner.

Time Required: 2-3 hours per week.

Audio Visual Ministers

Individuals operate computer presentations, audio screens, and projectors before, during, or after Masses as we use technology to more dynamically present the teachings of Jesus Christ. Additionally, those with creative skills in developing presentations are encouraged to volunteer for this rewarding ministry. Equipment training will be provided.

Time Required: 1.5 hours per Mass.

Candle Ministers

Individuals ensure the availability of the votive candles located by the shrines, and change the Sanctuary Lamp weekly.

Time Required: 1 hour per week.



MUSIC MINISTRIES

Cantors

The Cantor is a music minister who leads the congregation in its worship through music. Cantors may either lead the congregation by themselves or sing in small groups. They proclaim the Responsorial Psalm during Liturgy of the Word at the weekend Masses and special liturgies. Song selection is made, and music binders are prepared in advance. Cantors of any age may be asked to minister at any weekend Masses and Holy Days.

Time Required: 1-2 Masses per month; 1.75 hours per Mass. Additional preparation time may be needed.

Family Singers

The Family Singers are a group of children and family members who like to sing together. Each child or group of children is accompanied by an adult who is responsible for reviewing and preparing the music with them. The music is drawn from the common repertoire of the parish. This group sings on the first Sunday of the month at the 8:30am Mass, with rehearsal taking place immediately before that Mass.

Time Required: 1.5 hours per Mass.

Instrumentalists

Instrumentalists enhance the worship music, and could include acoustic, electric or bass guitar, violin, cello, flute, or trumpet.

Time Required: 1.5 hours at Mass, plus warm-up time. Additional preparation time may be needed.

Never be lacking in zeal, but keep your spiritual fervor, serving the Lord.

Romans 12:11

Parish Choir

The Parish Choir accompanies the congregations once per month during the liturgies of September-early June. In addition, the Parish Choir typically sings for the Christmas Eve and Holy Week Masses. Aside from the regularly planned songs and responses, this choir presents a wide range of musical repertoire of varying styles and difficulty. Rehearsals for the Choir take place in the church on Wednesday nights at 6:00pm. Membership is open to all adults and high school teens who feel the call to serve God and this faith community through sung praise and prayer.

Time Required: 1.0 hours weekly for rehearsal and 1.5 hours each Mass.

Men's Choir

The Men's Choir is open to all men of the parish. They lead the congregation in song once per month, typically at the 4:00pm Mass. Men of college age and above are welcome to join. Practice time is usually Wednesday night at 5:15pm, prior to the weekend for which they'll be singing.

Time Required: 1.75 hours per Mass and one rehearsal per month.



Pianists/Organists

The Pianists/Organists accompany the cantors, ensembles, and choirs for any of the weekend Masses, Holy Days, or special liturgies. Pianists/Organists should understand the flow of the Liturgy and be confident playing before a large congregation.

Time Required: 1 hour monthly to 1.5 hours weekly, based on cantor, ensemble, or choir accompaniment and 1.5 hours each Mass plus warm-up time. Additional preparation time may be needed.

Resurrection Choir

The Resurrection Choir is made up of adults who are retired and/or have flexible schedules so as to share their voices during funeral Masses. In addition, the Resurrection Choir leads the congregation in musical prayer at the Good Friday service. Rehearsals take place the first Tuesday of the month, at 8:30am in the church.

Time Required: 1.5 hours per Mass and 1 hour per month rehearsal.

Music Librarians

Individuals maintain the library of music available for Sacred Heart Parish cantors, choirs, and ensemble members. Weekly responsibilities include filing music and preparing binders for the upcoming weekend music needs. No background in music is necessary.

Time Required: 2 hours per week.

PARISH SERVICES

Art & Environment Committee

This group consists of parishioners who share their time and creativity by decorating our church and grounds to reflect the seasonal celebrations and special liturgies throughout the year. Additional help is necessary during Advent/Christmas & Lent/ Easter.

Time Required: 8-12 hours annually.

Bible Study Leaders

Individuals are needed to help develop and lead a weekly or monthly Bible Study for adults in Sacred Heart Parish. Individuals should possess great interest in the Bible and have the ability to lead and inspire others in discussion.

Time Required: 2 hours per week/month.

Building & Grounds Committee

This group consists of parishioners who have technical/trade knowledge and experience. They assist the pastor and parish staff in planning for and overseeing the maintenance and/or new construction of campus buildings and grounds. In doing so, the Building & Grounds Committee help to ensure that our facility needs are met for both the church and school.

Time Required: 1-2 hours per quarter, or as needed.

Finance Council

The Finance Council consists of parishioners who have a strong understanding of finance or business, and are able to assist the pastor and parish staff with managing parish finances and property. Finance Council members review/approve quarterly and end-of-year financial statements to ensure that Sacred Heart Parish is financially sound and all finances remain transparent.

Time Required: 2 hours quarterly, and as needed.

Landscaping Committee

The Landscaping Committee consists of parishioners who have the ability and interest in keeping the parish grounds looking nice. Tasks include, but are not limited to: planting, watering, weeding, mulching, etc. Work is concentrated during the months of May -October.

Time Required: Average of 1 hour per week during concentrated times.

Lawn Mowing

Individuals are needed to assist with mowing the church and school lawns. The parish supplies the mower and gas.

Time Required: 2-4 hours each mowing session.

Liturgy Committee

The Liturgy Committee serves as an advisory body to the pastor and parish staff to set goals and policies for the liturgical life of the parish while implementing the directives from the universal and diocesan Church. Members of the committee help to motivate the parish to fully participate in the Mass, provide leadership in the development of competent liturgical ministers, and oversee the progress of the sacramental and devotional life of the parish. The Liturgy Committee routinely assesses the needs of the parish, evaluates the liturgical celebrations, and provides recommendations for the ongoing liturgical formation of the parish.

Time Required: 1.5 hours per month plus additional projects as required.

Ministry of Photography

Individuals are needed to help document parish activities. Anyone who has a camera or suitable smart phone and a desire to attend parish events would be able to assist with this ministry.

Time Required: 1-2 hours monthly, depending on event.

Ministry of Transportation

Individuals are needed to provide transportation to/from weekend Masses for anyone who is unable to drive.

Time Required: As needed, typically 1.5 hours per Mass.

Outreach/Hospitality Committee

Members of our Outreach/Hospitality Committee help to provide a sense of family, friendship, and community to Sacred Heart parishioners and visitors. The committee is encouraged to reach out to new parishioners and share opportunities for involvement as well as to host social events which promote fellowship and celebrate the parish family.

Time Required: 1-2 hours per month or as needed.



Parish Office Volunteers

Volunteers are periodically needed in the parish office to perform a variety of tasks, including clerical work, preparing mailings, stuffing bulletins, data entry, and various other office projects. Knowledge of computers and Microsoft Office products is helpful but not necessary.

Time Required: 1-2 hours weekly.

**For even the Son of Man did not come
to be served, but to serve, and to give
His life as a ransom for many.**

Mark 10:45

Parish Council

The Parish Council is an advisory body to the pastor and parish staff with regards to recognizing and addressing the pastoral needs of the parish. Members of the Parish Council make recommendations concerning pastoral planning, programs, and services for the parish, as well as assist with the implementation of such activities. Parish Council members should be active in the church and/or school and available to meet monthly (September - May). The Council is comprised of 10-12 members, each with terms of service up to five years.

Time Required: 2-3 hours monthly.

Mentors/Resource Volunteers

Individuals with all types of skills — professional, family, and vocational — are invited to share their knowledge and/or resources by becoming a Mentor Resource for the parish. Such skill sets could include carpentry, plumbing, electrical, painting, nutrition, child care, etc. As a resource, you may be called upon to provide advice or answer questions that the pastor or a parishioner may have.

Time Required: Variable hours as needed.

Prayer Group Leaders

Individuals are needed to develop a Prayer Group to respond to the hopes and concerns of people in our parish community. Prayer Leaders should have an active and growing prayer life, and have a desire to teach and encourage others to pray.

Time Required: 2 hours per week.

Stewardship Coordinators

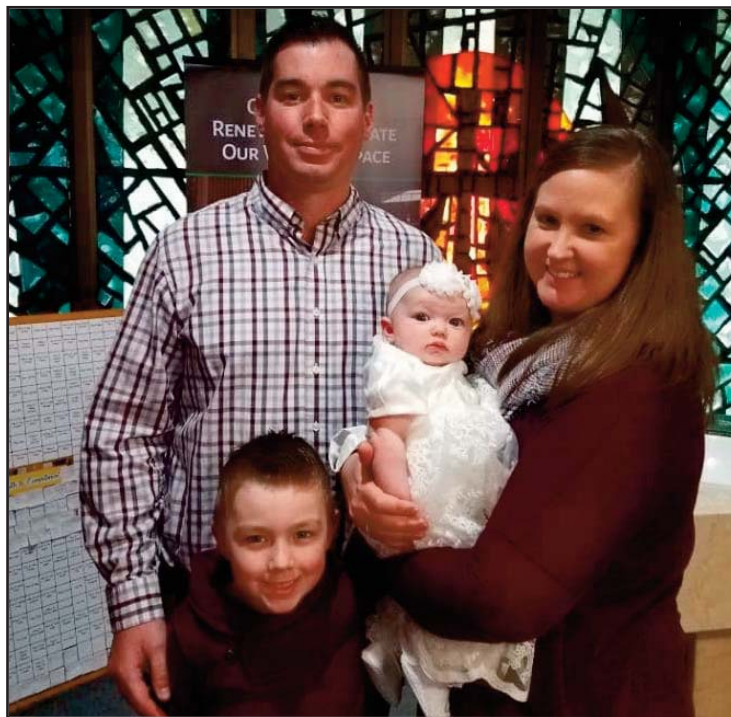
Individuals will oversee administration of the parish stewardship commitment process, including data entry as well as communicating and coordinating volunteers.

Time Required: 3 hours per week.

Winter Weather Volunteers

Volunteers are needed to give of their time and talent during inclement weather, helping to spread salt, clear sidewalks and parking lots, etc.

Time Required: Variable hours as needed.



FAITH FORMATION SERVICES

Baptism Class Facilitators

Volunteers are needed to facilitate and/or assist with parish baptism classes. Individuals should enjoy working with families to begin the sacramental journey with their child(ren), as well as be active in the parish and lead by example of faith. The baptism class is required before or after the birth of the child, but prior to the Baptism. Classes are held four to six times per year.

Time Required: 2 hours each class.

Marriage Prep Mentors

Married couples from the parish are needed to guide engaged couples through their marriage preparation while sharing the joys and challenges of marriage. This ministry can include reviewing the results of the couple's FOCUS tests. Mentoring couples not only help the engaged couple on a blessed path to the Sacrament of Matrimony, but also enrich their own marriage while deepening their faith.

Time Required: 4-6 hours per engaged couple.

But as for you, be strong and do not give up, for your work will be rewarded.

2 Chronicles 15:7

Parish School Religion Administrative Assistant

Individuals in this ministry help to prepare materials prior to Parish School Religion classes as well as perform any administrative duties necessary for the facilitation of PSR class.

Time Required: 2 hours weekly when in session.

Parish School Religion Instructors

Volunteer teachers and assistants are needed annually to instruct the Parish School Religion classes. Through formal education and by their example, these catechists aid parents in bringing children into a fuller understanding of the Catholic faith.

Time Required: 1 hour weekly plus preparation time when in session.



Protecting God's Children Facilitators

Facilitators for the Protecting God's Children (PGC) workshop are needed 1-2 times per year to instruct future volunteers from our parish and the deanery. All individuals working for and volunteering at the church or school (including church ministries) must complete this one-time PGC course. If you are interested in becoming a facilitator for this course, please contact the parish office. A one-time training will be provided.

Time Required: 3-6 hours yearly, plus training time.

Rite of Christian Initiation of Adults (RCIA) Team Member

Volunteer team members join the pastors and/or deacon to assist in the candidate preparation process, serve as sponsors, share in faith, provide snacks, etc. during the nine-month RCIA process. Through study and prayer, team members assist candidates and catechumens with Baptism or

Profession of Faith, Confirmation, and First Eucharist (usually occurring at the Easter Vigil). RCIA classes are open to all parishioners for the opportunity to renew and deepen their understanding of the teaching and traditions of the Catholic Church while supporting RCIA candidates.

Time Required: 1.5 hours weekly from September through May.

Wedding Coordinators

Individuals are needed to work through wedding logistics at the church, including attending the rehearsal, helping with set up, and welcoming the wedding party. This ministry is suited for those who are organized and have the ability to work calmly with families to ensure the focus of the day remains on the Sacrament of Matrimony.

Time Required: 3-4 hours per wedding.

Vacation Bible School (VBS) Coordinators

Vacation Bible School Coordinators oversee the three-day religious education program and ensure that all aspects of the event are planned and implemented. VBS is geared towards elementary school-aged children, and is offered during the summer. The program uses scripture, music, arts and crafts, skits, and more to teach children about Jesus.

Time Required: 40 hours annually.

Vacation Bible School Volunteers

Volunteers are needed to help implement VBS classes over a three-day period, including teaching, leading arts, crafts, and music, serving snacks, etc.

Time Required: 6-20 hours annually.

Youth Ministry Team

Individuals interested in developing and coordinating a weekly program (or serving as an adult member of the ministry team) are needed. Sacred Heart would like to offer an opportunity for youth in grades 9-12 to further their religious education and service to others.

Time Required: 2 hours weekly, plus development of program.

Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms.

1 Peter 4:10

CHURCH OUTREACH

Council of Catholic Women (CCW)

Affiliated with the National Council of Catholic Women, the Sacred Heart CCW organization is involved in many aspects of parish life. Sacred Heart CCW provides the financial support for church expenses as needed. The ladies also provide desserts and offer kitchen assistance for parish funeral dinners. CCW raises funds through annual dues, rummage sales, fish fry, etc. The group meets monthly (September-May) for fun and fellowship, and is dedicated to spirituality, leadership, and service. Volunteers are needed to serve in officer roles and to chair various programs. All women of the parish are encouraged to participate in monthly meetings.

*Time Required: Officer Roles - 1.5 hours monthly;
Program Chair - 2-3 hours annually.*

Hispanic Outreach Committee

Individuals who understand and speak Spanish are needed to assist in integrating our Hispanic population into the parish community as a whole.

Time Required: 1 hour monthly.

Ministers of the Sick

Dedicated and caring individuals are needed to visit and share their faith and the Eucharist with parishioners who are homebound, in nursing homes, long-term care facilities, or in the hospital.

Time Required: As needed, typically less than 1 hour weekly.

Rosary Leaders

Individuals in this ministry lead the Rosary when requested for funeral visitations as well as in the month of October before Masses.

Time Required: 1 hour as needed.

Young Hearts Potluck

Designed for retired parishioners and/or those with a flexible schedule, the Young Hearts Potluck luncheon is held monthly in the Parish Center. Individuals are needed to help coordinate the lunch, with attendees bringing a dish to share.

Time Required: 2 hours monthly.



FUNDRAISING & FELLOWSHIP

Parish Picnic Co-Chairpersons

Sacred Heart Parish Picnic Chairs work together for approximately 3-5 months, and share in the planning and implementing of our largest annual fundraiser. Picnic chairpersons guide the individual stand chairs through the process and assist with set up and tear down of stands as well as assist throughout picnic weekend, which is held the fourth weekend of June.

Time Required: 2-3 hours monthly from February-June and during picnic weekend.

Parish Picnic Stand Chairman

With regards to the picnic (as mentioned above), the Stand Chairs are responsible for organizing the operations of their respective stand. Tasks include helping to set up and tear down stands, ensuring all supplies are available (i.e. food, prizes, etc.), and scheduling volunteers. Stand chairs work closely with picnic chairs to complete prep work prior to picnic weekend. Some stands are chaired by an individual/couple, while larger stands have co-chairs. With 30+ stands at the picnic, many volunteers are needed for this ministry.

Time Required: 1-2 hours monthly from February to June and during picnic weekend.

Parish Picnic Volunteer

Hundreds of volunteers are required to ensure a successful picnic, and there are a variety of options to suit all abilities: set up/tear down, work at a stand, sell raffle tickets, serve at the dinner or food and beverage stands, assist with flea market, and many more. Individuals high school age+ are encouraged to volunteer, and many families often work a shift together!

Time Required: 1-4 hours during picnic weekend.

SCRIP Coordinator/Sales

Individuals are needed to coordinate the SCRIP fundraising program (ordering cards, managing inventory, and working with local retailers and restaurants) and SCRIP salespersons are needed to sell cards at the Church office and/or after Masses the first and third weekend of the month.

Time Required: Coordinator - 1-2 hours each week; Salesperson - 15 minutes-4 hours.

Booster Club

The Booster Club is comprised of SHS parents and other volunteers who are dedicated to maintaining a vital sports program, including Scholar Bowl and Band. The Booster Club provides funding for team uniforms, coaching salaries, referees/umpires, equipment, gym maintenance, etc. Funds are raised through the admission and concessions at home games, merchandise sales, and other events such as the annual Race to the Cross.

Time Required: 1 hour monthly (September-May) and at fundraising events.



Parent Teacher Association

The Sacred Heart School Parent Teacher Association (PTA) hosts annual social events to foster relationships among our school families and staff, as well as hold fundraisers which help to support the school financially. From their soup supper and breakfast to the Quarter Auction and more, the PTA pays for a variety of items, including the SHS art program, the AR and Teacherease software, Catholic Schools Week activities, Christmas gifts for students, school assemblies, kitchen upkeep, and more!

Time Required: 1 hour monthly (September-May) and at fundraising events.

School Board

The Sacred Heart School Board serves as an advisory board to the pastor and school administrators. They help guide decisions regarding long range planning, handbooks, enrollment, marketing, and more.

Time Required: 1.5 hours monthly (September-May).

Additional School Volunteers

Volunteers are always needed at school and include: library helpers, lunch room & playground monitors, and more.

Time Required: Varies by activity.

ADDITIONAL OPPORTUNITIES FOR SERVICE & ENRICHMENT

Catholic Charities

Catholic Charities extends the healing and empowering presence of Jesus to all people, regardless of religious affiliation. As Christians, our call is to serve all those in need, and Catholic Charities has opportunities to serve Christ by serving others.

Numerous volunteer positions are available.

Effingham Catholic Charities, 217.857.1458.

Knights of Columbus

The Knights of Columbus is an international Catholic men's fraternal organization open to men 18+ years of age. The Knights are dedicated to Christian leadership, fraternity, and charity. Knights volunteer through a variety of programs, support area Catholic churches and schools, provide support for vocations, and offer scholarship opportunities, among other ministries. *Effingham Knights of Columbus, Council #665, phone 217.342.6565.*



Effingham Area Pro-Life Group

This ministry is dedicated to raising the consciousness of our parish and community on the importance of maintaining the right to life of every individual from conception to natural death. Join in prayer and action as we live our Catholic faith in selfless service. Seasonal events for the group include Masses, meetings, Life Chain, 40-Day prayer campaign, and much more.

Time Required: 2-4 hours for an event.



Mission Team Member

Mission trips usually occur every other year, and involve parishioners and community members who have a genuine interest in outreach, are open to new views and different people, and who have the ability to work with volunteers of various skill levels. Team members utilize their time and talent to show compassion and respond to the needs of the people. Regardless of your qualifications, if you have a desire to help, please contact the parish for future opportunities.

Time Required: Variable.



Young Adults

Individuals 21-38 years of age who want to learn more about their faith in a modern atmosphere are invited to join this group. The group takes part in volunteer opportunities, offers faith discussions, and gives young people the opportunity for fellowship. Young Adults meet on the first Thursday of every month at various locations.

Time Required: 2 hours monthly.

DeColores

DeColores is a laity-led Christian ministry with a mission to renew the faith of Christians and to encourage and equip them to serve Jesus Christ more effectively at home, at their church, and in their world. DeColores offers four spiritual retreat weekends each year (two in the spring and two in the fall). The retreat activities are designed to reinforce individual commitment to Christ through piety, study, and action. Parishioners are invited to join DeColores weekend and spend time with fellow Christians.

Time Required: 1 weekend per year.



Whoever serves me must follow me; and where I am, my servant also will be. My Father will honor the one who serves me.

John 12:26

THE SEVEN SACRAMENTS OF THE CATHOLIC CHURCH

The liturgical life of the Catholic Church revolves around the Eucharistic sacrifice and the sacraments. There are seven sacraments in the Church, each having its particular requirement. Please contact the Sacred Heart Church office for additional information and to schedule an appointment with the parish priest.

Baptism

Baptism is a sacrament of initiation, cleansing, strengthening, and welcoming into the community of Christian believers. Baptisms are celebrated after the weekend Masses at Sacred Heart Church. Non-parish members requesting a baptism require a letter of permission from their home parish. Parents must attend a baptism class prior to scheduling a baptismal date. A godparent must be an active, practicing Catholic who is at least 16 years of age and has received the Sacrament of Confirmation. Please contact the church office for more information and to register for a baptism class.

Reconciliation

The Sacrament of Reconciliation is one of the most unique and beautiful aspects of Catholicism. Jesus Christ, in His abundant love and mercy, established this Sacrament, so that we as sinners can obtain forgiveness for our sins and reconcile with God and the Church. The sacrament washes us clean, and renews us in Christ. This Sacrament is celebrated on Saturdays from 3:00-3:45pm, 30 minutes prior to each weekday Mass, and by appointment.

Eucharist

The Holy Eucharist is a sacrament and a sacrifice. In the Holy Eucharist, under the appearances of bread and wine, the Lord Jesus Christ is contained, offered, and received. By His Real Presence in the Eucharist, Christ fulfills His promise to be with us always. Students of Sacred Heart School and PSR program receive their First Communion (along with Confirmation) in third grade, after completing the necessary requirements. Those beyond third grade must contact the parish priest about other requirements.

Please join us as we celebrate the Eucharist!

Daily Masses: 7:15am on Monday, Tuesday, Thursday, and Friday. 8:30am on Wednesday.

Weekend Masses: 4:00pm on Saturday; 8:30am, 10:30am, 5:30pm, and 7:00pm (Spanish) on Sunday.



Confirmation

In the Sacrament of Confirmation, the candidate is sealed with the gift of the Holy Spirit. Students of Sacred Heart School and PSR program receive this Sacrament (along with First Communion) in third grade, after completing the necessary requirements. Those to be confirmed will select a sponsor who is an active, practicing Catholic in good standing in his/her home parish (if not a member of Sacred Heart, a letter will be required from his/her priest). Those beyond third grade must contact the parish priest about other requirements.

Marriage

The Sacrament of Marriage is a covenant between the husband and wife and God. The celebration of marriage is also a liturgical act, appropriately held at church within the Eucharistic Liturgy. To be married at Sacred Heart Church, one should be a registered parishioner, or the child of a registered parishioner. Weddings are celebrated on Saturdays at Sacred Heart Church. Please contact the church office at least six months before the wedding date, to make arrangements for the required marriage preparations. If your marriage is not yet recognized within the Catholic Church, please contact the parish priest.

Anointing of the Sick

When the Sacrament of Anointing of the Sick is given, the hoped-for effect is that, if it be God's will, the person be physically healed of illness. But even if there is no physical healing, the primary effect of the Sacrament is a spiritual healing by which the sick person receives the Holy Spirit's gift of peace and courage to deal with the difficulties that accompany serious illness or the frailty of old age. Parishioners who would like to receive this Sacrament should contact the church office.

Holy Orders

Ordination to the priesthood or consecrated life is always a call and a gift from God. For anyone who feels called to serve in the religious life, please contact the parish priest and/or the vocations office at the Springfield Diocese. We urge everyone to pray for vocations within Sacred Heart Parish.